

Megan Burgess, DPT, OCS
Curriculum Vitae

Date: June 2023

Contact Information: 4444 Forest Park
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Present Position:

07/2020 - present Assistant Professor in Physical Therapy and Orthopedics
Program in Physical Therapy
Washington University School of Medicine, St. Louis, Missouri

Education:

08/2007-05/2010 Doctor of Physical Therapy (DPT)
Washington University, St. Louis, Missouri

08/2002-05/2006 Bachelor of Arts (BA), Bachelors in Education (BEd)
University of Virginia, Charlottesville, Virginia

Academic Positions / Employment:

01/2017-07/2020 Physical Therapy Lab Assistant, Small Group Advisor
Washington University in St. Louis, Missouri

01/2017-07/2020 Staff Therapist, Orthopedics and Pelvic Health
SSM Health Physical Therapy, St. Louis, Missouri

08/2015-01/2017 Center Manager, Orthopedics and Pelvic Health
SSM Health Physical Therapy, St. Louis, Missouri

12/2012-08/2015 Staff Therapist, Orthopedics and Pelvic Health
SSM Health Physical Therapy, St. Louis, Missouri

07/2010-11/2012 Staff Therapist, Orthopedics
Progress Physical Therapy, Richmond, Virginia

Clinical Title and Responsibilities:

07/2020-present Faculty Clinician, Physical Therapist (Pelvic Health)
Washington University in St. Louis, St. Louis, Missouri
Responsibilities: Manage an independent caseload of male, female and non-binary/gender-fluid patients with a variety of orthopedic and urogynecological/colorectal conditions. Specialize in the evaluation and treatment of movement faults and disorders that contribute to pain. Treat patients with post-operative pain, as well as chronic pain presentation.

Teaching Title and Responsibilities:

Outside of Program

08/2014-03/2020 Instructor, Faculty Mentor
Orthopaedic Residency Program
Saint Louis University/SSM Health Physical Therapy
St. Louis, Missouri
Cohort size: 2-3

07/2013-03/2020 Clinical Instructor
SSM Health Physical Therapy, St. Louis, Missouri
Cohort size: 10

03/2014-04/2015 Instructor
ACE Mentoring Program for new graduates
SSM Health Physical Therapy, St. Louis, Missouri
Cohort Size: 6-10

04/2011-09/2012 Clinical Instructor
Progress Physical Therapy, Richmond, Virginia
Cohort size: 2

Within Program

05/2022 – present First Year Lead of Diagnosis and Management of Movement Problem Thread

10/2021 – present Member (one of 6), Lecturer, Lab/Performance Assessment Coordinator
Module 4 of new curriculum: Movement and Precision Health Program in Physical Therapy
Washington University, St. Louis, Missouri
Class size: 97

09/2021 – present	Member (one of 2), Lecturer, Coordinator for Lab and Assessment Module 3 of new curriculum: Movement and Population Health Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 90-97
08/2021 – present	Lecturer, Coordinator for Lab and Assessment Module 2 of new curriculum: Professions and Movement Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 90-97
08/2021 – present	Lecturer, Coordinator for Lab and Assessment Module 1 of new curriculum: Professions and Movement Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 90-97
08/2022-present	Coach Coaching group size: 5
03/2021 - present	Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Human Anatomy (PT 611) Class Size: 45-89
07/2020—8/2022	Assistant Course Master, Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Essential Clinical Skills I (PT 603) Class Size: 45-89
01/2017-2019	Lab Assistant, Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Diagnosis & Management of Musculoskeletal Conditions II (PT 624) Class Size: 45-89
01/2017-08/2022	Lab Assistant Program in Physical Therapy Washington University, St. Louis, Missouri Diagnosis & Management Musculoskeletal Conditions III (PT 638) Class Size: 45-89

01/2017-2020	Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Essential Clinical Skills I (PT 603) Class Size: 45-89
01/2017-present	Lab Assistant Program in Physical Therapy Washington University, St. Louis, Missouri Human Anatomy (PT 611) Class Size: 45-89
01/2017-2019	Lab Assistant, Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Essential Clinical Skills II (PT 627) Class Size: 45-89
01/2017-2020	Lab Assistant, Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Case Integration II (PT 642) Class Size: 6
01/2014-08/2022	Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Case Integration III (PT 654) Class Size: 45-89
01/2013-2020	Lab Assistant, Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Case Integration I (PT 628) Class size: 6
01/2014-08/2022	Lab Assistant Program in Physical Therapy Washington University, St. Louis, Missouri Diagnosis & Management of Musculoskeletal Conditions I (PT 614) Class Size: 45-89

Internationally
05/2019-06/2019

Instructor, Lab Assistant
Master's Program in Physical Therapy
Me'kelle University, Me'kelle, Ethiopia
Class Size: 5

Medical Licensure and Certification:

In progress	Board Certified Women's Health Specialist American Physical Therapy Association Exam planned for Spring 2024
12/2022	Credentialed Clinical Instructor, Level 2 American Physical Therapy Association
11/2019	Credentialed Clinical Instructor, Level 1 American Physical Therapy Association
2013-2018	Hermann & Wallace, Pelvic Physical Therapy Training Levels 1, 2A, 2B, 3
06/2012	Board Certified Orthopedic Specialist American Physical Therapy Association Renewed until 2033
07/2010	Missouri Physical Therapist License #2010018434 Missouri State Board of Registration for the Healing Arts

Editorial Responsibilities:

08/2012-07/2015	Member, American Physical Therapy Association Perspectives Magazine Editorial Advisory Group
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National Panels, Committees, Boards:

June 2022 – present	Volunteer member of the Academy of Pelvic Health Physical Therapy Health and Wellness Committee
03/2017-08/2017	Item contributor for Orthopedics Specialization Academy of Content Experts

Professional Societies and Organizations:

2020-present	Faculty Fellow, The Carver Project, Washington University in St. Louis, St. Louis, Missouri
2020-present	Member, Missouri Physical Therapy Association; SoWH

2012-present	Member, Missouri Physical Therapy Association; orthopedic section
2007-present	Member, American Physical Therapy Association
2010-2012	Member, Virginia Physical Therapy Association

Invited Presentations:

03/31/2023	AAOMPT Podcast Guest (currently in editing phase). <i>Physical Therapy Interviews with Content Experts.</i>
07/26/2021, 04/12/2023	<i>Pelvic Physical Therapy: What can patients expect?</i> Center for Colorectal and Pelvic Floor Disorders (COPE), Washington University in St. Louis, St. Louis, Missouri
03/11/2021	<i>The 5Ws: The Role of Pelvic Health Physical Therapy for Patients with Chronic Pain.</i> Washington University in St. Louis School of Medicine, St. Louis, Missouri
02/17/2020	<i>Management of and teaching for the student with anxiety.</i> Program in Physical Therapy, Washington University
11/13/2019	Physical therapy services for the new mother: myths and truths Bi-weekly breastfeeding education class SSM Health DePaul Hospital, St. Louis, Missouri
01/14/2015	Review of upper quarter anatomy and mechanics for CHTs and OTs SSM Health Physical Therapy, St. Louis, Missouri
02/2014	<i>Foundational anatomy for the non-clinical staff</i> SSM Health Physical Therapy, St. Louis, Missouri
09/10/2013	<i>Guidelines for extensive management of the running client</i> SSM Health Physical Therapy, St. Louis, Missouri

Research:

2019-present	Treatment Physical Therapist <i>Comparison of Movement Pattern Training and Manual Therapy for Pre-arthritis Hip Disorders: a Pilot Randomized Clinical Trial</i> Washington University in St. Louis PI: Marcie Harris Hayes, PT, DPT, MSCI
2017-2019	Treatment Physical Therapist <i>Movement Pattern Training in People with Intra-articular, Pre-arthritis Hip Disorders</i> WuPitt and Paris Patla Research Studies

PI: Marcie Harris Hayes, PT, DPT, MSCI

National Presentations:

- April 2023 *The Integral Role of the Pelvic Physical Therapist in the Care of Adult Patients with Transverse Myelitis.* APTA spring conference, St. Louis MO, poster presentation
- Feb 2023 *The Integral Role of the Pelvic Physical Therapist in the Care of Adult Patients with Transverse Myelitis.* Combined Sections Meeting, San Diego, poster presentation
- April 2022 *Don't Forget the Hip! Analysis of Femoracetabular Movement Faults in Patients with Coccydynia.* APTA spring conference, Kansas City MO, poster presentation
- Feb 2022 *Don't Forget the Hip! Analysis of Femoracetabular Movement Faults in Patients with Coccydynia.* Combined Sections Meeting, San Antonio, poster presentation

Research Publication:

Abstracts

- Harris-Hayes M, Zorn P, Steger-May K, Gu H, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. Comparison of Movement Pattern Training and Joint Mobilization for Chronic Prearthritic Hip Disorders: A Pilot Randomized Clinical Trial. World Congress on Osteoarthritis (OARSI), Berlin, Germany. *Osteo Cart.* 2022;30:S398-S399
- Harris-Hayes M, Zorn P, Steger-May K, Buss J, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. One year outcomes following rehabilitation for chronic hip-related groin pain: ancillary analysis of a pilot randomized clinical trial. World Congress on Osteoarthritis (OARSI), Denver, Colorado. *Osteo Cart.* 2023;28:S171-S172.

Papers

- Harris-Hayes M, Bove A, Brown K, **Burgess MM**, King V, Mancino J, Wortman D, Fitzgerald GK. Treatment fidelity among treatment providers in a multicenter, randomized clinical trial comparing two rehabilitation strategies for people with prearthritic hip disease. *Journal of Orthopaedic and Sports Physical Therapy.* 2018;48(1):A121-122.
- Harris-Hayes M, Zorn P, Steger-May K, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. Comparison of Joint Mobilization and Movement Pattern Training for Hip-related Groin Pain: A Pilot Randomized Clinical Trial. *Physical Therapy Journal. In press.*

Skills and Qualifications:

Microsoft Office, PubMed/CINAHL, Electronic Medical Record (EPIC, TherapySource), Public Speaking, Canvas, CompAI SuperUser, PollEverywhere