**MSI Syndromes of the Shoulder and Cervical spine: Fundamental Concepts and Application – A Hybrid Course**

**Course Agenda**

**Prerecorded Lectures:**

* Introduction to Concepts (SAS)
* Scapular Diagnoses (CAC)
* Humeral Diagnoses (RI)
* Cervical Diagnoses (MKM)
* ? Videos of Tests? (Optional)

**Saturday, February 26, 2022**

9:00 – 9:45 Lec: Introduction to movement system impairment concepts SA

9:45 – 10:30 Lec: Overview and update on scapular and humeral diagnoses RI

10:30 - 10:45 Break

10:45 – 11:30 Lec: Continue - Overview and update on scapular and humeral diagnoses RI

11:30 -12:30 Lab: Demonstration of MSI exam for the shoulder, discuss diagnosis and treatment SAS

12:30 – 1:30 Lunch

1:30 – 2:45 Lab: Virtual: Demonstration of tests in standing and supine Case/SAS

On-site: Demonstration and practice tests in standing and supine

2:45 – 3:00 Break

3:15 – 4:30 Lab: Virtual: Demonstration of tests in prone and quadruped Case/SAS

On-site: Demonstration and practice tests in prone and quadruped

4:30 – 5:30 Lab: Virtual: Demonstration of MSI exam for the shoulder, discuss diagnosis and treatment

On-site: Small group practice of exam of volunteer with a shoulder pain problem

**Sunday, February 27, 2022**

9:00 – 10:00 Lec: Overview and update on cervical diagnoses MKM

10:00-10:30 Lec: Considerations for the thoracic spine TS

10:30 – 10:45 Break

10:45 – 11:45 Lab: Demonstration of exam of cervical spine , discuss diagnosis and treatment SAS/MKM

11:45 – 12:45 Lunch

12:45 – 1:45 Lab:Virtual: Demonstration of tests for cervical spine Case/SAS

On-site: Demonstration and practice tests for cervical spine

1:45 – 2:45 Lec: Treatment ideas for upper quarter: cueing, positioning and movement for

functional activities and exercises.

2:45 – 3:00 Break

3:00 – 4:30 Lab: Virtual: Demonstration of MSI exam of volunteer with an upper quarter pain problem, discuss

diagnosis and treatment

On-site: Small group practice of exam of volunteer with a upper quarter pain problem, discuss

diagnosis and treatment

4:40 – 4:45 Summary comments by Shirley Sahrmann