

CURRICULUM VITAE

Date: July 1, 2023

Contact information:

4444 Forest Park Avenue
St. Louis, Missouri 63108
Work Phone: 314-362-2011
Fax: 314-286-1473
E-mail: alyssaskala@wustl.edu

Present Position:

2023-present Assistant Professor, Physical Therapy and Orthopaedic Surgery
Washington University in St. Louis School of Medicine

Education:

2007-2011 University of California, Irvine; BS, Biological Sciences,
Cum Laude
Irvine, CA
2013-2016 Washington University in St. Louis School of Medicine; DPT
St. Louis, MO

Academic Positions/Employment History:

2016-2020 Physical Therapist I, SSM Physical Therapy
Collinsville, IL
2021-2023 Clinic Associate, Washington University in St. Louis Program in Physical
Therapy
St. Louis, MO

Teaching Title and Responsibilities

Tutor for Clinical Doctorate (DPT) Curriculum (WUSM)
2014-2016 Diagnosis & Management of Musculoskeletal Conditions II
Essential Clinical Skills I
Open Lab Facilitator for Clinical Doctorate (DPT) Curriculum (WUSM)
2014-2016 Diagnosis & Management of Musculoskeletal Conditions I & II
Essential Clinical Skills I & II
Professional Clinical Doctorate (DPT) Curriculum (WUSM)
2021-2022 Laboratory Assistant
Diagnosis & Management of Musculoskeletal Conditions III (PT 638)
Case Integration I (PT 628)
Diagnosis & Management of Musculoskeletal Conditions II (PT 624)
Module 1
2022-present Module 5: Prevention, Diagnosis, and Management of Movement-Related
Problems

Module 6: Prevention, Diagnosis, and Management of Complex
Movement Problems
Domains of Competence II

Medical Licensure and Board Certifications

- 2021-present Missouri State Board of Registration for the Healing Arts
License number: 2020041797
- 2020-present American Board of Physical Therapy Specialists
Board Certification, Orthopedics
- 2020-present The Consortium of Multiple Sclerosis Centers
Multiple Sclerosis Certified Specialist

Honors and Awards

- 2013-2016 High Merit Scholarship from Washington University, Program in Physical
Therapy

Community Service Contributions

- 2014 Volunteer at Camp Independence
- 2016-2019 “Healthy Senior Day.” YMCA Health Fair. Maryville, IL.
- 2016-2019 Collinsville Middle School Health Fair. Collinsville, IL.
- 2016-2018 Presentation and Balance screening at Collinsville Senior Center.
Collinsville, IL. Vestibular Disorders Balance Awareness Week.

Invited Lectures

- 2020 Physical Activity Guidelines for Individuals with Multiple Sclerosis. Southern Illinois
Multiple Sclerosis Support Group. Collinsville, IL.
- 2022 Adhesive Capsulitis. Washington University School of Medicine Program in Physical
Therapy. September 6, 2022.
- 2022 Lower Back and Knee Pain. Washington University Protective Services. Saint Louis,
MO. September 15 & 16, 2022.
- 2023 Assessing Movement Impairments of the Jaw and Adjacent Regions to Guide TMD
Treatment. APTA MO Spring Conference. St. Louis, MO. April 16, 2023.