

**JILL K JOHNSON, PT, DPT**  
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**Contact Information:**

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**PRESENT POSITION:**

2022 – present      Assistant Professor of Physical Therapy and Orthopaedic Surgery,  
Washington University School of Medicine

**EDUCATION:**

1998      Bachelor of Science in Exercise Science, Emphasis: Cardiac  
Rehabilitation, Winona State University, Winona, MN

2006      Doctorate of Physical Therapy, Washington University in St. Louis School  
of Medicine, Saint Louis, MO

**ACADEMIC HISTORY:**

2007 - 2021      Laboratory Instructor and Lecturer  
WashU Program in Physical Therapy  
Saint Louis, MO

2010 - 2020      Laboratory Instructor  
Saint Louis University Program in Physical Therapy  
Saint Louis, MO

**CLINIC TITLES AND RESPONSIBILITIES:**

2006 - 2019      Physical Therapist  
The Rehabilitation Institute of St. Louis  
St. Louis, MO

2011 - 2014      Physical Therapist  
Collinsville Physical Therapy  
Collinsville, IL

2016 – 2021      Physical Therapist  
Washington University Physical Therapy clinic  
St. Louis, MO

**TEACHING TITLE AND RESPONSIBILITIES:**

**Current Teaching Responsibilities in the Professional Clinical Doctorate (DPT)**  
**Curriculum and Clinical Fellowship at the WashU Program in Physical Therapy, Saint Louis, MO**

**Year 1: Class Size: 88**

Phase 1 *Learning as a Professional* & Phase 2 *Promoting Health Through Movement*

Module 1: Learning Health and Equity

- Lecturer and Lab instructor for *Body Mechanics, Positioning, Turning and Draping Lab* and *Integration of Anatomical Terminology and Visual Appraisal*

Module 2: Professions and Movement

- Lab coordinator and instructor for all *Anatomy Laboratory* sessions
- Content Facilitator for *Early Clinical Experience I*

Module 3: Movement and Population Health

- Lecturer for *Gross Assessment of Movement* and *Gastrointestinal Organs, Kidney and Spleen*
- Lab Instructor and Assessor for DMMP labs
- Content facilitator for *Interprofessional Education*

Module 4: Movement and Precision Health

- Lecturer for *Fascia, Foundations of Diagnostic Imaging, Integrating Concepts of Shortness and Stiffness, Clinical Application for Manual Muscle Testing, Recognizing Movement Patterns and Developing Expertise, Tests and Measures: Scoliosis Assessment, Inclinator Utilization, Lumbar Spine Anatomy & Kinesiology, Demonstration of an Examination: Shoulder Pain, Introduction to Lumbar Diagnoses, Examination: Review of Lower Quarter Movement Tests, Examination: Upper Quarter Musculoskeletal Part 1 & 2, and Intervention: Upper Quarter*
- Team Lead, Lecturer, Lab Instructor and Assessor for DMMP labs
- CE I Small Group Advisor
- Content facilitator for *Early Clinical Experience II*

**Year 2: Class Size 93**

Phase 3: Optimizing Movement

Module 5: Prevention, Diagnosis and Management of Movement Related Problems

- Lecturer for *Diagnostic Imaging in Practice: Interpretation, Referral, and Limitations, Lumbar Extension Rotation and Low Back and Hip Source Testing, Integration Session 5: Low Back Pain in Parkinson Disease, and Lumbar Flexion Rotation*
- Lab Leader and Instructor for the *Lower Quarter Movement Exam, Low Back Treatment* and *Back Taping* labs
- Assessor for performance assessments for learning and performance assessments of learning
- Content facilitator for Lumbar Spine content

Module 6: Prevention, Diagnosis and Management of Complex Movement-Related Problems

- Lecturer and Lab Instructor

**Year 3: Class size 94**

Phase 4: Practicing as a Professional

Module 7/8: Practice and Movement / Practice Health and Equity

- Lecturer for *Imaging in the Movement System*

**Diagnosis and Treatment of Movement System Impairment Syndrome Continuing Education Courses:**

2018 - 2023	Introduction to Concepts and Application Laboratory Instructor Saint Louis, MO
2017 - 2023	Advanced Application of the Lower Quarter Laboratory Instructor Saint Louis, MO
2018 - 2022	Advanced Application of the Upper Quarter Laboratory Instructor Saint Louis, MO
2019	Introduction to Concepts and Application: Syndromes of the Lumbar Spine, Hip, and Knee Laboratory Instructor Nashville, TN

**Past teaching responsibilities in the Professional Clinical Doctorate (DPT) Curriculum at The Program in Physical Therapy at Saint Louis University, Saint Louis, MO**

2010 – 2018	Kinesiology (DPT 412) Laboratory Instructor
2011 – 2016	Biomechanical Interventions (DPT 519) Laboratory Instructor
2011	Evidence Based Clinical Practice (DPT 480) Advisor
2015 – 2020	Therapeutic Exercise (DPT 415) Laboratory Instructor

**Past Teaching Responsibilities in the Professional Clinical Doctorate (DPT) Curriculum and Clinical Fellowship at the Washington University Program in Physical Therapy, Saint Louis, MO**

2007 – 2021	Essential Clinical Skills I (PT 603) Laboratory Instructor: 2007 - present Lecturer: 2015 – present
2008 – 2021	Human Anatomy (PT 611) Instructor: 2008 - present Lecturer: 2018 – present
2008 – 2021	Diagnosis & Management of Musculoskeletal Conditions I (PT 614) Laboratory Instructor
2009 – 2021	Case Integration III (PT 654) Laboratory Instructor
2010 – 2021	Case Integration I (PT 608)

	Advisor
2010 – 2021	Diagnosis and Evidence Analysis in Physical Therapy III (PT 650)/Case Integration Lab III (PT 654)
	Advisor
2010 – 2021	Diagnosis & Management of Musculoskeletal Conditions III (PT 638)
	Laboratory Instructor
2011 – 2021	Clinical Fellowship in Diagnosis and Management of Movement Impairment Syndromes
	Mentor
2013 – 2021	Essential Clinical Skills II (PT 627)
	Laboratory Instructor
2014 – 2021	Diagnosis & Management of Musculoskeletal Conditions II (PT 624)
	Laboratory Instructor
2014 – 2021	Early Clinical Experience II
	Laboratory Instructor: 2014 – present
	Advisor: 2015, 2018 – present
2018 – 2021	Kinesiology II (PT 613)
	Laboratory Instructor
2019 – 2021	Orthopedic Medicine (PT 623)
	Lecturer
2010 – 2016	Case Integration II (PT 642)
	Advisor
2015 - 2016	Diagnosis and Management of General Medical Conditions (PT 636)
	Advisor
2015, 2018	Professional Issues & Skills Development II
	Advisor
2020	Course Assistant
	Diagnosis and Management of Neuromuscular Conditions II (PT 643)

### **PROFESSIONAL LICENSURE AND CERTIFICATIONS:**

- 2006 – present; License # 2006020239 (Missouri State Board of Registration for the Healing Arts)
- 2009; APTA Credentialed Clinical Instructor

### **HONORS AND AWARDS:**

2011	Designated as a regional mentor for the Clinical Fellowship in Diagnosis and Management of Movement Impairment Syndromes at Washington University in St. Louis Program in Physical Therapy
2018	Ranked by the first year physical therapy students as one of the top-rated educators, scoring in the top three for overall teaching performance in the first year curriculum
2019	Recipient of the Patty K. Scheets Award for Excellence in Physical Therapy Education
2023	Earned the Foundations in Teaching Skills certificate
2025	Earned the Master of Interprofessional Educator certificate

### **COMMUNITY SERVICE CONTRIBUTIONS:**

#### **Washington University in St. Louis Committee and Administrative Service:**

2015                      Mini Medical School, Washington University in St. Louis

#### **WashU School of Medicine Committee and Administrative Service:**

2022 - present              Member of the CIPE Curriculum and Assessment Committee

2023 - present              Member of the Donor Remembrance Ceremony Committee

#### **Community Outreach & Volunteer Service:**

2023 - present              Liason for the Claver House, a non-profit organization supporting residents in the Ville Neighborhood of north St. Louis

### **PROFESSIONAL SOCIETIES AND ORGANIZATIONS:**

2003 – present              American Physical Therapy Association  
Member

2006 – present              Academy of Orthopedic Physical Therapy  
Member

2003 – present              Missouri Physical Therapy Association  
Member

### **RESEARCH SUPPORT:**

2017-2018              Role: Treating therapist in the motor skill training group  
Spinal Control in Low Back Pain  
Source: NIH  
PI: Linda Van Dillen, PT, PhD

### **Bibliography:**

Van Dillen LR, Norton BJ, Steger-MayK, Lanier VM, Civello JM, DeGeeter RM, Czuppon S, **Johnson J**, Holtzman G, Weaver A, Wallendorf M, Francois S, Roles KM, Bohall S, Lang CE. Effects of sill training versus strength and flexibility exercise on functional limitation and pain in people with chronic low back pain over a 6 month period. *International Society for the Study of the Lumbar Spine*; 2018 May 14-18.