

**Jessica L. Randolph, EdD**

**Curriculum Vitae**

**Date:** July 2023

**Contact Information:**

Program in Physical Therapy  
Washington University School of Medicine  
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**Present Position:**

Assistant Director, Learning and Continuous Improvement  
Assistant Professor  
Program in Physical Therapy  
Washington University School of Medicine

**Education:**

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|-----------|--|--|
| 2003-2007 | Carthage College<br>Kenosha, WI          | B.A. Biology                           |
| 2007-2008 | Logan University<br>Chesterfield, MO     | M.S. Sports Science and Rehabilitation |
| 2015-2017 | Lindenwood University<br>St. Charles, MO | EdD Educational Leadership             |

**Academic Positions / Employment:**

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|--------------|--|
| 2009-2019    | Lindenwood University, St. Charles, MO<br>Strength and Conditioning Coach (2009-2015)<br>Instructor, Exercise Science (2009-2017)<br>Fitness Center Director (2015-2016)<br>Exercise Science Program Director (2016-2019)<br>Assistant Professor, Exercise Science (2017-2019)<br>Assistant Dean, School of Health Sciences (2017-2019)<br>Director, General Education Assessment (2019) |
| 2020-Current | Manager, Curriculum Services (2020-2023)<br>Assistant Director, Learning and Continuous Improvement (2023-Current)<br>Washington University in St. Louis, St. Louis, MO  |

## Teaching Title and Responsibilities:

### Outside of Program (2009-2019)

#### EXS25000 Foundations of Sport and Exercise Science, 3 Credits

This course introduced the foundational information in the field of Exercise Science. Course topics and activities included exploration of the general concepts, goals, professional organizations and certifications, sub-disciplines, and career employment opportunities.

#### EXS26000 Concepts in Conditioning, 3 Credits

This course studied the physiological components of exercise and their application when working with athletes, individuals, or small/large groups. Students gained an understanding of the purpose of selecting safe and effective techniques for aerobic and anaerobic conditioning, contraindications to exercise, and evaluation methods used by professionals when working with these populations.

#### EXS2980X Special Topics: Athletic Performance Assessments, 3 Credits

This course was designed for interest in specific subjects related to exercise science.

#### EXS2980X Special Topics: High Intensity Training Protocols, 3 Credits

This course was designed for interest in specific subjects related to exercise science.

#### EXS360 Exercise Principles for Optimal Performance, 4 Credits

This course prepared students to teach and supervise weight training programs in athletic, recreational, and physical education class environment.

#### EXS385 Advanced Strength Training Techniques, 3 Credits

This course included a study of techniques in various strength training exercises. Theory, principle and application of advanced exercise used in rehabilitation and sport specific training was discussed.

#### EXS 40500 Program Implementation, 3 Credits

This course was designed to show mastery of all the concepts of exercise components by assessing, developing, and implementing programs and setting goals in different areas and age groups.

#### EXS41000 Exercise Prescription and Implementation, 3 Credits

This course was designed for the student to explore techniques and strategies used for designing, implementing, and managing specific exercise, health and wellness, and athletic development programs. Students applied their knowledge and skills learned in previous courses to administer appropriate evaluations and use the test results to develop an exercise prescription and properly implement the program.

#### EXS44000 Internships, 3-6 Credits

This internship was completed in the area of interest of the student.

**EXS45500 Exam Preparation, 3 Credits**

This course provided a review of all areas necessary to prepare for the strength training exams including administrative duties, facility management and maintenance, fitness program implementation, dietary considerations, and assessment of fitness, conditioning, strength and flexibility. Labs consisted of implementation of strength programs, and application of areas used in strength gains.

**LNO1010X Time Machine: Time, Sport Performance, and the Human Body, 1 Credit**

This course was a one-hour subject-area seminar and orientation course required of all first-time freshmen. Students were introduced to special topics of their choice based on personal interest, declared major or academic interest while also orientating to the university environment. This special topics seminar course provoked critical thinking, problem solving, and interaction. Course was required of all first-time freshmen or transfer students without an equivalent course previously completed from another college or university.

**PE35600 Theory and Methods of Coaching Weight Training, 3 Credits**

This course was designed to prepare students to teach and supervise weight training programs in athletic, recreational, and physical education class environment.

**Service Contributions:**

**Lindenwood University 2009-2019**

University

Faculty Council member  
Assessment Committee member  
Curriculum mapping workshop facilitator  
Excellence in Assessment Designation project member  
Faculty Development Working Group member  
Coffee, Cookies, and Continuous Development Subcommittee Member  
General Education Assessment Subcommittee Member  
Unconference Moderator

School

Group facilitator for Planning and Assessment Summit  
Coordinated first year faculty assessment  
Teaching evaluations for Exercise Science, Health and Fitness Sciences, Recreation, and Physical Education courses  
Lindenwood Experience Day Coordinator  
Admitted Student Preview Day Coordinator  
School of Health Sciences Day Coordinator and Presenter  
General Education Assessment Coordinator, School of Health Sciences  
Chair, Faculty Scholarship Advisory Committee, School of Health Sciences  
Search committee member, Health Sciences Instructor  
Search committee member, Athletic Training Assistant/Associate Professor  
Lion Launch School Coordinator

## Department

Exercise Science Program Review

Exercise Science Advisory Board Coordinator

Search committee member, Exercise Science Assistant/Associate Professor, multiple positions

Search committee member, various adjunct positions

## **Educational Sessions Presented at Professional Conferences:**

*Development of Domains of Competence and Competencies for Professional DPT Education.* Steven Ambler PT, DPT, MPH, PhD, Tamara Burlis PT, DPT, MHS, B Ruth Clark PT, Gregory Holtzman, PT, DPT, Patricia Navarro McGee PT, DPT, Jessica Randolph EdD, Barbara Norton PT, PhD, FAPTA. Educational Session Presented at Educational Leadership Conference of the American Physical Therapy Association, October 2020.

*Transforming Society through Competency-Based Physical Therapy Education: Moving from Theory to Practice.* Steven Ambler PT, DPT, MPH, PhD, Carey Holleran PT, MPT, DHS, Tamara Burlis PT, DPT, MHS, Jessica Randolph EdD, Barbara Norton PT, PhD, FAPTA, Gammon Earhart PT, PhD, FAPTA. Educational Session Presented at Educational Leadership Conference of the American Physical Therapy Association, October 2021.

*Transforming Society through Competency-Based Physical Therapy Education: Implementation and Active Learning.* Steven Ambler PT, DPT, MPH, PhD, Gammon Earhart PT, PhD, FAPTA, Barbara Norton PT, PhD, FAPTA, Tamara Burlis PT, DPT, MHS, Carey Holleran PT, MPT, DHS, Jessica Randolph EdD, Patricia Navarro McGee PT, DPT. Educational Session Presented at Educational Leadership Conference of the American Physical Therapy Association, October 2022.