

October 2021

Advanced Application of the Examination, Diagnosis and Treatment of Movement System Impairment Syndromes of the Lumbar Spine and Hip: A Hybrid Course

Participants have two options for attending this course, on-site or virtual. The advanced application course is open only to physical therapists and physicians. In preparation for this course, participants will be required to review prerecorded lectures. Emphasis will be placed on lab sessions to enhance the individual's examination skills, ability to determine a diagnosis, and develop a treatment plan for the lumbar spine and hip. On-site participants will have the opportunity to examine a patient with a faculty member in a semi-private setting as well as in small groups. Virtual participants will listen to live lectures and observe patient examinations occurring in a small group format. After completing this two-day course, each participant will be able to conduct a movement-based examination of the lumbar spine and hip, determine a MSI diagnosis based on the examination results, and apply movement system concepts to prescribe a treatment program.

Recommended Reading:

If registering for the advanced course in October, Faculty recommend attendees review the relevant chapters in the following books:

- *Diagnosis and Treatment of Movement Impairment Syndromes* by Shirley Sahrmann
- *Muscles: Testing and Function, with Posture and Pain* by Florence Peterson Kendall and Elizabeth Kendall McCreary (5th edition)

Registration Fee: On-site: \$450 per person/\$400 for groups of 3 or more from same employer
 Virtual: \$250 per person/\$200 for groups of 3 or more from same employer