

KIAANA HOWARD, PT, DPT
Curriculum Vitae

Date: June 2023

Contact Information:

Saint Louis, Missouri
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Present Position:

Jan 2023: Assistant Professor, Washington University School of Medicine,
Program in Physical Therapy, Saint Louis, Missouri

Education:

2019: Doctor of Physical Therapy, Winston-Salem State University
2016: Bachelor of Science in Exercise Science, University of Tennessee at Chattanooga

Academic Positions/Employment:

Jan 2023- Present: Assistant Professor, Washington University, School of Medicine
Program in Physical Therapy

- *Lab Assistant, Movement and Precision Health (Mod 4: M02 703), SP 2023*
Covers a broad range of topics including areas of fundamentals of movement, the movement system, foundations of movement-related conditions, and healthcare systems as it relates to patient care and professional responsibilities in physical therapy practice.
- *Physical Therapy Attending for student practice in Pro-Bono/Inter-professional (IP) Clinic*
Coordinate with IP-Clinic Director and inter-professional healthcare team to supervise graduate professional students during evaluation and treatment during patient care
Lead clinical discussion rounds with students and other IP attending's to discuss pertinent patient care information pre- and post-clinical operations (this occurs twice a week)
Provide summative feedback and record written evaluations regarding student progress for applicable learners on current CE affiliations

Jan 2022-May 2023: Adjunct Professor, Department of Physical Therapy
Winston-Salem State University, School of Health Sciences
Winston-Salem, NC

- *Primary Instructor, Health and Wellness (DPT 7340), SP 2022*
Covers a broad range of topics including areas of mental, physical, and social health, and designed to learn about wellness and its relationship to the provision of physical therapy.

Clinical Titles and Responsibilities:

- Jan 2023- Present: Assistant Professor/ Clinical Associate Physical Therapist
Washington University, Outpatient Orthopedics,
Central West End Location (@4240), Saint Louis, MO
- Responsibilities are detailed on CEP
- Feb 2020-Dec 2022: Staff Doctor of Physical Therapy
Physio Associates, Outpatient Orthopedics, Smyrna, GA
- Responsibilities are detailed on CEP
- Apr 2020-June 2020:
(Contract) Staff Doctor of Physical Therapy
Select Medical Specialty Hospital, Long Term Acute Care Facility
Atlanta, GA
- Responsibilities are detailed on CEP

Teaching Titles and Responsibilities:

- Jan-May 2023: Assistant Professor & Lab Assistant, Movement and Precision Health
(Module 4: M02 703)
- Responsibilities are detailed on CEP
- August 2022: Guest Lecturer
Evidence In Motion (EIM), Post-Professional Education (virtual)
Evidence In Motion (EIM)
- Responsibilities are detailed on CEP
- Apr 2022: Guest Lecturer
Georgia State University, Department of Physical Therapy
Continuing Education Units, Atlanta, GA (in-person)
- Responsibilities are detailed on CEP
- October 2021: Guest Lecturer
Winston-Salem State University, Department of Physical Therapy
Winston-Salem, NC (virtual)
- Responsibilities are detailed on CEP
- Jul 2021: Guest Lecturer
Select Medical Outpatient Orthopedic Division of Clinical Education
(virtual)
- Responsibilities are detailed on CEP

DEI Service Contributions:

- 2023: WU PT- DEI-B Leadership Team
- Ensuring DEI-B efforts and initiatives are pertinent
throughout WU PT clinical practice division
Lead Facilitator of WU PT SONIC Health Programming
(*pending director approval*)
- Intentional community outreach initiative to serve underrepresented minority
groups in greater Saint Louis, MO area
- Provide service to the public for the prevention of chronic health conditions
- Educate community members regarding their overall health and offer health
literacy resources
- 2021: DEI Thread Leader and Consultant
- Ensure aspects of DEI ideologies and topics are met throughout the admissions
rubric and didactic curriculum for various DPT Programs
North Central College, DPT Program

- Consult HR businesses analyst on concepts to improve the DEI efforts and initiatives at Select Medical (Jan-Feb 2021)
- Educating and providing optimal care to patients in the clinical setting via efforts of DEI principles and techniques

Medical Licensure and Certifications:

2023-Present: Licensed Physical Therapist, State of Missouri, #2023000381
 2019-Present: Licensed Physical Therapist, State of Georgia, #PT014481
 Nov 2021: American Physical Therapy Association, The Credentialed Clinical Instructor Program-Level 1
 Apr 2021: Diversity and Inclusion Certification, Cornell University
 2017-Present: CPR/AED Certified Pediatric and Adult 2017, 2022

Honors and Awards:

Oct 2019: Physical Therapy Student Research Award, 2nd Place, **Howard K.**, Diy N. *Assessing Forward Head Posture, Balance, Activity Level, and Fall Risk in Elderly.* North Carolina Physical Therapy Association Fall Conference. Wilmington, NC. Poster Presentation.
 2017-2019: Elected Class of 2019 WSSU PT Club President, Community Service Organization

Community Service Contributions:

Jan 2023-Present: WUPT DEI-B Leadership Team, Washington University, SOM, Program in PT
 Jan 2023-Present: Lead Facilitator of WU PT SONIC Health Programing, Washington University, SOM, Program in PT
 Aug 2021-Present: North Central College Department of Physical Therapy Program, Advisory Board for Admissions- Naperville, IL
 Jun 2021: Physical Therapy Minority Mentors and Protégés, Georgia
 Aug 2017-Dec 2019: Community Care Clinic Pro Bono Clinic, Student Physical Therapist, Winston-Salem, NC
 2017-2019: Graduate Assistant, Department of Physical Therapy, Winston-Salem State University
 2012-2016: Division 1 Athlete, University of Tennessee at Chattanooga Women's Track and Field Team, Scholarship

Professional Organizations:

2021-Present: Mentor, Physical Therapy Minority Mentors and Protégés, Georgia
 2019-Present: Member, National Association of Black Physical Therapist Inc. (NABPT)
 2017-Present: Member, American Physical Therapy Association (APTA)

Invited Lectureships:

Nov 2020: Invited Guest Speaker; TEDTalk: 2020 Women's Conference for TEDx Lenox Village *Lack of Diversity in Health Care: A Health Disparity.* Nashville, TN
 URL: [Lack of Diversity in Health Care: A Health Disparity | Kiaana Howard, DPT | TEDxLenoxVillageWomen - YouTube](#)
 Feb 2021: Invited Guest Speaker; Residency Program. *Pathway to Success* University of Tennessee at Chattanooga. Virtual
 Mar 2021: Invited Guest Speaker; Graduate Funding Event. *Evening with WSSU* Winston-Salem State University. Virtual
 Nov 2021: Invited Guest Speaker; 2021 Georgia Annual GCCE Symposium: Student Clinical Readiness & Covid-19 & Dialogue on Inclusive Education. *Topic on Microaggressions* Georgia Consortium of Clinical Educators. Virtual

- Mar 2022: Invited Guest Speaker; 2022 Alternative Healthcare Career Panel Discussion Georgia Gwinnett College Pre-Health Advisory Committee. Virtual
- Apr 2022: Invited Guest Speaker; 2022 BIPOC Health Professional Student Collective Panel Discussion. University of Minnesota Physical Therapy DEI Club. Virtual
- Jun 2022: Invited Keynote Speaker; **Howard, K.** and France, S. *Switching Careers...IT'S OKAY!* National Association of Black Physical Therapists, Inc. Annual Conference. Virtual
- Feb 2023: *#Change the Game* Campaign. Minority Women in Sports Medicine, Inc. Instagram.
- Mar 2023: Invited Keynote Speaker; *Diversity and Inclusion at AMWA*, National American Medical Women's Association. Monthly Assembly. Virtual
- Aug 2023: Invited Keynote Speaker; **Howard, K.**, *Long term effects of Long-COVID on Underrepresented Minorities: A Health Disparity*, Evidence in Motion Annual Align Conference. Louisville, KY