

**Curriculum Vitae**  
**Kristopher Gordon PT, DPT, OCS**  
**June 21<sup>st</sup>, 2025**

**Contact Information**

4240 Duncan Ave.  
St. Louis, MO 63110  
Office: 314-286-1940  
Email: [kristophergordon@wustl.edu](mailto:kristophergordon@wustl.edu)

**PRESENT POSITION**

Assistant Professor, Physical Therapy and Orthopaedic Surgery  
Washington University School of Medicine, St. Louis, Missouri

**EDUCATION:**

<u>Degree</u>	<u>Institution</u>	<u>Field</u>	<u>Date</u>
BS	Murray State University Murray, KY	Public Relations	2005
DPT	University of Missouri- Columbia Columbia, MO	Physical Therapy	2014

**Academic Positions/Employment**

<u>Position</u>	<u>Facility</u>	<u>Date</u>
Physical Therapist	<b>Pro-Rehab/Athletico</b> Chesterfield, MO	5/2014-11/30/2015
Physical Therapist	<b>SSM Rehabilitation Hospital</b> Bridgeton, MO	12/1/2015-6/1/2016
Physical Therapist	SSM Health Physical Therapy Shiloh, IL; Alton, IL	6/1/2016-7/1/2019
Physical Therapist	Washington University in St. Louis St. Louis, MO	7/1/2019- Present

**Clinical Title and Responsibilities**

**Washington University School of Medicine**

**Program in Physical Therapy**

**Current Clinical Responsibilities:**

2019- Present

- Mentor and educate students regarding the Movement Systems Impairment approach combining biomechanical and kinesiology theory relating to how the body moves and responds to physical stressors.

- Lead Therapist tasked with educating practitioners, students, and patients regarding Thoracic Outlet Syndrome on cause and treatment.
- Guest lecturer regarding use of Instrumental Assisted Soft Tissue Mobilization techniques and how it impacts movement.
- Co-creator for the Overhead Athletes Program/Curriculum designed to return patients to prior level of function after an injury through educating them on their movement faults and how to correct through education and rehabilitation.
- Golf Clinic program creator designed to improve movement quality for golfers in order to be able to play with no pain and drive revenue for WUPT clinics.
- Clinic Instructor for Physical Therapy Students providing education regarding movement deficits, treatment plans, and how to communicate with patients of varying populations.
- Direct patient care with completion of evaluation, examination and treatment regarding wide range of orthopedic conditions.
- Assist in the marketing of programs, creation of new lines of care, and fostering relationships with WU providers and the community in which it serves.

### **Past Clinical Responsibilities**

#### **ProRehab/Athletico**

2015-2016

- Performed initial evaluations and established treatment plans spanning a vast array of differing diagnoses and populations including orthopedic, pediatric, and neurological related conditions.
- Educated patient's on their current functional limitations and deficits while facilitating intervention procedures to address their individual needs.
- Changed and inspected surgical dressings post op for physicians.

#### **SSM Health Physical Therapy**

2016-2019

- Center Manager serving the Alton SSM Clinic with responsibilities of mentoring/educating new and established physical therapists.
- Perform educational presentations to staff and surrounding community businesses concerning a variety of topics.
- Develop marketing initiatives to expand the overall reach and exposure of SSM Health.
- Serve as a Clinical Instructor to future PT's and PTA's with ability to educate students on health/wellness, exercise science, physical therapy practices, and physiology.
- Perform evaluations and compile treatments for patients suffering from musculoskeletal, neurological, orthopedic, and general medical diagnosis.
- Former Lead Spinal Cord Injury PT at SSM Rehabilitation Hospital.
- Advanced training in vestibular, spinal cord injuries, amputations, and complicated orthopedic conditions.
- Maintain clinical site standards including keeping facility up to TJC accreditation, clinical reviews, and managing employees including PT's, PTA's, and front office staff.

### **Teaching Titles and Responsibilities**

#### **Current and Past Responsibilities- Professional Clinical Doctorate (DPT) Curriculum (WUSM)**

Open Lab Facilitator 2023- Present

Clinical Scholar Educator- Ortho/Sports Lens Faculty Lead/Facilitator  
Module 7/8 2023-2024

Clinical Scholar Educator- Sports Lens Faculty Lead/Facilitator  
Module 7/8 2024- Present

Lab Assistant: M6: Prevention, Diagnosis and Management of Complex Movement- Related Problems  
Jan 2023- Present  
Faculty Lead for UCL, Thoracic Spine, and Soft Tissue Assessment

Lab Assistant: M5: Prevention, Diagnosis and Management of Movement Related Problems  
August 2022-Present  
Faculty Lead for Neurodynamic and Lumbar Spine Assessment

Lab Assistant: M4: Movement and Precision Health  
Jan 2022- Present

Lab Assistant: Diagnosis and Management of Musculoskeletal Conditions II and III  
2020-2021

#### **Medical Licensure and Certification**

Missouri State Board of Registration for the Healing Arts 2014-Present  
License Number: 2014023754

American Board of Physical Therapy Specialists  
Board Certification, Orthopaedics Present

#### **Community Service Contributions**

Washington University Program in Physical Therapy  
Reviewer: Barton Scholarship 2021- Present

St. Louis Go! Marathon Faculty Organizer 2024- Present

Belleville East Junior Lancers Injury Reduction Program Creator 2025

### **Professional Societies and Organizations**

American Physical Therapy Association Member	2011- Present
Missouri American Physical Therapy Association Member	2011- Present

### **Invited Presentations and Seminars**

Missouri Chapter of the American Physical Therapy Association The Use of Technology in Physical Therapy	May 2020
St. Louis Adolescent Female Sports Medicine Initiative Treatment of the Female Golfer	November 2022
St. Louis Adolescent Female Sports Medicine Initiative Injury Prevention in the Windmill Pitcher	November 2023
Physical Therapy Management of the Golfer Illinois American Physical Therapy Association- Special Interest Group	March 2022
Journal Club Presentation- WU Physical Medicine and Rehabilitation Examination and Treatment of the Overhead Athlete	October 2022
Journal Club Presentation- WU Physical Medicine and Rehabilitation Treatment and Intervention of the Rotational Athlete	April 2023
Journal Club Presentation- WU Physical Medicine and Rehabilitation Evaluation, Examination, and Treatment of the Racquet Athlete	October 2023

### **Formal Lectures**

- |   |                        |
|---|------------------------|
| • IASTM vs. ASTYM.<br>Washington University School of Medicine Program in Physical Therapy  | 2022 and 2023          |
| • Soft Tissue Mobilization and Sweedish Massage (Module 6)<br>Washington University School of Medicine Program in Physical Therapy            | May 2023- Present      |
| • Grand Rounds: Meet the Docs of TOS (Module 7)<br>Washington University School of Medicine Program in Physical Therapy                       | February 2024- Present |
| • "Ouch...You Poked Me" The Use of DN in Clinical Practice (Module 7)<br>Washington University School of Medicine Program in Physical Therapy | February 2024          |
| • "I see you..." The Use of Technology In Therapy. (Module 7)<br>Washington University School of Medicine Program in Physical Therapy         | February 2024          |

- BFR, IASTM, ASTYM, MFR/Fascial Manipulation (Module 7) March 2024- Present  
Washington University School of Medicine Program in Physical Therapy
- Change Management (Module 8) March 2024- Present  
Washington University School of Medicine Program in Physical Therapy
- “Swing and a Miss” Advanced Evaluation of the Rotational Athlete (Module 8) April 2024  
Washington University School of Medicine Program in Physical Therapy
- Introduction to Neurodynamics (Module 5) August 2024- Present  
Washington University School of Medicine Program in Physical Therapy
- Lumbar Spine PPIVM Assessment November 2024- Present  
Washington University School of Medicine Program in Physical Therapy
- Lumbar Spine PAIVM Assessment November 2024- Present  
Washington University School of Medicine Program in Physical Therapy
- “Dodge, Duck, Dip, Dive, and Dodge!” Functional Return to Play (Module 7) February 2024- Present  
Washington University School of Medicine Program in Physical Therapy
- “Well...that popped!” Should we use weighted balls for training? (Module 7) March 2025  
Washington University School of Medicine Program in Physical Therapy
- How to rehab a post op UCL and design a return to throwing program. (Module 7) March 2025  
Washington University School of Medicine Program in Physical Therapy
- “Nice Slice!” Evaluation and Treatment for the rotational athlete. (Module 8) March 2025  
Washington University School of Medicine Program in Physical Therapy
- Introduction to Joint Assessment and Manual Therapy (Module 5) August 2025  
Washington University School of Medicine Program in Physical Therapy
- GHJ Hypermobility and Labral Tears (Module 5) September 2025  
Washington University School of Medicine Program in Physical Therapy
- Thoracic Outlet Syndrome (Module 5) September 2025  
Washington University School of Medicine Program in Physical Therapy
- Acute Injury and Post Op Shoulder Assessment (Module 5) September 2025  
Washington University School of Medicine Program in Physical Therapy
- Brachial Plexus Lecture I and II (Module 4) January 2026

**Program Committees:**

Washington University Physical Therapy Admissions Committee Member

August 2023- Present

**Clinical Instructor:**

- Evan Bay, SPTA- 2018: Southwestern Illinois College
- Josefina Herrera- 2020: Washington University, CE III
- Lucky Yoon, SPT- 2021: Washington University, CE IV
- Daniel Koo, SPT- 2022: Washington University, CE III
- Yi Kang, SPT- 2022: Washington University, CE IV
- Rachel Black- 2023: Washington University, CE I
- Ming Luo- 2023: Washington University, CE III
- Blake Lanter- 2023: Washington University, CE IV
- David Flannery- 2024: Washington University, CE II
- Karina Masoian- 2024: Washington University, CE I
- Yaogeng Tang- 2024: Washington University, CE IV

**Continuing Education Workshops:**

APTA Academy of Education Faculty Development Workshop

July 2024