

Megan Burgess, DPT, OCS
Curriculum Vitae

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Contact Information: 4455 Duncan Avenue
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Present Position:

07/2020 - present Assistant Professor in Physical Therapy and Orthopedics
Program in Physical Therapy
Washington University School of Medicine, St. Louis, Missouri

Education:

08/2007-05/2010 Doctor of Physical Therapy (DPT)
Washington University, St. Louis, Missouri

08/2002-05/2006 Bachelor of Arts (BA), Bachelors in Education (BEEd)
University of Virginia, Charlottesville, Virginia

Academic Positions / Employment:

01/2017-07/2020 Physical Therapy Lab Assistant, Small Group Advisor
Washington University in St. Louis, Missouri

01/2017-07/2020 Staff Therapist, Orthopedics and Pelvic Health
SSM Health Physical Therapy, St. Louis, Missouri

08/2015-01/2017 Center Manager, Orthopedics and Pelvic Health
SSM Health Physical Therapy, St. Louis, Missouri

12/2012-08/2015 Staff Therapist, Orthopedics and Pelvic Health
SSM Health Physical Therapy, St. Louis, Missouri

07/2010-11/2012 Staff Therapist, Orthopedics
Progress Physical Therapy, Richmond, Virginia

Clinical Title and Responsibilities:

07/2020-present Faculty Physical Therapist, Pelvic Health
Washington University in St. Louis, St. Louis, Missouri
Responsibilities: Manage an independent caseload of patients with a variety of orthopedic and urogynecological/colorectal conditions. Specialize in the evaluation and treatment of movement faults and disorders that contribute to pain. Treat patients with post-operative pain and limitation, as well as chronic pain presentation.

Teaching Title and Responsibilities:

Outside of Program

08/2014-03/2020 Instructor, Faculty Mentor
Orthopaedic Residency Program
Saint Louis University/SSM Health Physical Therapy
St. Louis, Missouri
Cohort size: 2-3

07/2013-03/2020 Clinical Instructor
SSM Health Physical Therapy, St. Louis, Missouri
Cohort size: 10

03/2014-04/2015 Instructor
ACE Mentoring Program for new graduates
SSM Health Physical Therapy, St. Louis, Missouri
Cohort Size: 6-10

04/2011-09/2012 Clinical Instructor
Progress Physical Therapy, Richmond, Virginia
Cohort size: 2

Within Program

03/2021 - present Lecturer
Program in Physical Therapy
Washington University, St. Louis, Missouri
Human Anatomy (PT 611)
Class Size: 45-89

07/2020-present Assistant Course Master, Lecturer
Program in Physical Therapy
Washington University, St. Louis, Missouri
Essential Clinical Skills I (PT 603)

	Class Size: 45-89
01/2017-2019	Lab Assistant, Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Diagnosis & Management of Musculoskeletal Conditions II (PT 624) Class Size: 45-89
01/2017-present	Lab Assistant Program in Physical Therapy Washington University, St. Louis, Missouri Diagnosis & Management Musculoskeletal Conditions III (PT 638) Class Size: 45-89
01/2017-2020	Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Essential Clinical Skills I (PT 603) Class Size: 45-89
01/2017-present	Lab Assistant Program in Physical Therapy Washington University, St. Louis, Missouri Human Anatomy (PT 611) Class Size: 45-89
01/2017-2019	Lab Assistant, Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Essential Clinical Skills II (PT 627) Class Size: 45-89
01/2017-2020	Lab Assistant, Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Case Integration II (PT 642) Class Size: 6
01/2014-present	Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Case Integration III (PT 654) Class Size: 45-89
01/2013-2020	Lab Assistant, Small Group Advisor Program in Physical Therapy

Washington University, St. Louis, Missouri
Case Integration I (PT 628)
Class size: 6

01/2014-present
Lab Assistant
Program in Physical Therapy
Washington University, St. Louis, Missouri
Diagnosis & Management of Musculoskeletal Conditions I (PT 614)
Class Size: 45-89

Internationally

05/2019-06/2019
Instructor, Lab Assistant
Master's Program in Physical Therapy
Me'kelle University, Me'kelle, Ethiopia
Class Size: 5

Medical Licensure and Certification:

11/2019
Credentialed Clinical Instructor, Level 1
American Physical Therapy Association

2013-2018
Hermann & Wallace, Pelvic Physical Therapy
Training
Levels 1, 2A, 2B, 3

06/2012
Board Certified Orthopedic Specialist
American Physical Therapy Association

07/2010
Missouri Physical Therapist License #2010018434
Missouri State Board of Registration for the Healing Arts

Editorial Responsibilities:

08/2012-07/2015
Member, American Physical Therapy Association Perspectives
Magazine Editorial Advisory Group

National Panels, Committees, Boards:

03/2017-08/2017
Item contributor for Orthopedics
Specialization Academy of Content Experts
01/2021 – present
Faculty Fellow, The Carver Project

Professional Societies and Organizations:

2020-present
Faculty Fellow, The Carver Project, Washington University
in St. Louis, St. Louis, Missouri

2020-present	Member, Missouri Physical Therapy Association; women's health section
2012-present	Member, Missouri Physical Therapy Association; orthopedic section
2007-present	Member, American Physical Therapy Association
2010-2012	Member, Virginia Physical Therapy Association

Invited Presentations:

07/26/2021	<i>Pelvic Physical Therapy: What can patients expect?</i> Center for Colorectal and Pelvic Floor Disorders (COPE), Washington University in St. Louis, St. Louis, Missouri
03/11/2021	<i>The 5Ws: The Role of Pelvic Health Physical Therapy for Patients with Chronic Pain.</i> Washington University in St. Louis School of Medicine, St. Louis, Missouri
02/13/2020	<i>Management of and teaching for the student with anxiety.</i> Program in Physical Therapy, Washington University (February 17, 2020)
11/13/2019	Physical therapy services for the new mother: myths and truths Bi-weekly breastfeeding education class SSM Health DePaul Hospital, St. Louis, Missouri
01/14/2015	Review of upper quarter anatomy and mechanics for CHTs and OTs SSM Health Physical Therapy, St. Louis, Missouri
02/2014	<i>Foundational anatomy for the non-clinical staff</i> SSM Health Physical Therapy, St. Louis, Missouri
09/10/2013	<i>Guidelines for extensive management of the running client</i> SSM Health Physical Therapy, St. Louis, Missouri

Research:

2019-present	Treatment Physical Therapist <i>Comparison of Movement Pattern Training and Manual Therapy for Prearthritic Hip Disorders: a Pilot Randomized Clinical Trial</i> Washington University in St. Louis PI: Marcie Harris Hayes, PT, DPT, MSCI
2017-2019	Treatment Physical Therapist

Movement Pattern Training in People with Intra-articular, Pre-arthritic Hip Disorders

WuPitt and Paris Patla Research Studies

PI: Marcie Harris Hayes, PT, DPT, MSCI