

Curriculum Vitae
Kristopher Gordon PT, DPT, OCS
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Contact Information

4240 Duncan Ave.
St. Louis, MO 63110
Office: 314-286-1940
Email: kristophergordon@wustl.edu

PRESENT POSITION Assistant Professor, Physical Therapy and Orthopaedic Surgery
Washington University School of Medicine, St. Louis, Missouri

EDUCATION:

<u>Degree</u>	<u>Institution</u>	<u>Field</u>	<u>Date</u>
BS	Murray State University Murray, KY	Public Relations	2005
DPT	University of Missouri- Columbia Columbia, MO	Physical Therapy	2014

Academic Positions/Employment

<u>Position</u>	<u>Facility</u>	<u>Date</u>
Physical Therapist	Pro-Rehab/Athletico Chesterfield, MO	5/2014-11/30/2015
Physical Therapist	SSM Rehabilitation Hospital Bridgeton, MO	12/1/2015-6/1/2016
Physical Therapist	SSM Health Physical Therapy Shiloh, IL; Alton, IL	6/1/2016-7/1/2019
Physical Therapist	Washington University in St. Louis St. Louis, MO	7/1/2019- Present

Clinical Title and Responsibilities

Washington University School of Medicine

Program in Physical Therapy

Current Clinical Responsibilities: 2019- Present

- Mentor and educate students regarding the Movement Systems Impairment approach combining biomechanical and kinesiology theory relating to how the body moves and responds to physical stressors.

- Lead Therapist tasked with educating practitioners, students, and patients regarding Thoracic Outlet Syndrome on cause and treatment.
- Guest lecturer regarding use of Instrumental Assisted Soft Tissue Mobilization techniques and how it impacts movement.
- Co-creator for the Overhead Athletes Program/Curriculum designed to return patients to prior level of function after an injury through educating them on their movement faults and how to correct through education and rehabilitation.
- Golf Clinic program creator designed to improve movement quality for golfers in order to be able to play with no pain and drive revenue for WUPT clinics.
- Clinic Instructor for Physical Therapy Students providing education regarding movement deficits, treatment plans, and how to communicate with patients of varying populations.
- Direct patient care with completion of evaluation, examination and treatment regarding wide range of orthopedic conditions.
- Assist in the marketing of programs, creation of new lines of care, and fostering relationships with WU providers and the community in which it serves.

Past Clinical Responsibilities

ProRehab/Athletico 2015-2016

- Performed initial evaluations and established treatment plans spanning a vast array of differing diagnoses and populations including orthopedic, pediatric, and neurological related conditions.
- Educated patient's on their current functional limitations and deficits while facilitating intervention procedures to address their individual needs.
- Changed and inspected surgical dressings post op for physicians.

SSM Health Physical Therapy 2016-2019

- Center Manager serving the Alton SSM Clinic with responsibilities of mentoring/educating new and established physical therapists.
- Perform educational presentations to staff and surrounding community businesses concerning a variety of topics.
- Develop marketing initiatives to expand the overall reach and exposure of SSM Health.
- Serve as a Clinical Instructor to future PT's and PTA's with ability to educate students on health/wellness, exercise science, physical therapy practices, and physiology.
- Perform evaluations and compile treatments for patients suffering from musculoskeletal, neurological, orthopedic, and general medical diagnosis.
- Former Lead Spinal Cord Injury PT at SSM Rehabilitation Hospital.
- Advanced training in vestibular, spinal cord injuries, amputations, and complicated orthopedic conditions.
- Maintain clinical site standards including keeping facility up to TJC accreditation, clinical reviews, and managing employees including PT's, PTA's, and front office staff.

Teaching Titles and Responsibilities

Current and Past Responsibilities- Professional Clinical Doctorate (DPT) Curriculum (WUSM)

Open Lab Facilitator 2023- Present

Clinical Scholar Educator- Ortho/Sports Lens Faculty Lead/Facilitator
Module 7/8 2023-2024

Clinical Scholar Educator- Sports Lens Faculty Lead/Facilitator
Module 7/8 2024- Present

Lab Assistant: M6: Prevention, Diagnosis and Management of Complex Movement- Related Problems
Jan 2023- Present
Faculty Lead for UCL, Thoracic Spine, and Soft Tissue Assessment

Lab Assistant: M5: Prevention, Diagnosis and Management of Movement Related Problems
August 2022-Present
Faculty Lead for Neurodynamic and Lumbar Spine Assessment

Lab Assistant: M4: Movement and Precision Health
Jan 2022- Present

Lab Assistant: Diagnosis and Management of Musculoskeletal Conditions II and III
2020-2021

Medical Licensure and Certification

Missouri State Board of Registration for the Healing Arts 2014-Present
License Number: 2014023754

American Board of Physical Therapy Specialists
Board Certification, Orthopaedics Present

Community Service Contributions

Washington University Program in Physical Therapy
Reviewer: Barton Scholarship 2021- Present

St. Louis Go! Marathon Faculty Organizer 2024- Present

Belleville East Junior Lancers Injury Reduction Program Creator 2025

Professional Societies and Organizations

American Physical Therapy Association
Member 2011- Present

Missouri American Physical Therapy Association
Member 2011- Present

Invited Presentations and Seminars

Missouri Chapter of the American Physical Therapy Association May 2020
The Use of Technology in Physical Therapy

St. Louis Adolescent Female Sports Medicine Initiative November 2022
Treatment of the Female Golfer

St. Louis Adolescent Female Sports Medicine Initiative November 2023
Injury Prevention in the Windmill Pitcher

Physical Therapy Management of the Golfer March 2022
Illinois American Physical Therapy Association- Special Interest Group

Journal Club Presentation- WU Physical Medicine and Rehabilitation October 2022
Examination and Treatment of the Overhead Athlete

Journal Club Presentation- WU Physical Medicine and Rehabilitation April 2023
Treatment and Intervention of the Rotational Athlete

Journal Club Presentation- WU Physical Medicine and Rehabilitation October 2023
Evaluation, Examination, and Treatment of the Racquet Athlete

Formal Lectures

- IASTM vs. ASTYM. 2022 and 2023
Washington University School of Medicine Program in Physical Therapy
- Soft Tissue Mobilization and Sweedish Massage (Module 6) May 2023- Present
Washington University School of Medicine Program in Physical Therapy
- Grand Rounds: Meet the Docs of TOS (Module 7) February 2024- Present
Washington University School of Medicine Program in Physical Therapy
- “Ouch...You Poked Me” The Use of DN in Clinical Practice (Module 7) February 2024
Washington University School of Medicine Program in Physical Therapy
- “I see you...” The Use of Technology In Therapy. (Module 7) February 2024
Washington University School of Medicine Program in Physical Therapy

- BFR, IASTM, ASTYM, MFR/Fascial Manipulation (Module 7) Washington University School of Medicine Program in Physical Therapy March 2024- Present
- Change Management (Module 8) Washington University School of Medicine Program in Physical Therapy March 2024- Present
- “Swing and a Miss” Advanced Evaluation of the Rotational Athlete (Module 8) Washington University School of Medicine Program in Physical Therapy April 2024
- Introduction to Neurodynamics (Module 5) Washington University School of Medicine Program in Physical Therapy August 2024- Present
- Lumbar Spine PPIVM Assessment Washington University School of Medicine Program in Physical Therapy November 2024- Present
- Lumbar Spine PAIVM Assessment Washington University School of Medicine Program in Physical Therapy November 2024- Present
- “Dodge, Duck, Dip, Dive, and Dodge!” Functional Return to Play (Module 7) Washington University School of Medicine Program in Physical Therapy February 2024- Present
- “Well...that popped!” Should we use weighted balls for training? (Module 7) Washington University School of Medicine Program in Physical Therapy March 2025
- How to rehab a post op UCL and design a return to throwing program. (Module 7) Washington University School of Medicine Program in Physical Therapy March 2025
- “Nice Slice!” Evaluation and Treatment for the rotational athlete. (Module 8) Washington University School of Medicine Program in Physical Therapy March 2025
- Introduction to Joint Assessment and Manual Therapy (Module 5) Washington University School of Medicine Program in Physical Therapy August 2025
- GHJ Hypermobility and Labral Tears (Module 5) Washington University School of Medicine Program in Physical Therapy September 2025
- Thoracic Outlet Syndrome (Module 5) Washington University School of Medicine Program in Physical Therapy September 2025
- Acute Injury and Post Op Shoulder Assessment (Module 5) Washington University School of Medicine Program in Physical Therapy September 2025
- Brachial Plexus Lecture I and II (Module 4) January 2026

Program Committees:

Washington University Physical Therapy Admissions Committee Member

August 2023- Present

Clinical Instructor:

- Evan Bay, SPTA- 2018: Southwestern Illinois College
- Josefina Herrera- 2020: Washington University, CE III
- Lucky Yoon, SPT- 2021: Washington University, CE IV
- Daniel Koo, SPT- 2022: Washington University, CE III
- Yi Kang, SPT- 2022: Washington University, CE IV
- Rachel Black- 2023: Washington University, CE I
- Ming Luo- 2023: Washington University, CE III
- Blake Lanter- 2023: Washington University, CE IV
- David Flannery- 2024: Washington University, CE II
- Karina Masoian- 2024: Washington University, CE I
- Yaogeng Tang- 2024: Washington University, CE IV

Continuing Education Workshops:

APTA Academy of Education Faculty Development Workshop

July 2024