CURRICULUM VITAE
STACY L. TYLKA, PT, DPT, WCS, CLT

DATE: September 1, 2017

ADDRESS/TELEPHONE:

Business: Washington University School of Medicine
Program in Physical Therapy
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PRESENT POSITION: Associate Professor of Physical Therapy
Department of Orthopaedic Surgery
Department of Obstetrics & Gynecology
Program in Physical Therapy
Washington University School of Medicine

EDUCATION:

Degree	Institution	Field	Date(s)
B.S.	**St. Louis University** St. Louis, MO	Exercise Science Magna Cum Laude	2000
M.P.T.	**St. Louis University** St. Louis, MO	Physical Therapy	2002
D.P.T.	**Washington University** St. Louis, MO	Post-professional DPT	2009

ACADEMIC POSITIONS/EMPLOYMENT:

Position	Institution/Facility	Date(s)
Staff Physical Therapist	**The Rehabilitation Institute of St. Louis**	2002-2005
	Outpatient Orthopedics and Women's Health	
	Clinical Instructor	2003-2005
	Lymphedema Program Coordinator	2004-2005
Instructor	**Washington University School of Medicine**	2005-2009
	Program in Physical Therapy	
Faculty Practitioner	**Washington University Physical Therapy Clinics**	2005-present
	Program in Physical Therapy	
Assistant Professor	**Washington University School of Medicine**	2009-2016
	Program in Physical Therapy	
Associate Professor	**Washington University School of Medicine**	2016-present
	Program in Physical Therapy	

UNIVERSITY POSITIONS AND COMMITTEES:

Committees/University Service

School of Medicine

Mini Medical School	2004-present
Injury Prevention Day Volunteer, St. Louis Science Center	2006
Minority Career Fair	2006-2009
Washington University Physicians Marketing Health Fairs	2007-present
Health Happenings	2008-present
Medical School Special Study Elective Course Master	2009
School of Medicine Student Leadership Council (SOMSLC)	2010
Advisor for Integrated Case Study Learning Experience	
Washington University Teen Pregnancy Clinic Physical Therapy Mentor	2010-2013

Program in Physical Therapy

DPT Preview Small Group Leader	2008-present
Washington University Pro-Bono Physical Therapy Clinic Mentor	2009-2013
Women's Health Residency Selection Committee	2009-present
Clinical Mentor for Clinic Associates	2009-present
DPT Orientation Small Group Leader	2010-present
Search Committee: Assoc. Director of DPT Curriculum	2017

Professional DPT Curriculum

Committee on Academic and Professional Evaluation of Students (CAPES) Member	2006-present
Admissions Committee Member	2011-present

Positions
Washington University School of Medicine

Administrative Positions
Center Coordinator for Clinical Education 2007-2013
Interim Center Coordinator for Clinical Education 2015
Responsibilities: Direction of processes related to scheduling and matching students for clinical rotations, mentorship of clinical instructors, and coordination of clinical inservices for clinicians.

Mentor for Women's Health Physical Therapy Residency 2010-present
Responsibilities: Direction of processes related to scheduling continuing education resources for the residency program, mentorship of the women's health residency for clinical care and didactic projects.

LICENSURE:

Physical Therapist, Missouri # 2002005865 2002-present

CLINICAL SPECIALIZATION/BOARD CERTIFICATION:

Women's Health Board Certified Specialist (WCS) 2009-present
American Board of Physical Therapy Specialties

HONORS AND AWARDS:

APTA Section on Women's Health 2006
Emerging Leader Award
APTA Section on Women's Health 2004
Volunteer of the Year Award
HealthSouth Clinical Career Ladder 2004
Women's Health Clinical Specialization, Clinician II Level
St. Louis University Physical Therapy Department 2000, 2002
Chairman's Awards for Excellence in Community Service
Service to the Profession Award 2007
Alpha Eta Society Member, National Allied Health Honor Society 2000-present
Alpha Phi Omega, National Service Fraternity 2000
Outstanding Senior Award for Service and Leadership
Alpha Sigma Nu Jesuit Honor Society 1999-present
Golden Key National Honor Society 1998-present

PROFESSIONAL DESIGNATIONS:

Certified Lymphedema Therapist (CLT) 2008-present
Klose Training & Consulting
APTA Credentialed Clinical Instructor 2009-present

SCIENTIFIC/PROFESSIONAL ORGANIZATIONS MEMBERSHIPS:

American Physical Therapy Association (APTA)	
Active Member	2002-present
Student Member	2000-2002
Section of Women's Health (SOWH) Member	2000-present
Nominating Committee Chair	2011-2012
Nominating Committee Member	2009-2011
Advisor to Regional Course Committee	2009-2012
Regional Course Site Coordinator	2004-2009
Certified CAPP (Certificate of Achievement in Pelvic Physical Therapy) Tester, Level I	2007
Laboratory Instructor for Pelvic Physical Therapy Levels I-III	2004, 2007, 2008, 2017
Co-editor for Pregnancy Learning Module	2003
Assistant to the Director of Education	2003
Section of Oncology Member	2012-present
Eastern District of the Missouri Physical Therapy Association Member	2000-present
Advisor to Program Chair	2011-2012
Program Chair	2005-2011
Klose Training & Consulting (National Lymphedema Educator)	
Faculty	2012-present
Lab assistant	2012-present
American Board of Physical Therapy Specialties	2011-present
Women's Health Content Expert (SACE)	2012-2015
Women's Health Committee of Content Experts (CCE)	2015-present
WCS Case Reviewer	2012-present
Item Writing Session Participant & Host	2011-present
WCS Standard Setting Committee Member	2011,'15,'17
Midwest Therapist Lymphedema Study Group Member	2011-2013
St. Louis Pelvic Floor Alliance Member	2014-present
Herman & Wallace Pelvic Rehabilitation Institute	2008-2016
Laboratory Instructor	
Movement System Continuing Education Courses	2005-present
Laboratory Instructor	

INVITED LECTURESHIPS & PRESENTATIONS:

Lumbar Spine Evaluation and Treatment — April 18, 2007
Habif Health and Wellness Center

Lymphedema Patient Education Series — 2009-present
Siteman Cancer Center

Gynecological Anatomy Review — 2010-2012
St. Louis Region Women's Health Special Interest Group

Breast Cancer Rehabilitation for the Non-Women's Health Practitioner — January 25, 2011
Co-presentation with Renee Ivens, PT, DPT
Eastern District Missouri Physical Therapy Association

Preparing for the Women's Health Specialization Exam: Learn from Those That Have Already Been There. Panel Speaker — February 2011; 2012
APTA Combined Sections Meeting

Musculoskeletal Health in Pregnancy and Postpartum Periods — September 29, 2011
Co-presentation with Tracy Spitznagle, PT, DPT, WCS
WUSM Department of Obstetrics and Gynecology: Grand Rounds

Scapular and Glenohumeral Movement Faults Associated with Breast Cancer Treatment — July 21, 2012
Co-presentation with Renee Ivens, PT, DPT
Midwest Therapist Lymphedema Study Group

Residencies & Fellowships — April 13, 2013
Co-presentation with Cheryl Smith, PT, DPT, OCS
Missouri Physical Therapy Association Student Conference

Sacroiliac Joint Rehabilitation: Lecture & Case Presentation — January 17, 2015
Washington University Postdoctoral Fellowship in Movement Science

Physical Therapy Management of the Complex Oncology Patient: Squamos Cell Carcinoma of the Mouth — August 27, 2015
Washington University Program in Physical Therapy Clinical Rounds

HPLSO Case Panel Presenter, Oncology — April 6, 2017
Washington University School of Medicine

CLINICAL APPOINTMENTS AND RESPONSIBILITIES:

Washington University School of Medicine-Program in Physical Therapy

Washington University Physical Therapy Clinics: Physical Therapist — 2005-present
Clinical Responsibilities: direct care of patients with pelvic, lymphatic, and orthopedic conditions.

Barnes Jewish Hospital: Credentialed Physical Therapist — 2005-present
Clinical Responsibilities: direct care of patients and mentor resident in care of women with musculoskeletal and women's health conditions

Lymphedema Program Coordinator — 2006-present
Clinical Responsibilities: direct care and program initiatives, marketing associated for patients with lymphatic conditions

CLINICAL APPOINTMENTS AND RESPONSIBILITIES (Continued):

Habif Health and Wellness Physical Therapy Supervisor 2006-2007
Clinical Responsibilities: direct care of patients as well as coordinate integrated care for students receiving physical therapy services on Washington University's Danforth Campus

TEACHING RESPONSIBILITIES:

Current Teaching Responsibilities

Professional Clinical Doctorate (DPT) Curriculum (WUSM)

Essential Skills in Physical Therapy II (P.T. 627)
Laboratory Instructor: 2003-2012
Lymphedema Unit Coordinator: 2006-present
Lymphedema Unit Lecturer: 2007-present
3 credit hours

Diagnosis & Management of Musculoskeletal Conditions in PT II (P.T. 624)
Laboratory Instructor: 2004-present
Laboratory Coordinator: 2008-present
3 credit hours

Case Integration III (P.T. 654)
Clinical Research Advisor: 2004-present
Women's Health Focus Study Advisor, Co-Coordinator, & Presenter: 2010-present

Human Anatomy (P.T. 611)
Laboratory Instructor: 2005-present
Laboratory Coordinator: 2009
Lecturer: 2009-present
Musculoskeletal System, Anterior & Medial Thigh, Gluteal Region, ANS, UE & LE Vasculature, Reproductive System, Surface Anatomy
Course Master: 2010-present
5 credit hours

General Medical Conditions (PT 636)
Lecturer & Laboratory Instructor: 2006-present
Pregnancy & Exercise, Pelvic Floor Dysfunction
3 credit hours

Professional Skills & Development I, II (PT 602, PT 615)
Negotiation Practical Skills Tester, 2006-present

Clinical Instructor: Washington University ECE-CE 4: 2007-present

TEACHING RESPONSIBILITIES (Continued):

Past teaching

Diagnosis & Management of Musculoskeletal Conditions in PT I (P.T. 614)
Laboratory Instructor: 2004-2005

Case Integration II (P.T. 642)
Laboratory Instructor: 2005-2007
Clinical Research Advisor: 2005-2009

Other

Guest Lecturer, Maryville University Physical Therapy Program 2010-present
Lymphedema: Pathophysiology & Clinical Management

BIBLIOGRAPHY:

Reports

Vielhaber S. Journey into the Political Side of Physical Therapy. Highlights on Women's Health: Newsletter for the Section on Women's Health. 2003; 8 (3).

Abstracts

Wang J, **Tylka S**. Physical Therapy Diagnosis and Treatment of Complex Regional Pain Syndrome I in an 11-Year-Old: A Case Report. Accepted for poster presentation at APTA Combined Sections Meeting, February 2010.

Tylka S, Spitznagle T. Treatment of Urinary Incontinence after Hip Fracture Utilizing a Diagnostic Model: A Case Report. Accepted for platform presentation at APTA Combined Sections Meeting, February 2010.

Turner LA, **Tylka SL**, Miller J**.** Physical Therapy Evaluation and Treatment of Facial Lymphedema: A Case Report. Accepted for poster presentation at APTA Combined Sections Meeting, February 2011.

Preston KL, **Tylka SL**. Conservative Management of Axillary Web Syndrome: A Case Report. Accepted for poster presentation at APTA Combined Sections Meeting, February 2011.

CONTINUING EDUCATION AUTHORED & PROVIDED:

Breast Cancer Rehabilitation: A Comprehensive Clinical Update November 3, 2012
8 Contact Hours December 1, 2012
Sponsored by Professional Therapy Seminars December 2, 2012
March 7, 2015

PROFESSIONAL PUBLICATIONS REVIEWED:

Physiotherapy Research International January 2015
Lymphedema Rehabilitation Content

CONTINUING EDUCATION/CONFERENCES:

Conferences Attended

Combined Sections Meeting
American Physical Therapy Association
2001, 2003-2008, 2010-2013, 2015, 2018

Klose Training Lymphedema Conference 2011

Continuing Education Attended (Sample)

Diagnosis and Treatment of Movement Impairment Syndromes 2002
Upper Quarter Level I
Washington University Program in Physical Therapy

Pelvic Floor Dysfunction Level I & II 2002
HealthSouth Corporate Clinical Education

Diagnosis and Treatment of Movement Impairment Syndromes 2003
Upper Quarter Level II/III
Washington University Program in Physical Therapy

Intermediate Pelvic Floor Dysfunctions 2003
APTA Section on Women's Health

Custom Fitter Certification for JOBST Custom Garments 2004
BSN-JOBST, Inc.

Urologic & Gynecologic Pain Syndromes 2004
St. Louis University School of Medicine Practical Anatomy

Lymphedema Therapy Certification Course 2008
Klose Training & Consulting

Pelvic Physical Therapy III 2008
APTA Section on Women's Health

Credentialed Clinical Instructor Program 2009
APTA

Breast Cancer Rehabilitation 2013
Klose Training & Consulting

COMMUNITY AND SERVICE ACTIVITY:

St. Mark United Church of Christ Member	1992-2013
Sunday School Teacher	2002-2008
Ronald McDonald House Field Trip Sponsor	2002-2011
Confirmation Mentor	2003-2004
St. Lucas United Church of Christ Member	2013-present
Almost Home Women's Shelter	
Childcare Provider	1998-2000
Tutor	2000-2002
Exercise Class Coordinator	2007-2009

Other

Beginning Babies with Books, St. Louis Senior Olympics, CHIPS Geriatric Exercise Class Assistant, Relay for Life Sponsor