

Rebecca D. DeMargel, PT, DPT
June 23, 2026

Contact Information

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Present Position

07/2026- present	Assistant Professor of Physical Therapy and Orthopaedic Surgery, WashU Medicine Program in Physical Therapy
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Education

Undergraduate

08/1994-05/1998	Bachelor of Science in Education with Highest Honors University of Kansas, Lawrence, Kansas
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Graduate

08/1998-12/2000	Master of Science in Physical Therapy Washington University, St. Louis, Missouri
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01/2021-07/2022	Doctor of Physical Therapy University of Montana, virtual curriculum <i>Capstone title: "Formative Assessment of Physical Examination Skills in Physical Therapy to Promote the Development of the Master Adaptive Learner: A Case Study"</i> <i>Capstone advisor: Steven Ambler, PT, DPT, PhD, MPH</i>
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Employment History:

03/2001 to 11/2009	Staff Therapist. PRORehab, p.c., St. Louis, Missouri
11/2009 to 12/2010	Staff Therapist. Rehabilitation Professionals, Inc., St. Louis, Missouri
12/2010 to 04/2014	Staff Therapist. Missouri Baptist Medical Center, St. Louis, Missouri
08/2014 to 06/2026	Laboratory Assistant, WashU Medicine Program in Physical Therapy
06/2021 to 03/2024	Clinic Associate. Washington University Program in Physical Therapy, St. Louis, Missouri

Professional Licensures and Certifications

Licenses

04/2001-01/2028 Current Missouri Physical Therapist license, license number 2001005037

Certifications

03/2025 American Heart Association BLS for Healthcare Providers

Honors and Awards

12/2020 Patty K. Scheets Award for Excellence in Physical Therapy Education, Washington University Program in Physical Therapy

Community Service Contributions

Washington University in St Louis School of Medicine Committee and Administrative Service

08/2022-present Physical Therapy Admissions Committee Member

Teaching

Current Teaching Responsibilities in the Professional Clinical Doctorate (DPT) Curriculum in the WashU Medicine Program in Physical Therapy, Saint Louis, Missouri

2021-present Year 1: Class Size: 80-95 learners
 Module 1: Movement and Precision Health
 -Laboratory instructor
 Module 2: Professions and Movement
 -Laboratory instructor
 Module 3: Movement and Population Health
 -Laboratory Instructor
 Module 4: Movement and Precision Health
 -Laboratory instructor
2021-present Year 2: Class Size: 80-95 learners
 Module 5: Prevention, Diagnosis and Management of Movement Problems
 -Laboratory instructor
 Module 6: Prevention, Diagnosis and Management of Complex Movement-Related Problems
 -Laboratory instructor

2021-present Year 3: Class Size 80-95 learners
 Module 7: Practice and Movement
 -Laboratory instructor
 -Assistant for development, coordination and implementation of Medical
 Student Examinations, Movement Examinations, and Simulated Clinic
 Experiences
 Module 8: Practice, Health, and Equity
 -Advisor for Case Report and Structured Review Projects

**Past Teaching Responsibilities in the Professional Clinical Doctorate (DPT)
 Curriculum and Clinical Fellowship at the Washington University Program in
 Physical Therapy, Saint Louis, Missouri**

2014- 2021 Essential Clinical Skills I (PT 603)
 -Laboratory Instructor
 2014- 2021 Diagnosis & Management of Musculoskeletal Conditions I (PT 614)
 -Laboratory Instructor
 2014- 2021 Case Integration I (PT 608)
 -Laboratory Instructor
 2014- 2021 Diagnosis and Evidence Analysis in Physical Therapy III (PT 650)/Case
 Integration III (PT 654)
 -Advisor
 2014-2021 Diagnosis & Management of Musculoskeletal Conditions III (PT 638)
 -Laboratory Instructor
 2014-2021 Essential Clinical Skills II (PT 627)
 -Laboratory Instructor
 2014-2021 Diagnosis & Management of Musculoskeletal Conditions II (PT 624)
 -Laboratory Instructor
 2014-2021 Kinesiology II (PT 613)
 -Laboratory Instructor
 2014-2021 Case Integration II (PT 642)
 -Laboratory Instructor
 2014-2021 Early Clinical Experience II
 -Laboratory Instructor
 2015-2018 Clinical Fellowship in Diagnosis and Management of Movement
 Impairment Syndromes
 -Mentor
 2019-2021 Professional Issues & Skills Development II
 -Laboratory Instructor

Research

Research Support

03/2019-06/2021

Role: Treating therapist in the manual therapy group

Paris Patla Hip Pain Study

Sources: Paris Patla Musculoskeletal Grant from the Foundation for Physical Therapy Research, Washington University School of Medicine, the National Institutes of Health (NIH), the National Center for Advancing Translational Sciences (NCATS), and the National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)

PI: Marcie Harris- Hayes PT, DPT, MSCI

Bibliography

Original, peer reviewed articles in refereed journals

- 1) **DeMargel RD**, Steger-May K, Haroutounian S, Zorn P, Cheng A, Clohisy JC, Harris-Hayes M. Personal factors and baseline function in patients undergoing non-operative management for chronic hip-related groin pain: a cross-sectional study. *BMJ Open Sport Exerc Med*. 2023 Nov 3;9(4):e001685. doi: 10.1136/bmjsem-2023-001685. PMID: 37937305; PMCID: PMC10626773.
- 2) Harris-Hayes M, Zorn P, Steger-May K, Burgess MM, **DeMargel RD**, et al. Comparison of Joint Mobilization and Movement Pattern Training for Patients With Hip-Related Groin Pain: A Pilot Randomized Clinical Trial. *Phys Ther*. 2023;103(11):pzad111. doi:10.1093/ptj/pzad111

Case Reports

- 1) **DeMargel RD**, Holleran CL, Konrad JD, McGee PN, Ambler SB. Formative Assessment of Physical Examination Skills Within a Professional Physical Therapist Education Program to Promote the Development of the Master Adaptive Learner: A Case Study. *J Phys Ther Educ*. Published online June 10, 2025. doi:10.1097/JTE.0000000000000421

Abstracts

- 1) Harris-Hayes M, Zorn P, Steger-May K, Buss J, Burgess MM, **DeMargel RD**, Kuebler S, Clohisy JC, Haroutounian S. One year outcomes following rehabilitation for chronic hip-related groin pain: ancillary analysis of a pilot randomized clinical trial. World Congress on Osteoarthritis (OARSI) 2023, Denver, CO.
- 2) Harris-Hayes M, Buss J, Zorn P, **DeMargel RD**, Clohisy JC, Cheng A, Steger-May K. Association of Personal Factors and One Year Rehabilitation Outcomes for Chronic Hip-Related Groin Pain. CSM 2024 Platform, Boston, MA.
- 3) Harris-Hayes M, Zorn P, Steger-May K, Buss J, Burgess MM, **DeMargel RD**, Clohisy JC, Haroutounian S. Patient Improvements Are Maintained One Year after Rehabilitation for Chronic Hip-Related Groin Pain: Pilot Trial CSM 2024 Platform, Boston, MA.

