

Megan Burgess, DPT, OCS
Curriculum Vitae

Date: May 2026

Contact Information: 4444 Forest Park
Suite 1210
St. Louis, Missouri 63108
314-273-5868
burgessm@wustl.edu

Present Position:

07/2020 - present Assistant Professor in Physical Therapy and Orthopedics
Program in Physical Therapy
Washington University School of Medicine, St. Louis, Missouri

Education:

08/2002-05/2006 Bachelor of Arts (BA), Bachelors in Education (BEd)
University of Virginia, Charlottesville, Virginia

08/2007-05/2010 Doctor of Physical Therapy (DPT)
Washington University, St. Louis, Missouri

Academic Positions / Employment:

07/2010-11/2012 Staff Therapist, Orthopedics
Progress Physical Therapy, Richmond, Virginia

12/2012-08/2015 Staff Therapist, Orthopedics and Pelvic Health
SSM Health Physical Therapy, St. Louis, Missouri

08/2015-01/2017 Center Manager, Orthopedics and Pelvic Health
SSM Health Physical Therapy, St. Louis, Missouri

01/2017-07/2020 Staff Therapist, Orthopedics and Pelvic Health
SSM Health Physical Therapy, St. Louis, Missouri

01/2014-07/2020 Physical Therapy Lab Assistant, Small Group Advisor
Washington University in St. Louis, Missouri

07/2020-present	Assistant Professor in Physical Therapy, Orthopedics Washington University in St. Louis, Missouri
-----------------	--

Clinical Title and Responsibilities:

07/2020-05/2024	Faculty Clinician, Physical Therapist (Pelvic Health) Washington University in St. Louis, St. Louis, Missouri Responsibilities: Manage an independent caseload of male, female and non-binary/gender-fluid patients with a variety of orthopedic and urogynecological/colorectal conditions. Specialize in the evaluation and treatment of movement faults and disorders that contribute to pain. Treat patients with post-operative pain, as well as chronic pain presentation. As of 05/2024, mentorship of pelvic-health PTA and ortho-PT for professional development and clinical reasoning, no longer with own caseload of patients.
-----------------	--

10/2024-present	Clinical Mentor (Pelvic Health, Orthopedics)
-----------------	--

Teaching Title and Responsibilities:

Outside of Program

04/2011-09/2012	Clinical Instructor Progress Physical Therapy, Richmond, Virginia Cohort size: 2
-----------------	--

03/2014-04/2015	Instructor ACE Mentoring Program for new graduates SSM Health Physical Therapy, St. Louis, Missouri Cohort Size: 6-10
-----------------	--

07/2013-03/2020	Clinical Instructor SSM Health Physical Therapy, St. Louis, Missouri Cohort size: 10
-----------------	--

08/2014-03/2020	Instructor, Faculty Mentor Orthopaedic Residency Program Saint Louis University/SSM Health Physical Therapy St. Louis, Missouri Cohort size: 2-3
-----------------	--

Within Program

08/2021 – present	Lecturer, Coordinator for Lab and Assessment Module 1 of new curriculum: Professions and Movement Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 77-97
08/2021 – present	Lecturer, Coordinator for Lab and Assessment Module 2 of new curriculum: Professions and Movement Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 77-97
09/2021 – present	Member (one of 2), Lecturer, Coordinator for Lab and Assessment Module 3 of new curriculum: Movement and Population Health Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 77-97 Co-lead for Fall 2023
10/2021 – present	Member (one of 4), Lecturer, Lab and Performance Assessment Coordinator Module 4 of new curriculum: Movement and Precision Health Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 77-97 Co-module lead as of August 2023
05/2022 – present	First Year Lead, Member of Diagnosis and Management of Movement Problem Thread
08/2022-present	Coach Coaching group size: 5 per cohort. To-date: 5 learners graduated, 10 currently within curriculum
<u>Internationally</u> 05/2019-06/2019	Instructor, Lab Assistant Master's Program in Physical Therapy Me'kelle University, Me'kelle, Ethiopia Class Size: 5

Medical Licensure and Certification:

07/2010	Missouri Physical Therapist License #2010018434 Missouri State Board of Registration for the Healing Arts
06/2012	Board Certified Orthopedic Specialist American Physical Therapy Association Renewed until 2033
2013-2018	Hermann & Wallace, Pelvic Physical Therapy Training Levels 1, 2A, 2B, 3
11/2019	Credentialed Clinical Instructor, Level 1 American Physical Therapy Association
12/2022	Credentialed Clinical Instructor, Level 2 American Physical Therapy Association
06/2024	Board Certified Women's Health Specialist American Physical Therapy Association

Editorial Responsibilities:

08/2012-07/2015	Member, American Physical Therapy Association Perspectives Magazine Editorial Advisory Group
05/2024 – present	Reviewer for Journal of Women's and Pelvic Health Physical Therapy submissions
05/2024 – present	Reviewer for ELC abstract/presentation submissions

National Panels, Committees, Boards:

03/2017-08/2017	Item contributor for Orthopedics Specialization Academy of Content Experts
06/2022 – present	Volunteer member of the Academy of Pelvic Health Physical Therapy Health and Wellness Committee; chair as of Fall 2023

Professional Societies and Organizations:

2010-2012	Member, Virginia Physical Therapy Association
2007-present	Member, American Physical Therapy Association

2012-present	Member, Missouri Physical Therapy Association; orthopedic section
2020-present	Faculty Fellow, The Carver Project, Washington University in St. Louis, St. Louis, Missouri
2020-present	Member, Missouri Physical Therapy Association; Academy of Pelvic Health

Invited Presentations:

Sept 2013	<i>Guidelines for extensive management of the running client.</i> SSM Health Physical Therapy, St. Louis, Missouri
Feb 2014	<i>Foundational anatomy for the non-clinical staff</i> SSM Health Physical Therapy, St. Louis, Missouri
Jan 2015	Review of upper quarter anatomy and mechanics for CHTs and OTs SSM Health Physical Therapy, St. Louis, Missouri
Nov 2019	Physical therapy services for the new mother: myths and truths Bi-weekly breastfeeding education class SSM Health DePaul Hospital, St. Louis, Missouri
Feb 2020	<i>Management of and teaching for the student with anxiety.</i> Program in Physical Therapy, Washington University in St. Louis
Mar 2021	<i>The 5Ws: The Role of Pelvic Health Physical Therapy for Patients with Chronic Pain.</i> Washington University in St. Louis School of Medicine, St. Louis, Missouri
July 2021, April 2023, Nov 2024	<i>Pelvic Physical Therapy: What can patients expect?</i> Center for Colorectal and Pelvic Floor Disorders (COPE), Washington University in St. Louis, St. Louis, Missouri
Mar 2023	<i>Physical Therapy Interviews with Content Experts.</i> AAOMPT Podcast Guest (episode 150).
Nov 2023	<i>Pelvic Floor Physical Therapy in the Care of a Patient with Transverse Myelitis.</i> Grand Rounds, Belleville Memorial Hospital.
Nov 2023	IBD CCFA Conference; virtual presentation for gastroenterology residents and fellows. <i>Pelvic Floor Physical Therapy: What Do We Do?</i>

- Oct 2024 *Use of a Novel Framework to Guide Physical Therapy Education Delivery and Assessment.* Education Day, Washington University in St. Louis, School of Medicine.
- Mar 2025 *Examples of Content Integration in first year CBE curriculum.* Competency-Based Education (CBE) Symposium. Washington University in St. Louis School of Medicine.
- Jan 2026 Paper Session: Innovative Assessment Practices. *Neer Peer Group Sessions for Knowledge for Practice.* iTeach 2026: Center for Teaching and Learning. Washington University in St. Louis.
- Paper Session: Innovative Assessment Practices. *Assessing the Assessors: Formative Feedback as Faculty Development to Enhance Assessor Feedback During Practical Examinations.* iTeach 2026: Center for Teaching and Learning. Washington University in St. Louis.

Research:

- 2019-2020 Treatment Physical Therapist
Comparison of Movement Pattern Training and Manual Therapy for Pre-arthritic Hip Disorders: a Pilot Randomized Clinical Trial
Washington University in St. Louis
PI: Marcie Harris Hayes, PT, DPT, MSCI
- 2017-2019 Treatment Physical Therapist
Movement Pattern Training in People with Intra-articular, Pre-arthritic Hip Disorders
WuPitt and Paris Patla Research Studies
PI: Marcie Harris Hayes, PT, DPT, MSCI

National Presentations:

- 02/2026 *Integration of Peer-to-Peer and Neer-Peer Learning within a CBE DPT Curriculum.* Combined Sections Meeting. Anaheim, California. Poster presentation.
- 02/2024 *Using Movement to Guide Curriculum Development in Entry-Level Physical Therapy Education.* APTA Combined Sections Meeting, Boston, poster

04/2023	<i>The Integral Role of the Pelvic Physical Therapist in the Care of Adult Patients with Transverse Myelitis.</i> Missouri APTA spring conference, St. Louis MO, poster presentation
02/2023	<i>The Integral Role of the Pelvic Physical Therapist in the Care of Adult Patients with Transverse Myelitis.</i> APTA Combined Sections Meeting, San Diego, CA. Poster presentation
04/2022	<i>Don't Forget the Hip! Analysis of Femoracetabular Movement Faults in Patients with Coccydynia.</i> APTA spring conference. Kansas City MO. Poster presentation
02/2022	<i>Don't Forget the Hip! Analysis of Femoracetabular Movement Faults in Patients with Coccydynia.</i> Combined Sections Meeting. San Antonio, TX. Poster presentation

Research Publication:

Abstracts

- Harris-Hayes M, Zorn P, Steger-May K, Gu H, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. Comparison of Movement Pattern Training and Joint Mobilization for Chronic Prearthritic Hip Disorders: A Pilot Randomized Clinical Trial. World Congress on Osteoarthritis (OARSI), Berlin, Germany. Osteo Cart. 2022;30:S398-S399
- Harris-Hayes M, Zorn P, Steger-May K, Buss J, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. One year outcomes following rehabilitation for chronic hip-related groin pain: ancillary analysis of a pilot randomized clinical trial. World Congress on Osteoarthritis (OARSI), Denver, Colorado. Osteo Cart. 2023;28:S171-S172.

Papers

- Harris-Hayes M, Bove A, Brown K, **Burgess MM**, King V, Mancino J, Wortman D, Fitzgerald GK. Treatment fidelity among treatment providers in a multicenter, randomized clinical trial comparing two rehabilitation strategies for people with prearthritic hip disease. *Journal of Orthopaedic and Sports Physical Therapy*. 2018;48(1):A121-122.
- Harris-Hayes M, Zorn P, Steger-May K, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. Comparison of Joint Mobilization and Movement Pattern Training for Hip-related Groin Pain: A Pilot Randomized Clinical Trial. *Physical Therapy Journal*. In press.

Skills and Qualifications:

Microsoft Office, PubMed/CINAHL, Electronic Medical Record (EPIC, TherapySource), Public Speaking, Canvas, CompAI SuperUser, PollEverywhere, Padlet, Examsoft

Awards

10/2023 ‘Rising Star Award’ through The Academy of Educators, Washington University in St. Louis; “recognizes current...faculty members with less than six years of service as faculty in an academic teaching setting who shows exceptional promise as an educator through contributions in one or more domains of educational service, leadership or scholarship.”