Advanced Application of the Examination, Diagnosis and Treatment of Movement System Impairment Syndromes of the Lumbar Spine and Hip: A Hybrid Course

AGENDA

October 2, 2021

8:00-9:00	ALL:	Introduction and Discussion of Prerecorded Lectures
9:00 - 10:00	Virtual: In person:	Demonstration of tests in standing and supine Demonstration and practice tests in standing and supine with faculty supervision
10-10:15	Break	
10:15 - 11:30	Virtual: In person:	Demonstration of tests in sidelying, prone, quadruped and sitting Demonstration and practice tests in sidelying, prone, quadruped and sitting with faculty supervision.
11:30 - 12:30	Lunch	
12:30 -2:00	ALL:	Observe examination of person with LBP, participants determine diagnosis and contributing factors/case discussion
2:00-3:00	ALL:	Motor Skill Training Presentation
3:00-3:15	Break	
3:15 – 4:45	Virtual: In Person:	Participants present cases for feedback and discussion Perform a total exam with supervision (2 participants/1 patient/1 faculty supervisor)
4:45 – 5:00	ALL:	Discussion/Question and Answers
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8:00 - 8:45	All	Lecture: Movement Spectrum
8:45 - 9:45	ALL:	Structural and Muscular Factors of the Hip Presentation
9:45 – 10:00	Break	
10:00 - 11:30	ALL:	Observe examination of person with hip pain, participants determine diagnosis and contributing factors/case discussion
11:30 – 12:30	All	Lunch
12:30-2:00	Virtual: In Person:	Participants present cases for feedback and discussion Perform a total exam with supervision (2 participants/1 patient/1 faculty supervisor)
2:00 - 2:15	Break:	
2:15 - 3:00	ALL:	Lecture: MSI Concepts Applied to Running
3:00- 3:45	ALL:	Lecture: Highlights of Clinical Practice Guideline on Hip Fracture
3:45 – 4:15	ALL:	Question and Discussion/Wrap up