

Corey B Woldenberg, PT, DPT, DHSc

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Contact Information

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Present Position

3/2023-present Assistant Professor of Physical Therapy
Assistant Professor of Orthopaedic Surgery
Clinician Track
WashU Medicine

Education

Undergraduate

2003-2007 University of Kentucky
Bachelor of Science (BS), Psychology, *Magna cum Laude*

Graduate

2007-2010 Washington University in St. Louis
Doctor of Physical Therapy (DPT)

2021-2024 Radford University Carilion
Doctor of Health Sciences (DHSc), Education Concentration
Capstone: *The Impact of Clinical Education on Student Physical Therapists' Attitudes, Beliefs, and Knowledge of Chronic Pain* (Advisor: Kevin Chui)

Academic Rank and Promotion History

1/2016-12/2019 Adjunct Faculty
Physical Therapy Program
University of the Sciences, Philadelphia, PA

1/2020-12/2022 Assistant Professor, Assistant/Co-Director of Clinical Education
Physical Therapy Program, Murphy Deming College of Health Sciences
Mary Baldwin University, Fishersville, VA

3/2023-present Assistant Professor of Physical Therapy & Orthopaedic Surgery
Program in Physical Therapy

Employment History

- 2010-2013 Advanced Clinician I-Physical Therapist, Thomas Jefferson University Hospital, Philadelphia, PA
- Rotations with acute cardiac, medical-surgical, oncology, orthopedic and neurological populations as well as the hospital-based outpatient clinic.
- 2013-2014 Physical Therapist, NovaCare Rehabilitation, Philadelphia, PA
- Outpatient orthopedic setting. Revitalized and instructed the clinic's aquatic program.
- 2012-2019 Physical Therapist, Pegasus Therapeutic Riding Academy, Philadelphia, PA
- Conduct physical therapy evaluations for this non-profit therapeutic riding program. Regularly communicated with non-clinical staff to promote safety and maximal therapeutic benefit.
- 2015-2019 Advanced Clinician I - Physical Therapist, Good Shepherd Penn Partners, Philadelphia, PA
- Outpatient orthopedic setting. Specialization in chronic pain, medically complex deconditioning, and connective tissue disorders. Spearheaded development of treatment guidelines for patients with hypermobility disorders.
- 2020-2022 Assistant Professor, Assistant/Co-Director of Clinical Education, Physical Therapy Program, Murphy Deming College of Health Sciences, Mary Baldwin University, Fishersville, VA
- Core faculty member with teaching, research, clinical education, and administrative responsibilities.

Present Clinical Title and Responsibilities

- 2023-present Physical Therapist, WashU Physical Therapy, Pain Management Clinic, Center for Advanced Medicine, St. Louis, MO
- Ambulatory pain management clinic working within a specialized interdisciplinary team to care for individuals with chronic pain conditions. Extensive use of Pain Neuroscience Education, Graded Motor Imagery, and other pain-targeting interventions.

University, School of Medicine and Hospital Appointments

- 2023-present Assistant Professor of Physical Therapy
Assistant Professor of Orthopaedic Surgery
Program in Physical Therapy
WashU Medicine, St. Louis, MO

Professional Licensures and Certifications

- 2010-2020 Pennsylvania State Board of Physical Therapy, PT020807
- 2020-2022 Virginia Department of Health Professions, Physical Therapist, 2305213246
- 2022-present Missouri Board of the Healing Arts, Physical Therapist, 2022046622

Editorial and Review Responsibilities

Ad Hoc Manuscript Reviews

10/2025-present	Headache: The Journal of Head and Face Pain
2/2026-present	PAIN Reports
4/2026-present	Clinical Journal of Pain

Abstract Review for National and International Meetings

12/2024-1/2025	US Association for the Study of Pain 2025 Annual Scientific Meeting, Abstract Review
4/2025-5/2025	APTA Combined Sections Meeting 2026, Education Section, Session Review

Certifications

2007-present	CPR, First Aid and AED Certified
2015-present	American Physical Therapy Association, Credentialed Clinical Instructor

Community Service Contributions

WashU Medicine Committee and Administrative Service:

3/2023 – Ongoing	Member, Clinical Education Team, Program in Physical Therapy
5/2023 – 2025	Member, DEIB Committee, Program in Physical Therapy
7/2023 – Ongoing	Reviewer, Deusinger, Donahue, Eastman, and Steven J. Rose Scholarship, Program in Physical Therapy
8/2023 – Ongoing	Member, Admissions Committee, Program in Physical Therapy
6/2024 – Ongoing	Member, Competency Attainment Committee, Program in Physical Therapy
6/2024 – Ongoing	Member, Education Committee, Program in Physical Therapy
7/2024 – Ongoing	Member, Faculty Rights Committee, Executive Committee of the Faculty Council
1/2026-3/2026	Member, Search Committee – Clinical Education Position, Program in Physical Therapy

Leadership Positions

6/2023 – Ongoing	Project lead, C/S/E: Educational Session Project, Program in Physical Therapy. Coordinating an average of 15-20 learner/advisor pairings each year for the completion of this 5 th semester project.
7/2023 – Ongoing	Coordinator, Combined Hats Meeting, Program in Physical Therapy. Coordinator of this 5 th semester culminating event where learners present their final projects in a week-long conference-style event modeled after APTA CSM.
8/2023 – Ongoing	Co-Lead, Pain Thread, Program in Physical Therapy.
6/2024 – Ongoing	Lead, Moderators of Movement Thread, Program in Physical Therapy.
6/2024 – Ongoing	Lead, Module 2, Program in Physical Therapy.
6/2024 – Ongoing	Lead, Module 7, Program in Physical Therapy.

Other University Committee and Administrative Service:

Murphy Deming College of Health Sciences (MDCHS), Mary Baldwin University (MBU)

1/2020-12/2022	MDCHS, Physical Therapy Program, Assistant/Co-Director of Clinical Education, • Assistant DCE 1/2020-8/2022, co-DCE 8/2022-12/2022 while being sole "co-DCE" 8/2022-9/2022, then training two new co-DCE 9/2022-12/2022 while also continuing
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to fill the role of DCE. Also responsible for training new administrative assistant
10/2022-12/2022.

- 1/2020-12/2022 MDCHS, Physical Therapy Program, Admissions Committee
- 6/2020-12/2022 MDCHS, Physical Therapy Program, Administrative Transition Lead for a variety of clinical education platforms/processes
 - Rotation management platform – “Exxat”, 6/2020-11/2020
 - Student engagement platform– “Yellowdig”, 1/2021-8/2021
 - Onboarding requirements platform – “Exxat Approve”, 5/2022-12/2022
 - Background check/drug screen process – “Universal”, 5/2022-12/2022
- 1/2021-12/2022 MDCHS Allies, DEI Commission, founding member
- 1/2021-12/2022 MDCHS, Physical Therapy Program, CAPTE Self-Study Team
- 1/2021-12/2022 MBU Administrative Hearing Board
- 5/2021-7/2022 MDCHS Academic Actions Committee

Community Outreach & Volunteer Service:

- 2017-2019 Volunteer, Morris Animal Refuge
- 10/2023 Exhibitor on behalf of WashU Physical Therapy Clinics, Public Health at WashU Annual Conference
- 2/2024 Exhibitor on behalf of WashU Physical Therapy Program DEIB Committee, WashU Office of Diversity Programs Health Professions Fair
- 4/2024 Presenter, “Physical therapy: Movement experts”, WashU Center for Career Engagement, St. Louis, MO, Career Coaches
- 10/2024 United Way Service2Go Event, assembling “pocket buddies” for local community children
- 4/2025 Guest presenter, “Get Moving”, Pain Rehabilitation through Improved Self Management (PRISM) program hosted by the WashU Pain Center
- 5/2025 Interview, “Chronic Pain”, The Journal Club Podcast with Dr. Jess Garland
- 12/2025-present Cookie Manager/Assistant Troop Lead, Girl Scouts of America, Troop 1314
- 1/7/2026 Interview, “[Doctor’s Note: What drives pain beyond injury? St. Louis doctors offer insight](#)”, Ladue News
- 1/9/2026 Interview, “[Untangling chronic pain: Inside WashU Medicine’s holistic approach](#)”, St. Louis Magazine

Membership in Professional Societies:

- 2019-present American Physical Therapy Association (APTA)
 - 2019-present, Education section
 - 2023-present, Orthopedic section
 - Pain Special Interest Group/Community
- 2020-present American Council of Academic Physical Therapy (ACAPT)
 - 2019-2023, Diversity, Equity & Inclusion Consortium
 - 2020-2023, Consortium for the Humanities, Ethics and Professionalism
- 2023-present International Association for the Study of Pain (IASP)
- 2024-present U.S. Association for the Study of Pain (USASP)

National Panels, Committees, Boards

APTA, Virginia Chapter, Diversity and Inclusion Subcommittee

- 6/2021-12/2022 Lead, Content Production Team, APTA VA Diversity and Inclusion Subcommittee,

- Leading a team of 3 in the production and dissemination of content on a variety of platforms that support the work of the Diversity and Inclusion Subcommittee.

APTA Orthopedics

- 11/2023-12/2023 Panelist, Pain EPA Reactor Panel
- Providing subject matter expertise and feedback to development of pain-specific EPAs for dissemination at conferences and publications
- 8/2025 Panelist, Pain Script Concordance Testing Clinician Panel
- Providing subject matter expertise and feedback to development of pain script concordance tests being developed by Tuft University and promoted by APTA Orthopedics Pain Special Interest Group. Led by Craig Wassinger, Wil Kolb, Jeb Helms, Brian Eckenrode, Sarah Gililland, et al.
- 3/2026-2/2028 Vice Chair, Pain Special Interest Group/Community of APTA Orthopedics

United States Association for the Study of Pain

- 8/2024-8/2027 Member, Education and Professional Development Committee, Certificate Program Taskforce
- Participating in the development and implementation of professional development content by the USASP.
 - Core member of taskforce developing concept and curriculum for new pain specialist certificate program to be offered by the USASP.
- 7/2025-7/2027 Co-Chair, Pain, Movement, & Rehabilitation Science Special Interest Group

International Committee and Administrative Service:

International Association for the Study of Pain

- 12/2024-10/2026 Member, IASP Digital Strategy and Content Working Group
- Provide oversight and direction with respect to the development, curation, and accuracy of content on IASP digital platforms including the IASP website, Facebook, Twitter, LinkedIn, and other engagement channels.
 - Work with IASP staff, committees, SIGs and working groups to publish new pain-related content, enhance digital presence, and recommend digital strategies.

Teaching

Major External Invited Presentations, including Professorships and Lectures

- 2/2013 “Somatoform disorders: Treatment in the physical therapy setting”, JeffFIT Outpatient Rehabilitation, Philadelphia, PA
- 6/2016 “Treatment of Ehlers-Danlos Syndrome”, Penn Therapy & Fitness Rittenhouse, Philadelphia, PA
- 11/2016 “What do you need to know to treat a patient with POTS?”, Penn Therapy & Fitness at Rittenhouse, Philadelphia, PA
- 1/2017 “Team approaches for management of Ehlers-Danlos Syndrome”, Penn Pain Medicine Center, interdisciplinary case conference, Philadelphia, PA
- 11/2017 “Are we missing hypermobility in our patients?” American College of Rheumatology Annual Meeting 2017, San Diego, CA
- 2/2018 “Dealing with chronic pain”, Good Shepherd Penn Partners, Philadelphia, PA
- 3/2018 “Optimizing function with Ehlers-Danlos Syndrome”, GeneFo, web-based presentation

10/2018	“Don’t overextend: Physical therapy approaches for hypermobility”. American College of Rheumatology Annual Meeting 2018, Chicago, IL
4/2021	“Pearls of Wisdom for Successful Student Experiences”, University of Virginia PT Department, Charlottesville, VA
9/2023	“Clinical Rounds: Pain Mechanisms and Strategies for Success: Part 1”, WashU Medicine Physical Therapy - CWE @4240, St. Louis, MO
10/2023	“Clinical Rounds: Pain Mechanisms and Strategies for Success: Part 1”, WashU Medicine Physical Therapy - O’Fallon, O’Fallon, MO
10/2023	“Assistive Devices: Safe Fitting and Use”, Goldfarb School of Nursing at Barnes-Jewish College, St. Louis, MO
11/2023	“Clinical Rounds: Pain Mechanisms and Strategies for Success: Part 2”, WashU Medicine Physical Therapy - O’Fallon, O’Fallon, MO
4/2024	“Noci-what? Exploring the Mechanism-Based Classification of Pain and Its Use in Determining Diagnosis and Plan of Care”. APTA Missouri Spring Conference, St. Louis, MO
12/2024	“Clinical Rounds: Pain Pressure Threshold Testing – Practical Application”. WashU Medicine Physical Therapy – CWE @4240, St. Louis, MO
1/2025	“Pain Education for the Acute Care Clinician”. Barnes Jewish Hospital, Acute Care Rehabilitation Department, St. Louis, MO
2/2025	“Clinical Rounds: Pain Pressure Threshold Testing – Practical Application”. WashU Medicine Physical Therapy – 4444 & O’Fallon, MO
2/2025	“Fostering Inclusive Clinical Education for Physical Therapy Students.” APTA Combined Sections Meeting 2025, Houston, TX
8/2025	“[Clinical Rounds]: Strategies for Complex Pain Management in Physical Therapy”, WashU Medicine Physical Therapy Research Seminar, St. Louis, MO
10/2025	“Engagement, Advocacy, and Lifelong Learning: The Combined Hats Meeting as a Dynamic Capstone Experience” ACAPT ELC 2025, Kansas City, MO
10/2025	“Innovating Pain Education: Navigating Curricular Approaches and Best Practices in DPT Programs” ACAPT ELC 2025, Kansas City, MO
11/2026	“Equity in Action: Fostering Inclusive Clinical Education” Three Rivers Consortium CEU Event, online event

WashU Presentations & Lectures

WashU Medicine, Psychiatry Residency

5/2026 – Ongoing “Interdisciplinary Care for Chronic Pain: Pain Psychology and Physical Therapy”, In-person annual session as part of PGY3 for psychiatry residents. Collaborative interdisciplinary session with Sarah Buday, PhD.

WashU Medicine, MD Program, Gateway Curriculum

10/2024 – Ongoing “Biopsychosocial Aspects of Pain and Pain Management”, In-person annual session as part of Module 7 of WashU Medical School Gateway Curriculum. This is an interdisciplinary session that includes contributions from MD, Pharmacy, Pain Psychology and Physical Therapy. Session is case-based and focused on CRPS.

WashU Medicine, Physical Therapy Residencies in Women’s Health and Orthopaedics

- 3/2024 – Ongoing “Pain Mechanisms & Strategies for Success: Part 1”. Session on pain mechanism differential diagnosis for physical therapy residents as part of standard residency curriculum.
- 3/2024 – Ongoing “Pain Mechanisms & Strategies for Success: Interventions”. Session on interventions for pain based on mechanism classification for physical therapy residents as part of standard residency curriculum.

Courses

WashU Medicine, Physical Therapy Program, cohort size: ~90 students

- 1/2023 – 5/2025 Coordinator, Module 4b, pathophysiology guest lecture series
- 2/2023 – Ongoing Lecturer, Module 4b, pathophysiology lecture series
- 2/2023 – Ongoing Facilitator, Module 8, reassessment rounds
- 4/2023 – Ongoing Lecturer, Module 6, pain, intervention
- 6/2023 – Ongoing Module Team, Module 7 & 8
- 8/2023 – 12/2023 Lab Assistant, Module 4a, musculoskeletal labs
- 8/2023 – Ongoing Thread Co-Lead, Pain Thread
- 11/2023 – Ongoing Lecturer, Module 4a, ethics & equity
- 2/2024 – Ongoing Lecturer, Module 7, pain, dysautonomia
- 5/2024 – Ongoing Facilitator, Module 6, ethics
- 6/2024 – Ongoing Thread Lead, Moderators of Movement Thread
- 6/2024 – Ongoing Module Lead, Module 2
- 6/2024 – Ongoing Module Lead, Module 7
- 7/2024 – Ongoing Lecturer, Module 5, pain, ethics & equity
- 8/2024 – Ongoing Lecturer, Module 1, ethics
- 9/2024 – Ongoing Lecturer, Module 2, pain, clinical decision-making
- 3/2026 – Ongoing Lab Assistant, Module 6, musculoskeletal labs

Mary Baldwin University, Physical Therapy Program, cohort size: ~35 students

- 1/2020 – 5/2020 Musculoskeletal Management I. Spring semester
- 1/2020 – 5/2020 Clinical Seminar III, small group lead. Spring semester
- 1/2020 – 5/2022 Therapeutic Agents. Spring semester
- 1/2020 – 12/2022 Clinical Seminar I, small group lead. Spring semester
- 5/2020 – 12/2022 Professional Issues I. Summer semester
- 8/2020 – 12/2021 Special Topics & Special Adult Populations. Fall semester
- 8/2020 – 12/2022 Professional Issues II. Fall semester
- 1/2021 – 5/2022 Topics in Healthcare. Spring semester
- 5/2021 – 6/2022 Clinical Education I. Summer semester
- 6/2021 – 7/2022 Clinical Education II. Summer semester
- 8/2022 – 10/2022 Clinical Education III. Fall semester
- 8/2022 – 12/2022 Clinical Seminar II, small group lead. Fall semester

University of the Sciences, Physical Therapy Program, cohort size: ~50 students

- 1/2016 – 5/2019 Musculoskeletal II. Spring semester. Lab Assistant
- 8/2016 – 12/2019 Musculoskeletal I. Fall semester. Lab Assistant
- 8/2019 – 12/2019 Physical Therapy Examination. Fall Semester. Lab Assistant

Curriculum Development

Mary Baldwin University, Physical Therapy Program

- 1/2020 – 12/2022 Graduate Students - Physical Therapy Program, ~35 students per cohort, Spearheaded efforts to increase and thread diversity, equity, and inclusion content in Mary Baldwin University's DPT Program curriculum.
- 1/2020 – 12/2022 Graduate Students - Physical Therapy Program, ~35 learners per cohort, Spearheaded efforts to increase and thread pain education content in Mary Baldwin University's DPT Program curriculum.

WashU Medicine, Physical Therapy Program

- 6/2023 – 5/2025 Build Team, Module 7/8 for curriculum renewal. Conceptualization, implementation, and iterative adjustment of the 5th semester of the renewed curriculum. Concept development of CHM, a week-long final project presentation conference including creation of pitch deck, conference name, concept development of the six final projects, room reservation, schedule planning, recruitment and assignment of room moderators, and creation of the marketing catalog. 80-90 learners per cohort

Mentorship & Sponsorship Record

Served as **faculty research mentor and/or sponsor** for:

- a) Undergraduate Students
- b) Medical Students
 - a. 4th year MD students in the Keystone-Integrated Science Course: M81 740 Science, Medicine and Societal Effects of Pain rotation. Outcome: Provided in-clinic shadowing opportunities for 2-4 students each year. The objective of this learning experience is for learners to better understand the role of physical therapists in pain management for chronic and complex pain conditions.
- c) Residents
 - a. Residents in the WashU Women's Health and Orthopedics PT Residency Program - mentored in the clinic specific to chronic pain management, pain neuroscience education, graded motor imagery, and other pain-targeted interventions. Outcome of Relationship: Successful shadowing and support in clinic to improve quality of patient care specific to pain.
- d) Fellows
- e) Graduate Students
 - a. Five (5) SPT students at Mary Baldwin University Physical Therapy Program, in development of Doctoral Project research project 8/2021-4/2023. Outcome of Relationship: "Clinical experience and changes in doctoral physical therapy students' knowledge and confidence in treating patients with chronic pain" presented at Mary Baldwin University/Murphy Deming College of Health Sciences Research Poster Symposium. May 2023.
 - b. Three (3) SPT students at Mary Baldwin University Physical Therapy Program, in development of Doctoral Project research project 8/2020-5/2022. Outcome of Relationship: "Burnout amongst physical therapy clinicians". APTA Combined Sections Meeting, February 2022.
 - c. Erinn Ensor, SPT, 3/2024-5/2024, M7/M8 final doctoral project advising – educational session, Outcome of Relationship: "Tears, Tantrums, and Therapy: Strategies for Managing Difficult Behaviors in Pediatric Patients", presented at WashU PT CHM 2024.
 - d. Camille Grace, SPT, 3/2024-5/2024, M7/M8 final doctoral project advising – educational session, Outcome of Relationship: "Relative Energy Deficiency in Sport and The Female Athlete Triad", presented at WashU PT CHM 2024.

- e. Sophie Bandera, SPT, 3/2025-5/2025, M7/M8 final doctoral project advising – educational session, Outcome of Relationship: “Less Pain, More Play: Physical Therapy for Pediatric Chronic Pain”, presented at WashU PT CHM 2025.
- f. Emory Perlman, SPT, 3/2025-5/2025, M7/M8 final doctoral project advising – educational session, Outcome of Relationship: “Finding Balance: Mastering Vestibular Interventions”, presented at WashU PT CHM 2025.
- g. Jay Jiang, SPT, 1/2026-5/2026, M7/M8 final doctoral project advising – educational session, Outcome of Relationship: “Classification of Low Back Pain and Treatment with Emphasis on Chronic Low Back Pain”, presented at WashU PT CHM 2026.
- h. Caitlin Behr, SPT, 1/2026-5/2026, M7/M8 final doctoral project advising – educational session, Outcome of Relationship: “Numbers, Not Guesswork: Force Plates in ACL Return-to-Sport Testing”, presented at WashU PT CHM 2026.
- i. Sophie McSpedon, SPT, 1/2026-5/2026, M7/M8 final doctoral project advising – educational session, Outcome of Relationship: “DMI: Evidence and Ethics in Pediatric Practice”, presented at WashU PT CHM 2026.
- f) Postdoctoral Fellows
- g) Other Learners
- h) Junior Faculty
 - a. Ammar Mahmood, PhD. Trained/facilitated for coordination of M4B pathophysiology lecture series during AY 24-25. Outcome of relationship: successful hand-off of pathophysiology lecture series content for AY 25-26.

Bibliography

Abstracts

- 1) Bendit C, Blackburn N, Canova Z, Khan M, Zhong V, **Woldenberg C**. “Clinical experience and changes in doctoral physical therapy students’ knowledge and confidence in treating patients with chronic pain”. Research poster. Mary Baldwin University/Murphy Deming College of Health Sciences Research Poster Symposium, Fishersville, VA. May 2023.
- 2) Johnson A, Schill J, Taylor B, **Woldenberg C**, Shoaf L. “Burnout amongst physical therapy clinicians”. Research poster. APTA Combined Sections Meeting, San Antonio, TX. February 2022.
- 3) **Woldenberg C**. “The Impact of Clinical Education on Students’ Attitudes, Beliefs, and Knowledge of Chronic Pain”. Research poster. APTA Combined Sections Meeting, Houston, TX. February 2025.
- 4) **Woldenberg C**, Martin S, Helms J. “From Accreditation to Application: Pain Curriculum Features Associated with Perceived CAPTE Preparedness and Clinical Practice”. Research poster. ACAPT Education Leadership Conference 2026. Washington DC. *October 2026*
- 5) DeMargel B, **Woldenberg C**. “Student-Led Interprofessional Encounters to Improve Medical Student Understanding of Physical Therapy and Referral Practices”. Research poster. ACAPT Education Leadership Conference 2026. Washington DC. *October 2026*