Advanced Application of the Examination, Diagnosis and Treatment of Movement System Impairment

Syndromes of the Lumbar Spine and Hip: A Hybrid Course

AGENDA

October 2, 2021

8:00 – 9:00  ALL:  Introduction and Discussion of Prerecorded Lectures
9:00 – 10:00 Virtual:  Demonstration of tests in standing and supine
In person:  Demonstration and practice tests in standing and supine with faculty supervision
10-10:15  Break
10:15 – 11:30 Virtual:  Demonstration of tests in sidelying, prone, quadruped and sitting
In person:  Demonstration and practice tests in sidelying, prone, quadruped and sitting with faculty supervision.
11:30 – 12:30 Lunch
12:30 -2:00  ALL:  Observe examination of person with LBP, participants determine diagnosis and contributing factors/case discussion
2:00-3:00  ALL:  Motor Skill Training Presentation
3:00-3:15  Break
3:15 – 4:45 Virtual:  Participants present cases for feedback and discussion
In Person:  Perform a total exam with supervision (2 participants/1 patient/1 faculty supervisor)
4:45 – 5:00  ALL:  Discussion/Question and Answers

October 3, 2021

8:00 – 8:45  All  Lecture: Movement Spectrum
8:45 - 9:45  ALL:  Structural and Muscular Factors of the Hip Presentation
9:45 – 10:00 Break
10:00 – 11:30 ALL:  Observe examination of person with hip pain, participants determine diagnosis and contributing factors/case discussion
11:30 – 12:30 All  Lunch
12:30 – 2:00  Virtual:  Participants present cases for feedback and discussion
In Person:  Perform a total exam with supervision (2 participants/1 patient/1 faculty supervisor)
2:00 – 2:15  Break:
2:15 – 3:00  ALL:  Lecture: MSI Concepts Applied to Running
3:00- 3:45  ALL:  Lecture: Highlights of Clinical Practice Guideline on Hip Fracture
3:45 – 4:15  ALL:  Question and Discussion/Wrap up