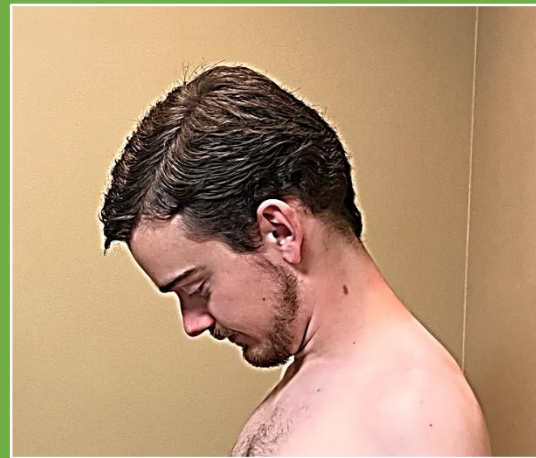
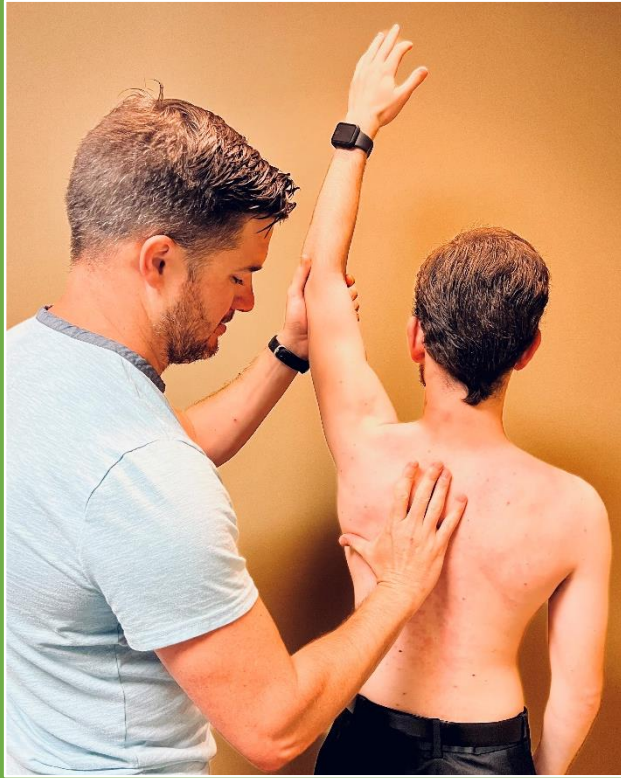


Diagnosis and Treatment of Movement System Impairment Syndromes for the Upper Quarter:

An Introductory Course Focused on Scapular and Cervical Regions



This course will provide a review of the key concepts and principles of the movement system impairment (MSI) theory and its relationship to musculoskeletal pain syndromes. The course is designed to improve the clinician's skills in the performance of the examination procedures for the upper quarter and the recognition of signs and symptoms of selected syndromes of the shoulder and cervical spine. The course will guide the participant to the selection and performance of corrective exercises based on the results of the examination. The course includes both lecture and lab experience.

Location: Freeman Rehabilitation and Sports Center 2206 E. 32nd St Joplin, MO 64804

Presenters: Cheryl Caldwell, PT,DPT and Chris Peterson, PT,DPT,OCS

Cost: \$175

**You can
register using
this QR Code:**



CEU COURSE | November 5-6, 2022

10.75 CEUs

Course Agenda

Saturday – November 5th, 2022

8:00 – 9:30 Principles and Concepts of the Movement System Impairment Theory applied to the Upper Quarter (Review of Key Concepts)

9:30 – 9:45 Break

9:45 – 11:00 Demo of UQ Exam

11:00 – 12:00 Start Lecture: Movement System Impairment Syndromes of the Scapula

12:00 – 1:00 Lunch

1:00 – 2:00 Continue Lecture: Movement System Impairment Syndromes of the Scapula

2:00 – 2:15 Break

2:15 – 3:15 Demo and practice of alignment & standing tests (practice in groups of 3)

3:15 – 4:30 Demo and practice of supine, prone, sitting, quadruped, and standing tests (practice in groups of 3)

Sunday (half day) – November 6th, 2022

8:00 – 9:45 Lecture: Key Concepts of Anatomy and Kinesiology of the Cervical spine and Movement System Impairment Syndromes of the Cervical

9:45 – 10:00 Break

10:00 – 10:30 Demonstration and practice of selected tests for the cervical region (groups of 3)

10:30 – 12:00 Lab: participants work in small groups to perform a full upper quarter MSI exam, develop a diagnosis and intervention plan for a patient with a cervical or shoulder problem.

** *Time frames are approximate and may vary from those listed.*