

**JILL K JOHNSON, PT, DPT**  
**July 1, 2025**

**Contact Information:**

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**PRESENT POSITION:**

2022 – present      Assistant Professor of Physical Therapy and Orthopaedic Surgery,  
Washington University School of Medicine

**EDUCATION:**

1998	Bachelor of Science in Exercise Science, Emphasis: Cardiac Rehabilitation, Winona State University, Winona, MN
2006	Doctorate of Physical Therapy, Washington University in St. Louis School of Medicine, Saint Louis, MO

**ACADEMIC HISTORY:**

2007 - 2021	Laboratory Instructor and Lecturer WashU Program in Physical Therapy Saint Louis, MO
2010 - 2020	Laboratory Instructor Saint Louis University Program in Physical Therapy Saint Louis, MO

**CLINIC TITLES AND RESPONSIBILITIES:**

2006 - 2019	Physical Therapist The Rehabilitation Institute of St. Louis St. Louis, MO
2011 - 2014	Physical Therapist Collinsville Physical Therapy Collinsville, IL
2016 – 2021	Physical Therapist Washington University Physical Therapy clinic St. Louis, MO

**TEACHING TITLE AND RESPONSIBILITIES:**

**Current Teaching Responsibilities in the Professional Clinical Doctorate (DPT)**  
**Curriculum and Clinical Fellowship at the WashU Program in Physical Therapy, Saint  
Louis, MO**

## **Year 1: Class Size: 88**

### Phase 1 *Learning as a Professional & Phase 2 Promoting Health Through Movement*

#### Module 1: Learning Health and Equity

- Lecturer and Lab instructor for *Body Mechanics, Positioning, Turning and Draping Lab and Integration of Anatomical Terminology and Visual Appraisal*

#### Module 2: Professions and Movement

- Lab coordinator and instructor for all *Anatomy Laboratory* sessions
- Content Facilitator for *Early Clinical Experience I*

#### Module 3: Movement and Population Health

- Lecturer for *Gross Assessment of Movement and Gastrointestinal Organs, Kidney and Spleen*
- Lab Instructor and Assessor for DMMP labs
- Content facilitator for *Interprofessional Education*

#### Module 4: Movement and Precision Health

- Lecturer for *Fascia, Foundations of Diagnostic Imaging, Integrating Concepts of Shortness and Stiffness, Clinical Application for Manual Muscle Testing, Recognizing Movement Patterns and Developing Expertise, Tests and Measures: Scoliosis Assessment, Inclinometer Utilization, Lumbar Spine Anatomy & Kinesiology, Demonstration of an Examination: Shoulder Pain, Introduction to Lumbar Diagnoses, Examination: Review of Lower Quarter Movement Tests, Examination: Upper Quarter Musculoskeletal Part 1 & 2, and Intervention: Upper Quarter*
- Team Lead, Lecturer, Lab Instructor and Assessor for DMMP labs
- CE I Small Group Advisor
- Content facilitator for *Early Clinical Experience II*

## **Year 2: Clase Size 93**

### Phase 3: Optimizing Movement

#### Module 5: Prevention, Diagnosis and Management of Movement Related Problems

- Lecturer for *Diagnostic Imaging in Practice: Interpretation, Referral, and Limitations, Lumbar Extension Rotation and Low Back and Hip Source Testing, Integration Session 5: Low Back Pain in Parkinson Disease, and Lumbar Flexion Rotation*
- Lab Leader and Instructor for the *Lower Quarter Movement Exam, Low Back Treatment and Back Taping* labs
- Assessor for performance assessments for learning and performance assessments of learning
- Content facilitator for Lumbar Spine content

#### Module 6: Prevention, Diagnosis and Management of Complex Movement-Related Problems

- Lecturer and Lab Instructor

## **Year 3: Class size 94**

### Phase 4: Practicing as a Professional

#### Module 7/8: Practice and Movement / Practice Health and Equity

- Lecturer for *Imaging in the Movement System*

**Diagnosis and Treatment of Movement System Impairment Syndrome Continuing Education Courses:**

2018 - 2023	Introduction to Concepts and Application Laboratory Instructor Saint Louis, MO
2017 - 2023	Advanced Application of the Lower Quarter Laboratory Instructor Saint Louis, MO
2018 - 2022	Advanced Application of the Upper Quarter Laboratory Instructor Saint Louis, MO
2019	Introduction to Concepts and Application: Syndromes of the Lumbar Spine, Hip, and Knee Laboratory Instructor Nashville, TN

**Past teaching responsibilities in the Professional Clinical Doctorate (DPT) Curriculum at The Program in Physical Therapy at Saint Louis University, Saint Louis, MO**

2010 – 2018	Kinesiology (DPT 412) Laboratory Instructor
2011 – 2016	Biomechanical Interventions (DPT 519) Laboratory Instructor
2011	Evidence Based Clinical Practice (DPT 480) Advisor
2015 – 2020	Therapeutic Exercise (DPT 415) Laboratory Instructor

**Past Teaching Responsibilities in the Professional Clinical Doctorate (DPT) Curriculum and Clinical Fellowship at the Washington University Program in Physical Therapy, Saint Louis, MO**

2007 – 2021	Essential Clinical Skills I (PT 603) Laboratory Instructor: 2007 - present Lecturer: 2015 – present
2008 – 2021	Human Anatomy (PT 611) Instructor: 2008 - present Lecturer: 2018 – present
2008 – 2021	Diagnosis & Management of Musculoskeletal Conditions I (PT 614) Laboratory Instructor
2009 – 2021	Case Integration III (PT 654) Laboratory Instructor
2010 – 2021	Case Integration I (PT 608)

	Advisor
2010 – 2021	Diagnosis and Evidence Analysis in Physical Therapy III (PT 650)/Case Integration Lab III (PT 654)
	Advisor
2010 – 2021	Diagnosis & Management of Musculoskeletal Conditions III (PT 638)
	Laboratory Instructor
2011 – 2021	Clinical Fellowship in Diagnosis and Management of Movement Impairment Syndromes
Mentor	
2013 – 2021	Essential Clinical Skills II (PT 627)
	Laboratory Instructor
2014 – 2021	Diagnosis & Management of Musculoskeletal Conditions II (PT 624)
	Laboratory Instructor
2014 – 2021	Early Clinical Experience II
	Laboratory Instructor: 2014 – present
	Advisor: 2015, 2018 – present
2018 – 2021	Kinesiology II (PT 613)
	Laboratory Instructor
2019 – 2021	Orthopedic Medicine (PT 623)
	Lecturer
2010 – 2016	Case Integration II (PT 642)
	Advisor
2015 - 2016	Diagnosis and Management of General Medical Conditions (PT 636)
	Advisor
2015, 2018	Professional Issues & Skills Development II
	Advisor
2020	Course Assistant
	Diagnosis and Management of Neuromuscular Conditions II (PT 643)

#### **PROFESSIONAL LICENSURE AND CERTIFICATIONS:**

- 2006 – present; License # 2006020239 (Missouri State Board of Registration for the Healing Arts)
- 2009; APTA Credentialled Clinical Instructor

#### **HONORS AND AWARDS:**

2011	Designated as a regional mentor for the Clinical Fellowship in Diagnosis and Management of Movement Impairment Syndromes at Washington University in St. Louis Program in Physical Therapy
2018	Ranked by the first year physical therapy students as one of the top-rated educators, scoring in the top three for overall teaching performance in the first year curriculum
2019	Recipient of the Patty K. Scheets Award for Excellence in Physical Therapy Education
2023	Earned the Foundations in Teaching Skills certificate
2025	Earned the Master of Interprofessional Educator certificate

**COMMUNITY SERVICE CONTRIBUTIONS:****Washington University in St. Louis Committee and Administrative Service:**

2015 Mini Medical School, Washington University in St. Louis

**WashU School of Medicine Committee and Administrative Service:**

2022 - present Member of the CIPE Curriculum and Assessment Committee  
2023 - present Member of the Donor Remembrance Ceremony Committee

**Community Outreach & Volunteer Service:**

2023 - present Liason for the Claver House, a non-profit organization supporting residents in the Ville Neighborhood of north St. Louise

**PROFESSIONAL SOCIETIES AND ORGANIZATIONS:**

2003 – present American Physical Therapy Association  
Member  
2006 – present Academy of Orthopedic Physical Therapy  
Member  
2003 – present Missouri Physical Therapy Association  
Member

**RESEARCH SUPPORT:**

2017-2018 Role: Treating therapist in the motor skill training group  
Spinal Control in Low Back Pain  
Source: NIH  
PI: Linda Van Dillen, PT, PhD

**Bibliography:**

Van Dillen LR, Norton BJ, Steger-May K, Lanier VM, Civello JM, DeGeeter RM, Czuppon S, Johnson J, Holtzman G, Weaver A, Wallendorf M, Francois S, Roles KM, Bohall S, Lang CE. Effects of sill training versus strength and flexibility exercise on functional limitation and pain in people with chronic low back pain over a 6 month period. *International Society for the Study of the Lumbar Spine*; 2018 May 14-18.