

Curriculum Vitae
Dale Thuet, PT, DPT, OCS
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Contact Information:

Phone: (314) 273-8431
Program in Physical Therapy
Washington University School of Medicine
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Present Position:

07/2022 – Present Assistant Professor in Physical Therapy and Orthopaedic Surgery
Washington University School of Medicine, St. Louis, Missouri Program
in Physical Therapy. Clinician Track.

07/2022 – Present Coordinator, Orthopaedic Residency in Physical Therapy Washington
University School of Medicine, St. Louis, Missouri Program in Physical
Therapy

Education:

Undergraduate
8/2000-12/2004 **Bachelor of Science in Business Administration**
University of Missouri-Columbia. Columbia, MO

Graduate
8/2006-5/2009 **Doctor of Physical Therapy**
Washington University School of Medicine. St. Louis, MO

Academic and Promotion History:

07/2022 – Present Assistant Professor
Physical Therapy and Orthopaedic Surgery
Washington University School of Medicine, St. Louis, Missouri

Employment History:

2007 – 2008 **Research Assistant.** Washington University School of Medicine, Program
in Physical Therapy. St. Louis, MO

2009 – 2010 **Physical Therapist.** St. John's Mercy Medical Center. Washington, MO

2010 – 2012 **Physical Therapist.** Collinsville Physical Therapy & Wellness.
Collinsville, IL

2012 – 2015	Physical Therapist. Missouri Baptist Medical Center. St. Louis, MO
2015 – 2018	Facility Manager/Physical Therapist. Athletico Physical Therapy. Fairview Heights, IL
2019 – 2022	Clinic Associate/Physical Therapist. Washington University School of Medicine, Program in Physical Therapy. St. Louis, MO

Professional Licensure:

Licenses

2009 – Present	State Board of Registration for the Healing Arts of Missouri, Physical Therapy License No. 2009022075
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Certifications

2010	Graston Technique
2012	Board Certified Specialist in Orthopedic Physical Therapy American Board of Physical Therapy Specialties (Recertified 2023)
2021	APTA Credentialed Clinical Instructor - Level 1
2023	Learner Assessment for Program Leaders – Washington University School of Medicine
2026	Functional Dry Needling - Level 1

Honors & Awards:

05/2026	Faculty Graduation Speaker, Class of 2026, Program in Physical Therapy, Washington University School of Medicine (2026)
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Community Service Contributions:

Washington University in St Louis School of Medicine Committee and Administrative Service

1/2023 - Present	Member; Education Division Committee
2023 – Present	Member, WUSM Interprofessional Pro Bono Team; Attending
2023 – Present	Participant, WUSM Health Fair

Program in Physical Therapy

2023 – Present	Small Group Leader, DPT Preview Day
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Community Outreach & Volunteer Service:

2006 – 2013	Physical Therapy Pro Bono Services at Washington University Co-Director 2007-2008; Volunteer – 2006–2013
2009 – 2012	Fox Park Neighborhood Association – Assistant Treasurer
2009 – 2013	Big Brothers Big Sisters of St. Louis
2012	Volunteer Physical Therapist Hearts in Motion. Zacapa, Guatemala
2013 – 2014	Fox Park Neighborhood Association – President

06/2014	“Physical Therapy and Total Joint Rehabilitation.” Community lecture. St. Louis, MO.
02/2015	“Fall Prevention Strategies.” Community lecture. St. Louis, MO.
09/2019	“Dizziness and Balance: Common Conditions and Treatments.” Community lecture. O’Fallon, MO
10/2019	PT Day of Service. Library beautification and community service event. St. Louis, MO.
11/2019	“Concussion Evaluation and Treatment.” Educational outreach event. Vashon High School. St. Louis, MO.
2019 – Present	Pedal The Cause - Lifetime money raised \$13,303 (Yellow Jersey Award 2019, King of the Mountain Award 2021)
2019 – Present	Big River Running START 5k
2023 – Present	Washington University Cross country participant screening
2024 – Present	Greater St. Louis Go! Marathon Volunteer post-race participant stretching

National Panels, Committees, Boards

10/2024 – 1/2025	Member, APTA Task force for DPT to Residency Accelerated Pathway
02/2026 – Present	Member, APTA Orthopedic Education Committee Workgroup, Residency

Membership in Professional Societies:

2006 – Present	American Physical Therapy Association (APTA)
2009 – Present	APTA Orthopedics Special Interest Group – Residency and Fellowship APTA Education Special Interest Group – Residency and Fellowship
2013 – 2016	Treasurer, Eastern District Missouri Physical Therapy Association
2023 – Present	Site Reviewer, American Board of Physical Therapy Residencies and Fellowships (ABPTRFE)

Teaching

Major External Invited Presentations

03/2013	“Taping Techniques for the Upper Extremity.” Missouri Baptist Medical Center. St. Louis, MO.
02/2014	“Upper Extremity Diagnosis and Treatment.” Missouri Baptist Medical Center. St. Louis, MO.
06/2021	“Movement System Approach to the Evaluation and Treatment of the Injured Runner.” Movement System Impairment: Advanced Course for the Lower Quarter, Washington University School of Medicine. St. Louis, MO.

Washington University Presentations & Lectures

- 04/2022** “Treatment of Chronic Uncompensated Unilateral Vestibular Loss: A Return-to-Work Focus.” Research Seminar, Program in Physical Therapy, Washington University School of Medicine. St. Louis, MO.
- 05/2022** “Evaluation and Treatment of Symptom Recurrence Following Bilateral Popliteal Artery Release: A Case Study.” Clinical Rounds, Program in Physical Therapy, Washington University School of Medicine. St. Louis, MO.
- 10/2023** “Empowering Bedside Teaching: Integrating Diversity, Equity, Inclusion & Evidence-Based Medicine.” Education Day, Academy of Educators, Washington University School of Medicine. St. Louis, MO.
- 07/2024** “Cervicogenic Headache: Evaluation and Treatment.” Clinical Rounds, Program in Physical Therapy, Washington University School of Medicine. St. Louis, MO.

Courses

Professional Clinical Doctorate (DPT) Program. *Washington University School of Medicine.*

Previous Teaching Roles

Diagnosis & Management of Musculoskeletal Conditions I (PT 614)

Laboratory Instructor. Upper quarter musculoskeletal examination and treatment skills; later clinical reasoning and movement-based evaluation of the upper quarter.

08/2011 – 12/2016; 01/2019 – 05/2021

Kinesiology II (PT 613)

Laboratory Instructor. Guided students through biomechanical analysis, goniometry, and clinical integration of movement science.

01/2011 – 05/2016

Essential Clinical Skills I (PT 603)

Laboratory Instructor. Foundational instruction in manual muscle testing, palpation, and patient examination skills; later psychomotor skill development for DPT learners.

08/2011 – 12/2016; 08/2019 – 12/2021

Essential Clinical Skills II (PT 627)

Lecturer (Modalities); Laboratory Instructor. Delivered didactic content on electrotherapeutic modalities and supervised lab instruction.

01/2019 – 05/2021

Case Integration I–III (PT 628, PT 642, PT 654)

Small Group Advisor; Laboratory Instructor. Facilitated case-based reasoning, evidence integration, and manipulation lab instruction.

01/2019 – 01/2023

Diagnosis & Management of Musculoskeletal Conditions II (PT 624)

Laboratory Instructor. Provided clinical instruction on lower quarter examination and treatment.
01/2020 – 05/2021

Current Instructional Responsibilities -Competency-Based Education)

Module 4B: Movement and Precision Health

Laboratory Instructor. Facilitated foundational movement analysis and examination skills.
01/2022 – 1/2024
Cohort size: 74–96

Module 5: Prevention, Diagnosis, and Management of Movement Problems

Lecturer; Laboratory Instructor; Coordinator (Orthopedic Medicine). Delivered content on modalities, tissue impairment, fracture management, and joint disorders.
08/2022 – Present
Cohort size: 74–96

Module 6: Prevention, Diagnosis, and Management of Movement Problems

Musculoskeletal Thread Co-Lead; Lecturer; Coordinator (Orthopedic Medicine). Delivered content on manual therapy, direct current modalities, concussion, and wound care.
08/2022 – Present
Cohort size: 74–96

Module 7: Practice and Movement

Lead – Advanced Orthopedic Topics; Coordinator – Interprofessional Clinical Experience Mentorship; Lecturer. Coordinated and delivered advanced orthopedic clinical practice topics.
01/2023 – Present
Cohort size: varies

Module 8: Practice, Health & Equity

Advisor – Final Project (Educational Session).
01/2023 – Present
Cohort size: 1–2

Clinician, Scholar, Educator – Phase 3

Lead – Orthopedic Topics; facilitated DPT learner project development and journal club facilitation.
08/2023 – Present
Cohort size: varies

Post Professional Programs

Orthopedic Physical Therapy Residency Program

Washington University School of Medicine, Program in Physical Therapy
08/2022 – Present

- **Program Development and Leadership.** Designed residency curriculum framework based on ABPTRFE competencies and practice domains; led initial accreditation process and implemented continuous quality improvement strategies.
- **Curriculum Lead.** Developed and delivered advanced didactic content in orthopedic physical therapy, including hip, concussion, scapular conditions, foot and ankle, cervical spine, cervicogenic headache, and manual therapy.
- **Mentorship Program Development and Clinical Mentorship.** Developed and refined the residency clinical mentorship program; oversee ongoing program updates and mentor evaluation processes. Serve as clinical mentor, facilitating resident development in clinical reasoning, patient management, and decision-making.
- **Assessment and Evaluation.** Created competency-based evaluation tools to assess resident clinical performance and reasoning.
- **Program Administration and Recruitment.** Lead annual recruitment and manage program outcomes reporting for accreditation.
- **Faculty Development.** Recruited and onboarded faculty mentors and specialty content experts.

Curriculum Development

Professional Clinical Doctorate (DPT) Curriculum

Washington University School of Medicine, Program in Physical Therapy

08/2022 – Present

- **Orthopedic Lens Lead (Phase 2–3 Curriculum).** Directed development and integration of advanced orthopedic content across the curriculum, aligning didactic and clinical reasoning components. Led learner-driven scholarly projects culminating in poster presentations or expert-led podcast interviews.
- Developed performance-based assessments and Objective Structured Clinical Examinations (OSCEs) for Modules 5–7.
- Designed and led interdisciplinary integration labs across musculoskeletal and neurologic systems.
- Coordinated orthopedic physician guest lectures across Phase 3 to align clinical reasoning with didactic content.
- Created assessment blueprints and practical rubrics for orthopedic medicine in-class and practical evaluations.
- Redesigned and delivered concussion curriculum as a two-lecture sequence for second-year DPT students, integrating diagnostic reasoning, clinical profile subtyping, and evidence-based management frameworks across vestibular, cervical, and exertional domains.
- Designed advanced session on cervicogenic headache emphasizing differential diagnosis and movement system-based intervention.
- Developed advanced strength training course focused on exercise prescription, biomechanics, and return-to-performance programming.
- Created running and prosthetic rehabilitation module incorporating gait analysis and clinical decision-making for individuals with limb loss.
- Developed and implemented an in-session active learning exercise for second-year DPT learners using a complex post-operative ACL reconstruction case to facilitate clinical

reasoning across tissue identification, examination sequencing, and evidence-based progression criteria.

- Developed an integrative near-peer instruction and active learning session for the advanced orthopedic elective curriculum within the interprofessional pro bono clinic.

Mentorship Record

Residency Mentorship

Name	Years	Role	Mentorship Focus / Project	Outcomes
Mitchell Powell, DPT	09/2023–08/2024	Residency Director & Primary Mentor	Development of resident-led clinical pathways	Hired as Clinical Associate at Washington University. Developed “ <i>Cervicogenic Headache</i> ” lecture for use in DPT curriculum.
Cameron Swick, DPT	09/2024–08/2025	Residency Director & Primary Mentor	Scholarly and teaching development	Hired as Clinical Associate at Washington University. Co-authored abstract accepted to APTA Combined Sections Meeting 2026; and APTA Annual Conference 2026
Patrick McNickle, DPT	09/2025–08/2026	Residency Director & Primary Mentor	Ongoing residency training	Anticipated program completion August 2026
Anna Watts, DPT	09/2025–08/2026	Residency Director & Primary Mentor	Ongoing residency training	Hired as Clinical Associate at Washington University. Anticipated program completion August 2026

DPT Coach

Cohort	Years	Role	Mentees	Coaching Focus	Outcomes
PT25	2023–2025	DPT Program Coach	Molly Croessmann; Morgan Flecke; Shreya Kulkarni; Parker Seachrist; Abbey Thier	Master Adaptive Learner: Habits, Integration, & Professional Identity	Graduated
PT26	2024–2026	DPT Program Coach	Samuel Abraham; Elizabeth Brinkley Pateta; Rachel Held; Kennedy Phillips; Seungho You	Master Adaptive Learner: Habits, Integration, & Professional Identity	Graduated
PT28	2025–2028	DPT Program Coach	Daniel Becker; Mary Beth Llewellyn; Cailin Ogg;	Master Adaptive Learner: Habits, Integration, & Professional Identity	Ongoing

Cohort	Years	Role	Mentees	Coaching Focus	Outcomes
			Savanah Robinson; Alex Wang		

Professional Development

- 2022 *Course Design Institute* – Center for Teaching and Learning, Washington University in St. Louis. Focused on instructional design and alignment of learning outcomes, assessments, and teaching strategies.
- 2022 *Successful Mentorship for Residency and Fellowship Education* – APTA Credentialed Course
- 2023 *Learner Assessment for Program Leaders* – Academy of Educators, Washington University School of Medicine. 6-month longitudinal course focused on competency-based evaluation and feedback design.
- 2023 *ABPTRFE Onsite Reviewer Training Modules* – American Board of Physical Therapy Residencies and Fellowships. Completed required modules for participation in national site reviews.
- 2024 *Education Day* - Washington University School of Medicine
- 2025 *Leading Effectively in Times of Transformation* - Washington University School of Medicine
- 2025 *Coachability Mindset for Leaders: Elevating Excellence* - Washington University School of Medicine
- 2025 *Creating a Leadership Pipeline: Elevating Excellence* - Washington University School of Medicine
- 2025 *Education Day* - Washington University School of Medicine
- 2025 *Academy of Educators: Speed Mentoring/ Networking* - Washington University School of Medicine
- 2025 *Academy of Educators: Signature Active Learning Pedagogies (LACE & TBL)* - Washington University School of Medicine

Bibliography

Abstracts

- 1) **Thuet D**, Lin S. *DPT Formative Assessment: Evolution Over Time*. Education Day, Washington University School of Medicine. St. Louis, MO. March 2024.
- 2) **Thuet D**, Son S, Skala A, Crumley M, Tylka S. *From Novice to Clinical Preceptor: A Longitudinal, Integrated Pro Bono Experience in Physical Therapy Education*. APTA Combine Sections Meeting, 2026, Anaheim, CA.
- 3) Swick C, Gisher A, **Thuet D**. *Rehabilitation of ACL Reconstruction in Patient with Osteogenesis Imperfecta*. APTA Combined Sections Meeting 2026.
- 4) Swick C, **Thuet D**. *Applied Biomechanics*. APTA MO Annual Conference 2026.

Book Chapters

- 1) **Thuet D**, Hynes K, McCormick J, Thome A, Zellers JA. *Foot and Ankle Rehabilitation*. Book chapter submitted for consideration. (Status: Under editorial review)

Audiovisual/Media

- 1) **Thuet D**, Hill C. “Unscrubbed.” Podcast guest. October 2022.
- 2) **Thuet D**. “Moving Forward.” Podcast guest. March 31, 2023.