



FUNCTIONAL DRY NEEDLING® LEVEL 1

FOR: PT, MD, DO, DC, PA, NP, ATC, OTHER

Course Description

The Functional Dry Needling (FDN) Level 1 course gives clinicians the tools to elevate their practice to a new level of patient care. This foundational Functional Dry Needling course of study teaches the insertion of fine filament needles into neuromuscular junctions/motor points, stimulating the muscle, and bringing unbelievable pain relief and significantly improved function to athletes and patients who have been suffering for years. FDN Level 1 teaches important dry needling techniques and involves ample lab time to test, practice and perfect the art and science of Functional Dry Needling so you can offer this to your patients the very next day. Musculature taught in the introductory level involves areas of the hip, lower extremity, thigh, upper extremity, shoulder, lumbar spine and cervical spine. A strong emphasis on safety and precaution is reinforced, as well as clinical application, research, history of dry needling, and relevant case study.

Course Objectives/Outcomes

- Upon completion of this introductory-level course, each practitioner will understand trigger points and the clinical presentation of neuromuscular dysfunction.
- They will demonstrate competency in dry needling of the muscles covered and will understand indications, contraindications, precautions and complications associated with Functional Dry Needling.
- Participants must achieve 90% proficiency on all on-line quizzes prior to the course and 80% proficiency on a comprehensive written exam after the course. They must also pass a practical examination on-site.

Course Schedule

2 DAY:

Saturday: 8:00 AM - 6:00 PM

Sunday: 7:30 AM - 5:30 PM

\$1,099

Credit

2 DAY:

29 HOURS/2.9 CEU/ 29 CCU

Length

2 Days

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Course Details

Faculty:

Course Date:

Course Location: