

Rebecca D. DeMargel, PT, DPT
July 2026

Contact Information

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Present Position

07/2026-present	Assistant Professor of Physical Therapy WashU Medicine Program in Physical Therapy Clinician Track
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Education

Undergraduate

08/1994-05/1998	Bachelor of Science in Education with Highest Honors University of Kansas, Lawrence, Kansas
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Graduate

08/1998-12/2000	Master of Science in Physical Therapy Washington University, St. Louis, Missouri
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01/2021-07/2022	Doctor of Physical Therapy University of Montana, virtual curriculum <i>Capstone title: "Formative Assessment of Physical Examination Skills in Physical Therapy to Promote the Development of the Master Adaptive Learner: A Case Study"</i> <i>Capstone advisor: Steven Ambler, PT, DPT, PhD, MPH</i>
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Employment History

03/2001-11/2009	Staff Therapist. PRORehab, P.C., St. Louis, Missouri
11/2009-12/2010	Staff Therapist. Rehabilitation Professionals, Inc., St. Louis, Missouri
12/2010-04/2014	Staff Therapist. Missouri Baptist Medical Center, St. Louis, Missouri

08/2014-06/2026 Laboratory Assistant, WashU Medicine Program in Physical Therapy, St. Louis, Missouri

06/2021-03/2024 Clinic Associate. Washington University Program in Physical Therapy, St. Louis, Missouri

Professional Licensures and Certifications

Licenses

04/2001-01/2028 Current Missouri Physical Therapist license
License # 2001005037

Certifications

03/2025 American Heart Association BLS for Healthcare Providers

Honors and Awards

12/2020 Patty K. Scheets Award for Excellence in Physical Therapy Education, Washington University Program in Physical Therapy

Community Service Contributions

Washington University in St Louis School of Medicine Committee and Administrative Service

08/2022-present Physical Therapy Admissions Committee Member

Membership in Professional Societies

07/2026-present American Physical Therapy Association
07/2026-present American Council of Academic Physical Therapy

Teaching

Current Teaching Responsibilities in the Professional Clinical Doctorate (DPT) Curriculum in the WashU Medicine Program in Physical Therapy, Saint Louis, Missouri

2021-present Year 1: Class Size: 80-95 learners
Module 1: Movement and Precision Health
-Laboratory Instructor
Module 2: Professions and Movement
-Laboratory Instructor
Module 3: Movement and Population Health
-Laboratory Instructor
Module 4: Movement and Precision Health

- Laboratory Instructor
- 2021-present Year 2: Class Size: 80-95 learners
- Module 5: Prevention, Diagnosis and Management of Movement Problems
- Laboratory Instructor
- Module 6: Prevention, Diagnosis and Management of Complex Movement-Related Problems
- Laboratory Instructor
- 2021-present Year 3: Class Size 80-95 learners
- Module 7: Practice and Movement
- Laboratory Instructor
- Assistant for development, coordination and implementation of Medical Student Examinations, Movement Examinations, and Simulated Clinic Experiences
- Module 8: Practice, Health, and Equity
- Advisor for Case Report and Structured Review Projects

Past Teaching Responsibilities in the Professional Clinical Doctorate (DPT) Curriculum and Clinical Fellowship at the Washington University Program in Physical Therapy, Saint Louis, Missouri

- 2014-2021 Essential Clinical Skills I (PT 603)
- Laboratory Instructor
- 2014-2021 Diagnosis & Management of Musculoskeletal Conditions I (PT 614)
- Laboratory Instructor
- 2014-2021 Case Integration I (PT 608)
- Laboratory Instructor
- 2014-2021 Diagnosis and Evidence Analysis in Physical Therapy III (PT 650)/Case Integration III (PT 654)
- Advisor
- 2014-2021 Diagnosis & Management of Musculoskeletal Conditions III (PT 638)
- Laboratory Instructor
- 2014-2021 Essential Clinical Skills II (PT 627)
- Laboratory Instructor
- 2014-2021 Diagnosis & Management of Musculoskeletal Conditions II (PT 624)
- Laboratory Instructor
- 2014-2021 Kinesiology II (PT 613)
- Laboratory Instructor
- 2014-2021 Case Integration II (PT 642)
- Laboratory Instructor
- 2014-2021 Early Clinical Experience II
- Laboratory Instructor
- 2015-2018 Clinical Fellowship in Diagnosis and Management of Movement Impairment Syndromes
- Mentor
- 2019-2021 Professional Issues & Skills Development II
- Laboratory Instructor

Research

Research Support Past

03/2019-06/2021 Role: Treating therapist in the manual therapy group
Paris Patla Hip Pain Study
Sources: Paris Patla Musculoskeletal Grant from the Foundation for Physical Therapy Research, Washington University School of Medicine, the National Institutes of Health (NIH), the National Center for Advancing Translational Sciences (NCATS), and the National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)
PI: Marcie Harris-Hayes PT, DPT, MSCI

Research Support Present

04/2026-present Role: Treating therapist in the movement training group
Using personalized rehabilitation to reduce disease and increase activity of patients with polymyalgia rheumatica: a feasibility randomized clinical trial
Source: The Foundation for Barnes-Jewish Hospital/Clinical and Translational Research Funding Program
PI: Marcie Harris-Hayes PT, DPT, MSCI

Bibliography

Original, peer reviewed articles in referred journals

- 1) **DeMargel RD**, Steger-May K, Haroutounian S, Zorn P, Cheng A, Clohisy JC, Harris-Hayes M. Personal factors and baseline function in patients undergoing non-operative management for chronic hip-related groin pain: a cross-sectional study. *BMJ Open Sport Exerc Med*. 2023 Nov 3;9(4):e001685. doi: 10.1136/bmjsem-2023-001685. PMID: 37937305; PMCID: PMC10626773.
- 2) Harris-Hayes M, Zorn P, Steger-May K, Burgess MM, **DeMargel RD**, et al. Comparison of Joint Mobilization and Movement Pattern Training for Patients With Hip-Related Groin Pain: A Pilot Randomized Clinical Trial. *Phys Ther*. 2023;103(11):pzad111. doi:10.1093/ptj/pzad111

Case Reports

- 1) **DeMargel RD**, Holleran CL, Konrad JD, McGee PN, Ambler SB. Formative Assessment of Physical Examination Skills Within a Professional Physical Therapist Education Program to Promote the Development of the Master Adaptive Learner: A Case Study. *J Phys Ther Educ*. Published online June 10, 2025. doi:10.1097/JTE.0000000000000421

Abstracts

- 1) Harris-Hayes M, Zorn P, Steger-May K, Buss J, Burgess MM, **DeMargel RD**, Kuebler S, Clohisy JC, Haroutounian S. One year outcomes following rehabilitation

for chronic hip-related groin pain: ancillary analysis of a pilot randomized clinical trial. World Congress on Osteoarthritis (OARSI) 2023, Denver, CO.

- 2) Harris-Hayes M, Buss J, Zorn P, **DeMargel RD**, Clohisy JC, Cheng A, Steger-May K. Association of Personal Factors and One Year Rehabilitation Outcomes for Chronic Hip-Related Groin Pain. CSM 2024 Platform, Boston, MA.
- 3) Harris-Hayes M, Zorn P, Steger-May K, Buss J, Burgess MM, **DeMargel RD**, Clohisy JC, Haroutounian S. Patient Improvements Are Maintained One Year after Rehabilitation for Chronic Hip-Related Groin Pain: Pilot Trial CSM 2024 Platform, Boston, MA.