

# CURRICULUM VITAE

**DATE:** June 2023

**NAME:** Lynnette Ching Ling Khoo-Summers

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**PRESENT POSITION: 2014 TO PRESENT**

Associate Professor  
Program in Physical Therapy  
Department of Orthopaedic Surgery  
Washington University School of Medicine  
St Louis, Missouri

**EDUCATION:**

<u>Date:</u>	<u>Degree:</u>	<u>Institution:</u>	<u>Field:</u>
1986-1990	BA	Colorado State University Fort Collins, Colorado	Performing Arts & Technical Journalism
1996-1998	MSPT	Washington University School of Medicine St Louis, Missouri	Physical Therapy
2004-2008	DPT	Washington University School of Medicine St Louis, Missouri	Physical Therapy

**ACADEMIC POSITIONS/ EMPLOYMENT:**

<u>Date(s):</u>	<u>Position:</u>	<u>Institution/Facility:</u>
April 1999 – Jan. 2001	Physical Therapist	BJC Rehabilitation and Fitness Center & Milliken Hand Rehabilitation Center St. Louis, Missouri
Jan. 2001 - June 2006	Laboratory Instructor	Washington University School of Medicine Program in Physical Therapy St. Louis, Missouri
Jan. 2001 - June 2006	Physical Therapist	The Rehabilitation Institute of St Louis & Milliken Hand Rehabilitation Center St. Louis, Missouri

July 2006 – June 2009	Instructor	Washington University School of Medicine Physical Therapy and Orthopaedic Surgery St. Louis, Missouri
July 2009 – June 2014	Assistant Professor	Washington University School of Medicine Physical Therapy and Orthopaedic Surgery St. Louis, Missouri
July 2014 - present	Associate Professor	Washington University School of Medicine Physical Therapy and Orthopaedic Surgery St. Louis, Missouri

**TEACHING TITLE AND RESPONSIBILITIES:**

**Professional Clinical Doctorate (DPT) Curriculum  
Program in Physical Therapy  
Washington University School of Medicine  
St. Louis, Missouri**

**Current Teaching Responsibilities**

<b>2022-present</b>	<b>DPT Learner Coach</b>
<b>2021</b>	<b>Lecturer, laboratory assistant, Module 4: Movement and Precision Health (PT 703)</b>
<b>2022 – present</b>	<b>Lecturer, laboratory assistant, Module 5: Prevention, Diagnosis and Management of Movement-Related Problems (PT 710)</b>
<b>2023 – present</b>	<b>Lecturer, laboratory assistant, paper grader, Module 6: Prevention, Diagnosis and Management of Complex Movement-Related Problems (PT 711)</b>

**Legacy curriculum**

**Alternative Settings and Practice Environments (PT 652)**

2012 – 2023	Course Master
2010 – 2011	Assistant Course Master
2007 – 2023	Lecturer

**Diagnosis & Management of Musculoskeletal Conditions in PT I (PT 614)**

2003 – 2021	Laboratory Assistant
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**Diagnosis & Management of Musculoskeletal Conditions in PT II (PT 624)**

2003 – 2014	Laboratory Assistant and Paper Grader
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**Diagnosis & Management of Musculoskeletal Conditions in PT III (PT 638)**

2003 – 2022	Lecturer, Laboratory Assistant and Paper Grader
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**Essential Clinical Skills in PT I (PT 603)**

2015 – 2021	Laboratory Assistant
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**Essential Clinical Skills in PT II (PT 627)**  
2003 – 2022            Lecturer and Laboratory Assistant

**Essential Clinical Skills in PT III (PT 637)**  
2003 – 2013            Laboratory Assistant

**Health, Fitness and Prevention (PT 653)**  
2009 – 2012            Lecturer

**Kinesiology II (PT 613)**  
2003 – 2021            Laboratory Assistant

**Orthopaedic Medicine (PT 623)**  
2006 – 2015            Paper Grader

**Case Integration I (PT 628)**  
2015 – 2017            Lecturer

**Student Advisement/Clinical Instructor**  
2006 – 2022            Case Integration III (including Focus Study) and Diagnosis  
and Evidence Analysis (DEA) III, Clinical Education II  
  
2006 – 2013            Case Integration I and II advisor

**ADDITIONAL TEACHING RESPONSIBILITIES AT WASHINGTON UNIVERSITY:**  
**RHEUMATOLOGY FELLOWS**  
Washington University School of Medicine  
St Louis, Missouri

**Introduction to physical therapy**  
2022                      Lecturer

**POST-PROFESSIONAL CLINICAL DOCTORATE (PPDPT) EDUCATION**  
**Program in Physical Therapy**  
Washington University School of Medicine  
St Louis, Missouri

**Diagnosis & Management of Musculoskeletal Conditions Course - Upper Quarter**  
2010 – 2012            Lecturer

**Capstone Project**  
2012 – 2014            Advisor

**DIAGNOSIS AND MANAGEMENT OF MOVEMENT IMPAIRMENTS FELLOWSHIP**  
**Program in Physical Therapy**  
Washington University School of Medicine  
St. Louis, Missouri

**Diagnosis and Management of Performing Artists**  
2012 - 2020            Lecturer

**PERFORMING ARTS DEPARTMENT  
Washington University  
St. Louis, Missouri**

**Focus Study Course**  
Sept 12, 2011          Lecturer

**ADVISEMENT OF 6<sup>TH</sup> YEAR YEAR MEDICAL STUDENT  
Washington University School of Medicine  
St. Louis, Missouri**

2009                  Served as advisor to 6<sup>th</sup> year medical student during his 8 week rotation  
initiating a research survey on musicians regarding healthcare utilization.

**MOVEMENT SYSTEM DIAGNOSIS COURSES:**

**Upper and Lower Quarters**  
2003 – present          St Louis, cities in the United States of America and Canada

**DANCE AND MEDICINE COURSE  
Washington University School of Medicine to medical students  
St Louis, Missouri**

Oct 9, 2019          Lecturer

**UNIVERSITY AND HOSPITAL APPOINTMENTS AND COMMITTEES:  
WASHINGTON UNIVERSITY SCHOOL OF MEDICINE**

**Physical Therapy and Orthopaedic Surgery**  
July 2004 - present          Medical Program for the Performing Artists, Co-Director

**Program in Physical Therapy**

2006 – 2007          Program Innovation Council member

2006 – 2010          Committee on Academic Evaluation of Students (CAES) member,  
Washington University Program in Physical Therapy

2007 – 2008          Clinical Practice Advisory Council member

2012 – 2023          Committee on Academic and Professional Evaluation of Students  
(CAPES) member – Spring semesters only

2020 – present          Committee for Curriculum Renewal for Module 7 & 8

**THE REHABILITATION INSTITUTE OF ST. LOUIS**

2001 – 2006          Aquatics Program

2005                  Service Excellence Committee

**MEDICAL LICENSURE:**

1999                  Missouri Board of Registration for the Healing Arts  
Registration No. 118145

**SPECIALTY CERTIFICATION:**

2009 American Physical Therapy Association (APTA) Credentialed  
Clinical Instructor

**EDITORIAL RESPONSIBILITIES:**

2010 - Present Reviewer for American Academy of Physical Medicine and  
Rehabilitation Journal

2014 – Present Reviewer for Medical Problems of Performing Artists Journal and Journal  
of Dance Medicine and Science

2016 – Present Editorial Board for Medical Problems of Performing Artists Journal

**SCIENTIFIC/PROFESSIONAL ORGANIZATIONS/SOCIETIES:**

1996 – 2002 American Physical Therapy Association

2006 – present American Physical Therapy Association, Orthopaedic Section and  
Performing Arts Special Interest Group

2006 – present International Association for Dance Medicine and Science

2013 – present International Association for Dance Medicine and Science, Publications  
Committee

2010 - present Performing Arts Medicine Association

2014 - 2015 American Academy of Orthopedic Manual Physical Therapists

**RESEARCH SUPPORT:**

2010 - 2012 Principal Investigator  
Professional Musicians Survey on Healthcare Utilization and  
Psychosocial Factors  
Source: Program in Physical Therapy for \$1,500

**TRAINEE/MENTEE/SPONSORSHIP RECORD:**

**PERFORMING ARTS MEDICINE ASSOCIATION (PAMA) and INTERNATIONAL  
ASSOCIATE FOR DANCE MEDICINE AND SCIENCE (IADMS) MENTORING PROGRAM**

2021 – present Mentor to junior national and international physical therapists related to  
advancing their career in working with performing artists from patient care  
(building their practice) to research ideas.

**ADVISEMENT OF 6<sup>TH</sup> YEAR YEAR MEDICAL STUDENT**

**Washington University School of Medicine  
St. Louis, Missouri**

2009 Served as advisor to 6<sup>th</sup> year medical student, Peter Chimenti, during his 8 week  
rotation initiating a research survey on musicians regarding healthcare utilization.

**POST-PROFESSIONAL CLINICAL DOCTORATE (PPDPT) EDUCATION**

**Program in Physical Therapy  
Washington University School of Medicine**

**St Louis, Missouri**  
**Capstone Project**  
2012 – 2014                      Advisor

**CLINICAL INSTRUCTOR for CLINICAL DOCTORATE DEGREE**  
**Program in Physical Therapy**  
**Washington University School of Medicine**  
**St Louis, Missouri**

Most recent clinical education:

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| 2010 | Clinical Education III: co-clinical instructor with Sylvia Czuppon – Greg Skelley        |
| 2012 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – Curtis Sargent       |
| 2014 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – Katrina Rinne        |
| 2016 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – Seth Grover          |
| 2017 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – Samantha King        |
| 2018 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – Aimee Smith          |
| 2019 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – Christopher Thaller  |
| 2020 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – Alexandria Van Zandt |
| 2021 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – April McNamara       |
| 2022 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – Alexandra Huynh      |
| 2023 | Clinical Education II: co-clinical instructor with Sylvia Czuppon – Elena Kim            |

Past responsibilities similar to current clinical instruction for students but occurred while employed at The Rehabilitation Institute of St. Louis and BJC Rehabilitation and Fitness.

**PRESENTATIONS AND SEMINARS:**

**Performing arts related topics at professional conferences:**

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| Nov 20, 2020 | Web-based live interview with Dr. Devyani Hunt<br>Community of physical therapists and performing artists<br>St Louis, Missouri |
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April 29, 2020	<p>“Physical therapy and dance”  Web-based live interview with Rosanna Baroni and Eva Fasolo  Physiotherapists, dance teachers and students in Italy  Move Rehab  Milan, Italy</p>
Feb 15, 2020	<p>“Evaluation and treatment of the shoulder girdle of aerial artists from a Movement Systems perspective”  American Physical Therapy Association Combined Section Meeting  Denver, Colorado</p>
Oct 25, 2019	<p>“Hanging assessment and corrective exercises for aerial artists”  29<sup>th</sup> International Association for Dance Medicine and Science Annual Conference  Montreal, Canada</p>
Oct 25, 2019	<p>“Physical therapy management of a young competitive Irish dancer with ankle pain, instability and metatarsal fracture by correcting her movement impairments”  29<sup>th</sup> International Association for Dance Medicine and Science Annual Conference  Montreal, Canada</p>
Oct 22, 2019	<p>“Physical therapy management of a young competitive Irish dancer with ankle pain, instability and metatarsal fracture by correcting her movement impairments”  Research Seminar  Washington University Program in Physical Therapy  St Louis, Missouri</p>
Mar 29, 2019	<p>“Evaluation and Treatment of Lower Quarter Injuries in the Young Dancer”  12<sup>th</sup> Annual Sports Medicine Update  Washington University School of Medicine  Department of Orthopedics  St Louis, Missouri</p>
Oct 14, 2017	<p>“Rehabilitation of a dancer with an anterior approach total hip arthroplasty: A case report on benefits and pitfalls.”  27<sup>th</sup> Annual International Association for Dance Medicine and Science Annual Conference  Houston, Texas</p>
Jun 10, 2017	<p>“Playing longer and stronger: understanding typical injuries in musicians and how to prevent them”  St Louis Music Therapists Association conference  St Louis, Missouri</p>
Mar 18-19, 2017	<p>Foot and ankle injuries in dancers – lecture and demonstration  European physiotherapists and school teachers</p>

Busto Arsizio/Milan, Italy

- Nov 2, 2016 “Examination and Treatment of a Competitive Figure Skater with Psoritic Arthritis with Bilateral Hip Pain Status Post Three Arthroscopic Labral Repairs”  
9<sup>th</sup> Interdisciplinary World Congress on Low Back and Pelvic Girdle Pain  
Singapore
- Nov 2, 2016 “Examination and Treatment of an Adolescent Circus Artist with Low Back Pain with Utilization of a Patient Specific Functional Scale to Assist in Returning the Patient to all her circus skills”  
9<sup>th</sup> Interdisciplinary World Congress on Low Back and Pelvic Girdle Pain  
Singapore
- July 10, 2015 “Examination and Treatment of Neck Pain with the Inclusion of Assessing Scapular Movement Impairments in 3 Performing Artists: Circus Artist, Clarinetist and Broadway Musical Theater Performer”  
33<sup>rd</sup> Annual Performing Arts Medical Association Symposium  
Snowmass, Colorado
- July 18, 2014 “Evaluation of Lower Quarter Injuries in the Dancer”  
8<sup>th</sup> Annual Sports Medicine Update  
Washington University School of Medicine  
Department of Orthopedics  
St Louis, Missouri
- Oct. 19, 2013 “Conservative care of skeletally immature dancers with intra-articular, pre-arthritis hip disorders: a case series”  
International Association for Dance Medicine and Science Annual Meeting  
Seattle, Washington
- Sept. 20, 2013 Examination and treatment on dancers – lecture and demonstration  
European physiotherapists  
Busto Arsizio Choreutic High School  
Busto/Milan, Italy
- Oct. 28, 2012 “Movement System Diagnosis: Motor Control and Learning for Diagnosis”  
International Association for Dance Medicine and Science Annual Meeting  
Singapore
- July 24, 2011 “Who Provides Healthcare to Orchestral Musicians for Playing-Related Symptoms?”  
Performing Arts Medicine Association Conference  
Snowmass, Colorado



- Feb. 9, 2011 “Movement Impairment Issues in Performing Artists: Considerations for Evaluation and Treatment of upper and Lower Quarter Injuries”  
American Physical Therapy Association Combined Section Meeting  
New Orleans, Louisiana
- Feb. 19, 2010 “Movement System Impairment Examination and Treatment: Dancer with Acetabular Labral Tear” – a platform presentation  
American Physical Therapy Association Combined Section Meeting  
San Diego, California
- Oct. 25, 2008 “Measurement of tibiofemoral rotation and the relationship of tibiofemoral rotation to first position turnout”  
International Association for Dance Medicine and Science Annual Meeting  
Cleveland, Ohio
- July 2, 2008 “Balance your talent with healthy posture and movement: Lecture and Workshop” ClarinetFest®  
International Clarinet Conference  
University of Missouri at Kansas City  
Kansas City, Missouri

**Sports/orthopedics Physical Therapy:**

- Nov. 10, 2012 Innovations in the Treatment of Hip and Knee Disorders:  
Perioperative Care of Patient with THR and other Hip Procedures  
Washington University Orthopaedic Surgery  
St. Louis, Missouri
- Feb. 19, 2010 “The Complicated Patient”  
Co-presentation with Sara Scholtes, PT, PhD, DPT  
American Physical Therapy Association Combined Section Meeting  
San Diego, California

**Aquatics Physical Therapy:**

- 2002 – 2006 Intro to Aquatic Physical Therapy  
The Rehabilitation Institute of St. Louis  
St Louis, Missouri

**BIBLIOGRAPHY:**

**Original, peer reviewed articles in referred journals**

1. Fadl YY, Ellenbogen KA, Grubb RL Jr, **Khoo-Summers L**, Lindsay BD. A Review of Spinal Injuries in Invasive Cardiology: Part 1 – Biomechanics and Pain Generation. *Pacing Clin Electrophysio.* 2007; 30:1012-1019.

2. Fadl YY, Ellenbogen KA, Grubb RL Jr, **Khoo-Summers L**, Lindsay BD. A Review of Spinal Injuries in Invasive Cardiology: Part 2 – Prevention and Treatment. *Pacing Clin Electrophysio*. 2007; 30:1049-1157.
3. Melby SJ, Vedantham S, Narra VR, Paletta GA Jr, **Khoo-Summers L**, Driskill MR, Thompson RW. Comprehensive Surgical Management of the Competitive Athlete with Effort Thrombosis of the Subclavian Vein (Paget-Schroetter Syndrome). *Jour Vascular Surgery*. 2008; 47:809-820.
4. **Khoo-Summers LC**, Prather H, Hunt DM, Van Dillen LR. Predictors of First Position Turnout in Collegiate Dancers: The Role of Tibiofemoral External Rotation and Hip External Rotation. *Am J Phys Med Rehabil*. 2013; 92:136-142.
5. Chimenti, RLP, Van Dillen LR, Prather H, Hunt DM, Chimenti PC, **Khoo-Summers, L**. Underutilization of Worker's Compensation Insurance among Professional Orchestral Musicians. *Med Probl Perform Art*. 2013; 28:54-60.

#### Case reports:

1. **Khoo-Summers L**, Bloom NJ. Examination and treatment of a professional ballet dancer with a suspected acetabular labral tear: A case report. *Manual Therapy*. 2015; 20:623-629.
2. Chimenti RLP, Van Dillen LR, **Khoo-Summers L**. Use of a patient specific outcome measure and a movement classification system to guide nonsurgical management of a circus performer with low back pain: A case report. *Jour of Dance Med & Sci*. 2017; 21:185-192.
3. Scholtes SA, **Khoo-Summers L**, Damico KJ. Presentation and management of arthrofibrosis of the knee: A case report. *Physiother Theory Pract*. 2017;33:815-824.

#### Textbook chapters:

1. Caldwell CA, **Khoo-Summers L**. Movement System Syndromes of the Hand and Wrist. In Sahrmann SA and Associates. *Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines*. 1<sup>st</sup> ed. St Louis, MO: Elsevier; 2011;165-278.
2. Caldwell CA, **Khoo-Summers L**. Movement System Syndromes of the Elbow. In Sahrman SA and Associates. *Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines*. 1<sup>st</sup> ed. St Louis, MO: Elsevier; 2011;279-353.
3. Karageanes SJ, Donahue AM, **Khoo-Summers L**. Chapter 12: Dance injuries in the upper extremity. In Russell JA (ed.) *Dance Injuries: Reducing Risk and Maximizing Performance*. Champaign, IL: Human Kinetics Publishers, 2024 (anticipated publication date).

#### Abstracts:

1. Gage MJ, Thompson RW, **Khoo-Summers L**, Majewski TL, Evans TA. Acute, idiopathic swelling in the arm of a female collegiate volleyball player. National Athletic Trainers' Association Annual Meeting and Clinical Symposia. Baltimore, MD; June 19, 2004: 12:40 – 2:50 pm. Abstract: Supplement to Journal of Athletic Training. 2004;39(2):S-78.
2. **Khoo-Summers LC**, Hunt DM, Prather H, Van Dillen LR. Measurement of tibiofemoral rotation and the relationship of tibiofemoral rotation to first position turnout. In

*Proceedings of the 18<sup>th</sup> Annual International Association for Dance Medicine and Science 18th Annual Meeting, 2008; October 23-25:p72-73.*

3. **Khoo-Summers LC**, Hunt DM, Prather H, Van Dillen LR. Hip lateral rotation and first position: to measure in prone or not to measure in prone, that is the question. In *Proceedings of the 18<sup>th</sup> Annual International Association for Dance Medicine and Science 18th Annual Meeting, 2008; October 23-25:p96-97.*
4. Prather H, **Khoo-Summers L**, Chimenti RLP, Chimenti P, Hunt DM, Van Dillen LR. Characteristics of ICSOM Members in 1988 Versus 2010: A Descriptive Comparison. In *Proceedings of the 29<sup>th</sup> Annual Performing Arts Medicine Association Symposium, 2011; July 21-24:p18-19.*
5. Chimenti RLP, **Khoo-Summers L**, Chimenti P, Hunt DM, Prather H, Van Dillen LR. Factors influencing the decision to file for worker's compensation insurance in musicians. In *Proceedings of the 29<sup>th</sup> Annual Performing Arts Medicine Association Symposium, 2011; July 21-24:p50-51.*
6. Hunt DM, **Khoo-Summers L**, Chimenti RLP, Chimenti P, Prather H, Van Dillen LR. Worker's compensation and psychosocial factors in professional musicians. In *Proceedings of the 29<sup>th</sup> Annual Performing Arts Medicine Association Symposium, 2011; July 21-24:p110.*
7. **Khoo-Summers L**, Chimenti RLP, Chimenti P, Hunt DM, Prather H, Van Dillen LR. Who provides healthcare to orchestral musicians for playing related symptoms? In *Proceedings of the 29<sup>th</sup> Annual Performing Arts Medicine Association Symposium, 2011; July 21-24:p106-107.*
8. **Khoo-Summers L**, Stephens A, Hunt D, Prather H. Conservative care of skeletally immature dancers with intra-articular, pre-arthritis hip disorders: a case series. In *Proceedings of the 23<sup>rd</sup> Annual International Association for Dance Medicine and Science 23<sup>rd</sup> Annual Meeting, 2013.*
9. **Khoo-Summers L**. Examination and Treatment of Neck Pain with the Inclusion of Assessing Scapular Movement Impairments in 3 Performing Artists: Circus Artist, Clarinetist and Broadway Musical Theater Performer. In *Proceedings of the 33<sup>rd</sup> Annual Performing Arts Medicine Association Symposium, 2015; July 10:p106-107.*
10. **Khoo-Summers L**. Examination and Treatment of a Competitive Figure Skater with Psoriatic Arthritis with Bilateral Hip Pain Status Post Three Arthroscopic Labral Repairs. In *Proceedings of the 9<sup>th</sup> Interdisciplinary World Congress on Low Back and Pelvic Girdle Pain, 2016: p.371-372.*
11. **Khoo-Summers L**. Examination and Treatment of an Adolescent Circus Artist with Low Back Pain with Utilization of a Patient Specific Functional Scale to Assist in Returning the Patient to all her circus skills. In *Proceedings of the 9<sup>th</sup> Interdisciplinary World Congress on Low Back and Pelvic Girdle Pain, 2016: p.371.*
12. Kothe C, **Khoo-Summers L**. Physical therapy management of a competitive dancer with chronic hip pain with femoroacetabular impingement, hip dysplasia, labral tear, and

- psoas tendinitis. *In Proceedings of the 27<sup>th</sup> Annual International Association for Dance Medicine and Science Annual Conference, 2017*
13. Grover S, **Khoo-Summers L**. Injury and symptom prevalence in professional and non-professional United States Dancesport dancers: a national survey. *In Proceedings of the 27<sup>th</sup> Annual International Association for Dance Medicine and Science Annual Conference, 2017.*
  14. **Khoo-Summers L**. Rehabilitation of a dancer with an anterior approach total hip arthroplasty: A case report on benefits and pitfalls. *In Proceedings of the 27<sup>th</sup> Annual International Association for Dance Medicine and Science Annual Conference, 2017: p.166*
  15. Scherb, E, **Khoo-Summers L**. Hanging assessment and corrective exercises for aerial artists. . *In Proceedings of the 29<sup>th</sup> Annual International Association for Dance Medicine and Science Annual Conference, 2019: p.101*
  16. **Khoo-Summers, L**. Physical therapy management of a young competitive Irish dancer with ankle pain, instability and metatarsal fracture by correcting her movement impairments. *In Proceedings of the 29<sup>th</sup> Annual International Association for Dance Medicine and Science Annual Conference, 2019: p.254*
  17. Scherb E, **Khoo-Summers L**. Evaluation and treatment of the shoulder girdle of aerial artists from a Movement Systems perspective. *In proceedings of American Physical Therapy Association Combined Section Meeting 2020*
  18. Vagy, J, **Khoo-Summers L**, Scherb E. At the End of your Rope – Rehab Solutions for Climbers and Aerialists. Precon Course (accepted but did not present due to lack of participants). *American Physical Therapy Association Combined Section Meeting 2022*