# Mary Crumley, PT, DPT, NCS, CBIS, MSCS Board-Certified Neurological Clinical Specialist Curriculum Vitae June 2023

**CONTACT INFORMATION** 

4444 Forest Park Ave Campus Box 8502

St. Louis, Missouri 63108-2212

Office: 314-286-1614 Fax: 314-286-1473

Email: crumleymary@wustl.edu

### PRESENT POSITION

Assistant Professor, Physical Therapy and Neurology Washington University School of Medicine, St. Louis, MO

### **EDUCATION**

#### UNDERGRADUATE

**Bachelor of Arts in Chemistry, Minor in Mathematics** 

May 2011

Luther College, Decorah, IA

Cum Laude

#### **GRADUATE**

## **Doctor of Physical Therapy**

December 2013

St. Ambrose University, Davenport, IA

## **Neurologic Physical Therapy Residency Program**

July 2015

MossRehab, Elkins Park, PA

### ACADEMIC POSITIONS/EMPLOYMENT

UnityPoint Health- Allen Hospital

March 2014-June 2014

Staff physical therapist in the acute care and inpatient rehab setting. Provided care throughout hospital and supervised physical therapy assistants.

MossRehab-Einstein Healthcare Network

July 2014-July 2015

Resident physical therapist completing 4 month rotations in the inpatient/outpatient brain injury setting, outpatient neurologic and vestibular setting, and inpatient stroke and spinal cord injury setting.

Courage Kenny Rehabilitation Institute, Allina Health

August 2015-June 2016

Resource physical therapist in the acute care, ICU, inpatient rehab, aquatic,

skilled nursing facility, and outpatient neurologic setting.

SSM Health Rehabilitation Hospital, Richmond Heights February 2017-August 2018 Per diem physical therapist in the general inpatient rehabilitation setting.

The Rehabilitation Institute of St. Louis

July 2016-February 2019

Full-time physical therapist in the inpatient rehabilitation setting with a neurologic focus on spinal cord injury, amputation, and general trauma.

Washington University Program of Physical Therapy

Clinical Associate

March 2019- February 2023

Eighty-five percent of time spent in direct patient care and 15 percent of time spent in education. Clinical practice includes the following patient population: Multiple sclerosis, Parkinson's, vestibular, concussion, brain injury, stroke, spinal cord injury, post-COVID, debility, amputee and specialty seating and positioning clinic. My education role ranges from lab assisting and content developing for the Washington University Program of Physical Therapy and mentoring clinical associates.

**Assistant Professor** 

March 2023- Present

Time split between education and clinical practice division.

### CLINICAL TITLE AND RESPONSIBILITIES

Neurological physical therapist working at the Washington University Program of Physical Therapy @4240 Clinic. Clinical practice includes, but is not limited to the following patient population: Multiple sclerosis, Parkinson's, vestibular, concussion, brain injury, stroke, spinal cord injury, post-COVID, debility, amputee and specialty seating and positioning clinic.

### TEACHING TITLE AND RESPONSIBILITES

Content creator for the following Courses: Module 5 and Module 6

Lab Assistant: Module 3, Module 5, and Module 6

Lab Assistant: Diagnosis and Management of Neuromuscular Conditions I and II

Advisor: DEA III

### MEDICAL LICENSURE AND CERTIFICATION

Physical Therapist

Active:

State of Missouri

Issued 4.27.2016

State of Illinois

Issued 4.29.2020

Inactive:

State of Iowa

Issued 2.6.2014-1.15.2016

State Minnesota

Issued 7.9.2015-1.1.2016

State of Pennsylvania

Issued 5.28.2014-12.31.2016

Certified Specialist in Neurologic Physical Therapy

American Board of Physical Therapy Specialties

Certified Brain Injury Specialist

October 2018-present

Certified Multiple Sclerosis Specialist

March 2020-Present

July 2016-Present

APTA Credentialed Clinical Instructor

October 2015

CPR and First Aid, American Heart Association, St. Paul, Minnesota

2011-present

#### NATIONAL COMMITTEES:

ANPT Practice Committee, <i>Member</i>	2021-present
FSBPT PTA Practice Analysis Task Force	2022
Echo MS- Central Hub at Washington University, Team Member	2020-2022
American Physical Therapy Association, Member	2011-present
Neurology Section, Member	2013- present
Brain Injury and Vestibular SIG, Member	2015-present
NCS Committee, Member	2017-2020
COMMUNITY SERVICE CONTRIBUTIONS:	
Violence as a Public Health Issue, panel member	October 2021
Washington University School of Medicine. Virtual	October 2021
WUPT Running Clinic, speaker/volunteer	
Balance and Running, virtual	Fall 2021
Couch to 10K Saturday morning run, Forest Park	Fall 2019
Big River Speed Work	Fall 2019
Exercise and Parkinson's Disease, speaker	February 2021
Support group for individuals recently diagnosed with Parkins	•
· · · · · · · · · · · · · · · · · ·	March 2020
Dignity Period Gala, volunteer	March 2020
St. Louis, MO	Fohmomy 2020
Wheelchair Rugby Tournament, volunteer	February 2020
St. Peters, MO	Eall 2010
St. Louis Ataxia Support Group, speaker	Fall 2019
St. Louis, MO.	C 2010
Parkinson's Support Group, speaker	Spring 2019
Movers and Shakers, Kirkwood, MO	4 1 2010
St. Louis Women's Bike Summit, vendor	April 2019
St. Louis, MO	4 11 2017
Missouri Special Olympics, volunteer	April 2017
St. Louis Community College, St. Louis, MO	2010
FSBPT Item Writer 20 questions	2019
Neuro Academy CSM Booth, volunteer	February 2017
San Antonio, TX	
Disable Athlete Sports Association Adaptive Skiing, <i>volunteer</i> Hidden Valley, MO	January-February 2017
Courage Kenny Adaptive Ski and Sports, volunteer Dece	ember 2015-March 2016
Afton, MN	M1-2016
Second Harvest, volunteer	March 2016
Golden Valley, MN	D 1 2015
Free Bikes for Kids, volunteer	December 2015
Minneapolis, MN	1 2017
Life Rolls On: We Will Surf Again, volunteer	June 2015
Wildwood Crest, NJ	NT 1 2014
New Roads, New Directions: Finding Your Way After Brain Inju	ry November 2014
Volunteer	
Philadelphia, PA	

Race for Recovery 5K, volunteer
Newtown, PA
Up With Families, volunteer
Davenport, IA
King's Harvest Soup Kitchen, volunteer
Davenport, IA

October 2014

February 2013

May-December 2012

### MENTEE RECORD:

Clinical mentor to the following clinicians: Sylvia Son 2022-2023 Elizabeth Hughes 2022 Amy DeFranco 2021

### **BIBLIOGRAPHY**

### **POSTERS**

M Crumley. Feasibility of Moderate to High Intensity Gait Training in a Patient with Transfemoral Amputation. ACRM Annual Conference virtual 2021. Accepted to CSM 2022

M Crumley, T Notestine, M Bland, B Crowner, R Duncan, C Holleran. *Barriers to and Percentage of Vital Sign Assessment in an Outpatient Physical Therapy Setting*. CSM 2021 virtual.

M Crumley. Feasibility of High-Intensity Gait Training in an Individual with Chronic Severe Traumatic Brain Injury in the Outpatient Setting. Abstracted accepted MPTA spring conference postponed 2020.

O Rinco, M Crumley, and K Indrelie. *Detecting Trace Amounts of Environmental Pollutants via Fluorescence Spectroscopy*. Poster Presentation. Presented at the Undergraduate Research Symposium in the Physical Sciences, Mathematics, and Computer Science, Washington University, St. Louis, MO. 2010.

## **PRESENTATIONS**

M Crumley. Feasibility of Moderate to High Intensity Gait Training in a Patient with Transfemoral Amputation. Oral Presentation. Presented at Washington University Program of Physical Therapy Research Seminar, St. Louis, MO 2021.

M Crumley. *Intensive Gait Training*. Oral Presentation. Presented at The Rehabilitation Institute of St. Louis, St. Louis, MO 2018

M Crumley. *Differential Diagnosis of a Patient with Gait Dysfunction and Dizziness*. Oral Presentation. Presented at MossRehab, Elkins Park, PA 2015.

M Crumley. *Vestibular Migraine-Literature Review*. Oral Presentation. Presented at MossRehab, Elkins Park, PA 2015.

M Crumley. *A Case Study in a Patient with Ataxia*. Oral Presentation. Presented at MossRehab, Elkins Park, PA 2014.

M Crumley. *Ataxia Outcome Measures-Literature Review*. Oral Presentation. Presented at MossRehab, Elkins Park, PA 2014.

M Crumley, M Elgin, E Horner, L Wettach; and John O. Barr, PT, PhD, advisor. *Is Mirror Therapy a beneficial adjunct treatment in patients with sub-acute stroke?* Oral Presentation and Literature Review. Presented at St. Ambrose University, Davenport, IA. 2013

J Armstead, M Crumley, J Frinak, S Small, L Jay. *Solving Numerical Systems Using Specialized Partitioned Additive Runge-Kutta Methods*. Oral Presentation. Presented at the Iowa Summer Research Symposium, University of Iowa, Iowa City, IA. 2009.

### CLINICIAN-EDUCATOR PORTFOLIO

### TEACHING EXPERIENCE

Am (C Em Emer (CE		
Module VI, Lab Assistant, Content creator	Spring 2023	
Washington University Program of Physical Therapy, St. Louis, M	O	
Module V, Lab Assistant, Content creator	Fall 2022	
Washington University Program of Physical Therapy, St. Louis, M	O	
Case Integration I, Advisor	Fall 2021	
Washington University Program of Physical Therapy, St. Louis, M	O	
Module III, Lab Assistant	Fall 2021	
Washington University Program of Physical Therapy, St. Louis, M	O	
"Special Considerations for Individuals with Traumatic	Spring 2021/2022	
Brain Injury" Lecturer		
Washington University Program of Physical Therapy, St. Louis, MO		
2 hours of asynchronous content on physical therapy treatment of individuals with		
brain injury including spasticity and heterotrophic ossification management.		
DEA III, Advisor	Spring 2020-Present	
Washington University Program of Physical Therapy, St. Louis, MO		
Diagnosis and Management of Neuromuscular Conditions I and II,	April 2017- Present	
Lab Assistant, Practical Grader, and assist with case development	_	
Washington University Program of Physical Therapy, St. Louis, M.	OI	
Washington University Part and Full-time Clinical Instructor:	2017-Present	
ECE and CE I (1), II (2), III (2), IV (2)		
Washington University Outpatient Clinic TRISL location St. Louis, MO		
"Intensive Gait Training" Neuro Focus Study, Lab Assistant	April 2018-Present	
Washington University, St. Louis, MO	•	
NCS Online Review Board, Content Contributor	2018-2020	
Statistics Review and Introduction into Evidence Based-Practice		
Regis University Full-Time Clinical Instructor	Fall 2018	
The Rehabilitation Institute of St. Louis, St. Louis, MO		

Spring 2018

Neuro rounds for Case integration III, Clinical Instructor

Washington University, St. Louis, MO Transfer Training Blitz Station March 2017 and 2018 The Rehabilitation Institute of St. Louis, St. Louis, MO St. Louis University Full-Time Clinical Instructor Spring 2018 The Rehabilitation Institute of St. Louis, St. Louis, MO Executive Function, Widener University Lecture June 2015 Co-presenter Arcadia University Part-Time Clinical Instructor September 2014-March 2015 MossRehab Elkins Park, PA Widener Student Experience, Brain Injury September 2014-October 2014 PROFESSIONAL DEVELOPMENT Witnessing Whiteness: The Need to Talk about Race and 2020-2021 How to Do It, Participant City Faces Tour, Participant 2019