

# CURRICULUM VITAE

PATRICIA NAVARRO MCGEE, PT, DPT, PCS

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## CONTACT INFORMATION

Program in Physical Therapy  
Washington University School of Medicine  
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## PRESENT POSITIONS

Assistant Professor of Physical Therapy and Orthopaedic Surgery  
Washington University School of Medicine  
St. Louis, Missouri

Physical Therapist, Splinting Specialist  
Mercy Kids Neonatal Intensive Care Unit  
Mercy Children's Hospital  
St. Louis, Missouri

## EDUCATION

<u>Degree</u>	<u>Institution</u>	<u>Concentration</u>	<u>Dates Attended</u>
Bachelor of Arts (BA)	Washington University St. Louis, Missouri	Spanish (major) Dance (minor) Psychology (minor)	1997 – 2001
Doctor of Physical Therapy (DPT)	Washington University School of Medicine St. Louis, Missouri	Physical Therapy	2001 – 2004

## **ACADEMIC POSITIONS/EMPLOYMENT HISTORY**

<u>Position</u>	<u>Institution/Facility</u>	<u>Dates</u>
Physical Therapist, Splinting Specialist	Howard Park Center Ellisville, Missouri	2004 – 2011
Clinic Associate, Lecturer	Washington University School of Medicine Program in Physical Therapy St. Louis, Missouri	2004 – 2010
Physical Therapist	St. Louis Children's Hospital Head to Toe Program St. Louis, Missouri	2005 – 2006
Physical Therapist, Splinting Specialist	Mercy Kids St. Louis, Missouri	2008 – Present
Instructor of Physical Therapy and Orthopaedic Surgery	Washington University School of Medicine Program in Physical Therapy St. Louis, Missouri	2010 – 2016
Assistant Professor of Physical Therapy and Orthopaedic Surgery	Washington University School of Medicine Program in Physical Therapy St. Louis, Missouri	2016 – Present

## **UNIVERSITY AND HOSPITAL APPOINTMENTS AND COMMITTEES**

Doctor of Physical Therapy Program Admissions Committee, Member	2009 – Present
Program Innovations Council, Member	2010 – 2011
Pediatric Neuromuscular Diagnosis Committee, Member	2010 – Present
Run for Research Committee, Member	2012 – 2013
Social Media Committee, Member	2012 – 2014
Committee on Academic and Professional Evaluation of Students, Member	2016 – Present
Professional Curriculum Committee Subcommittee, ECS I Representative	2016 – Present
Learning Management System Pilot Evaluation Program, Participant	2017

## **LICENSURE AND CERTIFICATIONS**

Missouri State Board of Registration for the Healing Arts License number: 2004023369	2004 – Present
Safe Kids Worldwide™ Child Passenger Safety Technician (ID #: T675891)	2009 – Present
American Physical Therapy Association Credentialed Clinical Instructor	2010 – Present

American Board of Physical Therapy Specialists 2011 – Present  
Board Certified Clinical Pediatric Specialist

The Brazelton Institute 2012 – Present  
Newborn Behavioral Observation Certified Clinician

### **HONORS AND AWARDS**

Golden Key National Honor Society, Washington University in St. Louis 2001  
Director’s Award, Washington University Program in Physical Therapy 2004  
“30 under 30,” *St. Louis Business Journal* 2007

### **PROFESSIONAL SOCIETIES AND ORGANIZATIONS**

American Physical Therapy Association, Member: 2001 – Present  
Academy of Pediatric Physical Therapy, Member: 2004 – Present  
Early Intervention Special Interest Group, Member 2006 – Present  
Neonatology Special Interest Group  
Member 2008 – Present  
Board of Directors, Social Media Coordinator 2015 – Present  
Section on Pediatrics Mentoring Program, Mentor 2012 – 2014  
Academic Clinical Educators Special Interest Group, Member 2013 – Present  
Missouri State Representative to the Academy 2016 – Present  
Social Media Subcommittee Liaison 2017 – Present  
Missouri Physical Therapy Association, Eastern District, Member: 2001 – Present  
Nominating Committee, Member 2010 – 2013  
Nominating Committee, Chairperson 2012 – 2013  
Education Section, Member 2016 – Present  
St. Louis Pediatrics Special Interest Group, Member 2004 – Present  
American Board of Physical Therapy Specialties:  
Pediatric Specialty Exam Standard Setting Committee, Member 2015

### **MAJOR INVITED PROFESSORSHIPS AND LECTURESHIPS**

“Movement for Health: Exercise as an Intervention for Today’s Woman.” Obstetrics and Gynecology Grand Rounds, Washington University School of Medicine. St. Louis, Missouri. December 12, 2012.

“Obesity and its Implications for Physical Therapy.” Physical Therapy Continuing Education Program, St. Louis Community College. St. Louis, Missouri. March 9, 2013.

“Diagnosis and Management of Movement System Impairment Syndromes: Lower Quarter.” Universitat de Valencia. Valencia, Spain. July 3-6, 2013.

“Examination and Management of Movement Impairments in Children with Low Back Pain.” American Physical Therapy Association Section on Pediatrics Annual Conference. St. Louis, Missouri. October 23, 2014.

“Obesity and its Implications for Physical Therapy.” Missouri Physical Therapy Association Annual Conference. St. Louis, Missouri. April 17, 2015.

“Low Back Pain in Children and Adolescents: Early Signs, Diagnosis, and Management from a Movement System Impairment Perspective.” Missouri Physical Therapy Association Annual Conference. St. Louis, Missouri. April 19, 2015.

“The Premature Infant.” St. Louis Pediatric Special Interest Group. Mercy Hospital St. Louis. St. Louis, Missouri. April 28, 2015.

## **CURRENT CLINICAL TITLES AND RESPONSIBILITIES**

### **Mercy Kids (PRN)**

Physical Therapist 2008 – Present

Provision of care to pediatric patients in the neonatal intensive care unit, pediatrics unit, and pediatric intensive care unit.

Splinting Specialist 2008 – Present

Fabrication of custom orthoses and casts for braces for children with upper or lower extremity neuromuscular or musculoskeletal dysfunction.

Certified Child Passenger Safety Technician 2009 – Present

Provision of family education on proper car seat positioning, adaptation, and installation for premature infants and infants/children with special needs.

## **CURRENT TEACHING TITLES AND RESPONSIBILITIES**

Laboratory Assistant/Practical Examiner 2005 – Present

Professional DPT courses: Case Integration Laboratory I, Diagnosis & Management of General Medical Conditions, Essential Clinical Skills II, Essential Clinical Skills III, Diagnosis & Management of Musculoskeletal Conditions I, Diagnosis & Management of Musculoskeletal Conditions III, Diagnosis & Management of Neuromuscular Conditions I, Diagnosis & Management of Neuromuscular Conditions II, Professional Issues & Skills Development I, Professional Issues & Skills Development IV

Mentor/Advisor 2006 – Present

Professional DPT courses: Case Integration Laboratory I, Diagnosis & Management of General Medical Conditions, Case Integration Laboratory III, Diagnosis & Evidence Analysis III

- Director, Open Laboratory Program 2008 – Present  
Non-credit elective opportunity for students to review and practice clinical skills under the supervision of select upperclassmen facilitators.
- Lecturer 2011 – Present  
Professional DPT courses: Case Integration Laboratory I, Case Integration Laboratory III, Kinesiology II, Diagnosis & Management of Musculoskeletal Conditions III, Diagnosis & Management of General Medical Conditions, Diagnosis & Management of Neuromuscular Conditions I, Diagnosis & Management of Neuromuscular Conditions II, Essential Clinical Skills III, Professional Issues & Skills Development IV  
Undergraduate Department of Biology: Introduction to Health Professions
- Course Assistant 2012 – Present  
Professional DPT courses: Case Integration Laboratory I  
Undergraduate Department of Biology: Introduction to Health Professions
- Course Master, Essential Clinical Skills I 2016 – Present  
Four-credit course designed to enable students to gain knowledge of basic clinical measurement and patient handling skills
- Clinical Education Advisor & Team Member 2016 – Present  
Advisement of one quarter of each class of DPT students (20-22/class), on-site evaluation of practicum sites, coordination of the second Early Clinical Experience for first-year DPT students
- Facilitator, Center for Interprofessional Practice & Education 2016 – Present  
Facilitation of sessions of small groups comprised of first-year students from the Washington University School of Medicine (WUSM), WUSM Program in Physical therapy, WUSM Program in Occupational Therapy, WUSM Program in Audiology, Goldfarb School of Nursing, and St. Louis College of Pharmacy

## **BIBLIOGRAPHY**

### **Poster Presentations**

Washabaugh JM, McGee PN. The physical therapy management of a child with benign paroxysmal positional vertigo. American Physical Therapy Association Section on Pediatrics Annual Conference. St. Louis, MO. October 23-25, 2014.

### **Abstracts**

Washabaugh JM, McGee PN. The physical therapy management of a child with benign paroxysmal positional vertigo. *Pediatric Physical Therapy*. 2014;26(4):484-485.

## **CONFERENCES/CONTINUING EDUCATION ATTENDED (LAST 5 YEARS)**

### **Conferences Attended**

Combined Sections Meeting. American Physical Therapy Association. 2013, 2014, 2015, 2016, 2017.

Section on Pediatrics Annual Conference (SoPAC)/Academy of Pediatric Physical Therapy Annual Conference (APPTAC). American Physical Therapy Association. 2014, 2017.

### **Continuing Education Attended**

#### **Topic: Pediatrics**

“Timely Decision Making on Splints or DAFOs® for Infants and Children Ages 0-5.” Mercy Children’s Hospital. St. Louis, Missouri. December 9, 2011.

“Intervention for High Risk Infants: Providing Services in the NICU & during Transition Home.” Education Resources, Inc. St. Louis, Missouri. April 11-12, 2013.

“Torticollis & Plagiocephaly: Assessment and Treatment of Infants & Children.” Education Resources, Inc. St. Louis, Missouri. March 5-6, 2016.

“Specialty Pediatric Concepts of the Kinesio Taping Method (KT4 toward Specialization).” Motivations, Inc. Dallas, Texas. March 25, 2017.

#### **Topic: Health and Fitness**

“Who Says You Can’t Dance? Dance and the Impact on the Elderly.” Eastern District of the Missouri Physical Therapy Association. St. Louis, Missouri. March 13, 2012.

“The Changing Paradigm of Wellness: The Importance of Nutrition and Exercise in the Prevention of Chronic Disease.” Eastern District of the Missouri Physical Therapy Association. St. Louis, Missouri. November 13, 2012.

#### **Topic: Orthopedics**

“The Running Course.” Washington University Program in Physical Therapy. St. Louis, Missouri. April 9-10, 2011.

“Manual Therapy of the Spine.” Washington University Program in Physical Therapy. St. Louis, Missouri. December 14-16, 2012.

“Rotator Cuff Healing: Clinical and Basic Science Considerations.” Washington University Program in Physical Therapy. St. Louis, Missouri. September 30, 2014.

#### **Topic: Neurology**

“The Brain Recovery Core: Building a Model System for Organized Stroke Rehabilitation.” Washington University Program in Physical Therapy. St. Louis, Missouri. October 10, 2010.

“CT-Based Assessment of Acquired Neuropathic Foot Deformities and Relation to Dynamic Foot Function.” Washington University Program in Physical Therapy. St. Louis, Missouri. March 22, 2011.

**Topic: General Rehabilitation**

“Pain: Mechanisms and Clinical Applications.” Washington University Program in Physical Therapy. St. Louis, Missouri. September 21-22, 2012.

“Kinesiology Taping Strategies.” Medical Minds in Motion. O’Fallon, Missouri. June 14, 2015.

“Kinesio Taping Fundamental Concepts, Advanced Concepts and Corrective Techniques (KT1 and KT2 toward Certification).” Motivations, Inc. St. Louis, Missouri. April 22-23, 2016.

“Clinical Concepts and Advanced Whole Body Applications of the Kinesio Taping Method (K3 toward Certification).” Motivations, Inc. Dallas, Texas. March 24, 2017.

**Topic: Physical Therapy Education**

“Breaking Down Barriers to Clinical Education.” Eastern District of the Missouri Physical Therapy Association. St. Louis, Missouri. November 8, 2011.

“Specialist Certification Examination Item Writing: An Overview.” American Physical Therapy Association. Alexandria, Virginia. June 10, 2013.

“Using the APTA Physical Therapist Clinical Performance Instrument for Students: A Self-Guided Training Course.” APTA Learning Center. July 11, 2016.

“Designing Assessments that Guide Learning: A Call for Curriculum Reform for the Health Professions.” Washington University School of Medicine. St. Louis, Missouri. November 3, 2016.

“Facilitating Collaborative Learning in In-Class Group Work.” Center for Interprofessional Practice and Education, Washington University School of Medicine. St. Louis, Missouri. May 5, 2017.

“SafeZones: Washington University’s LGBTQIA Inclusivity Training Program.” Washington University School of Medicine. St. Louis, Missouri. May 23, 2017.

**Topic: Physical Therapy Practice**

“Current Issues Facing the Physical Therapy Profession.” Eastern District of the Missouri Physical Therapy Association. St. Louis, Missouri. May 10, 2011.

“Delivering Safe Outcomes.” St. John’s Mercy Medical Center. St. Louis, Missouri. June 30, 2011.

“Health Care Collections: Legal Considerations.” Eastern District of the Missouri Physical Therapy Association. St. Louis, Missouri. September 13, 2011.

“Current Issues Facing the Physical Therapy Profession.” Eastern District of the Missouri Physical Therapy Association. St. Louis, Missouri. May 8, 2012.

“Current Issues Facing the Physical Therapy Profession.” Eastern District of the Missouri Physical Therapy Association. St. Louis, Missouri. May 14, 2013.

“Human Movement System: Moving Evidence into Clinical Practice.” 2016 Clinical Instructors’ Meeting, Washington University Program in Physical Therapy. St. Louis, Missouri. April 29-30, 2016.