**Megan Burgess, DPT, OCS**

**Curriculum Vitae**

**Date:** April 2024

**Contact Information:** 4444 Forest Park

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St. Louis, Missouri 63108

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**Present Position:**

07/2020 - present Assistant Professor in Physical Therapy and Orthopedics Program in Physical Therapy

Washington University School of Medicine, St. Louis, Missouri

**Education:**

08/2007-05/2010 Doctor of Physical Therapy (DPT)

Washington University, St. Louis, Missouri

08/2002-05/2006 Bachelor of Arts (BA), Bachelors in Education (BEd)

University of Virginia, Charlottesville, Virginia

**Academic Positions / Employment:**

07/2020-present Assistant Professor in Physical Therapy, Orthopedics

Washington University in St. Louis, Missouri

01/2017-07/2020 Physical Therapy Lab Assistant, Small Group Advisor

Washington University in St. Louis, Missouri

01/2017-07/2020 Staff Therapist, Orthopedics and Pelvic Health

SSM Health Physical Therapy, St. Louis, Missouri

08/2015-01/2017 Center Manager, Orthopedics and Pelvic Health

SSM Health Physical Therapy, St. Louis, Missouri

12/2012-08/2015 Staff Therapist, Orthopedics and Pelvic Health

SSM Health Physical Therapy, St. Louis, Missouri

07/2010-11/2012 Staff Therapist, Orthopedics

Progress Physical Therapy, Richmond, Virginia

**Clinical Title and Responsibilities:**

07/2020-present Faculty Clinician, Physical Therapist (Pelvic Health)

Washington University in St. Louis, St. Louis, Missouri

Responsibilities: Manage an independent caseload of male, female and non-binary/gender-fluid patients with a variety of orthopedic and urogynecological/colorectal conditions. Specialize in the evaluation and treatment of movement faults and disorders that contribute to pain. Treat patients with post-operative pain, as well as chronic pain presentation.

**Teaching Title and Responsibilities:**

Outside of Program

08/2014-03/2020 Instructor, Faculty Mentor

Orthopaedic Residency Program

Saint Louis University/SSM Health Physical Therapy

St. Louis, Missouri

Cohort size: 2-3

07/2013-03/2020 Clinical Instructor

SSM Health Physical Therapy, St. Louis, Missouri

Cohort size: 10

03/2014-04/2015 Instructor

ACE Mentoring Program for new graduates

SSM Health Physical Therapy, St. Louis, Missouri

Cohort Size: 6-10

04/2011-09/2012 Clinical Instructor

Progress Physical Therapy, Richmond, Virginia

Cohort size: 2

Within Program

05/2022 – present First Year Lead of Diagnosis and Management of Movement Problem Thread

10/2021 – present Member (one of 6), Lecturer, Lab/Performance Assessment Coordinator

Module 4 of new curriculum: Movement and Precision Health

Program in Physical Therapy

Washington University, St. Louis, Missouri

Class size: 77-97

09/2021 – present Member (one of 2), Lecturer, Coordinator for Lab and Assessment

Module 3 of new curriculum: Movement and Population Health

Program in Physical Therapy

Washington University, St. Louis, Missouri

Class size: 77-97

08/2021 – present Lecturer, Coordinator for Lab and Assessment

Module 2 of new curriculum: Professions and Movement

Program in Physical Therapy

Washington University, St. Louis, Missouri

Class size: 77-97

08/2021 – present Lecturer, Coordinator for Lab and Assessment

Module 1 of new curriculum: Professions and Movement

Program in Physical Therapy

Washington University, St. Louis, Missouri

Class size: 77-97

08/2022-present Coach

Coaching group size: 5

03/2021 - present Lecturer

Program in Physical Therapy

Washington University, St. Louis, Missouri

Human Anatomy (PT 611)

Class Size: 77-97

07/2020—8/2022 Assistant Course Master, Lecturer

Program in Physical Therapy

Washington University, St. Louis, Missouri

Essential Clinical Skills I (PT 603)

Class Size: 45-89

01/2017-2019 Lab Assistant, Lecturer

Program in Physical Therapy

Washington University, St. Louis, Missouri

Diagnosis & Management of Musculoskeletal Conditions II (PT 624)

Class Size: 45-89

01/2017-08/2022 Lab Assistant

Program in Physical Therapy

Washington University, St. Louis, Missouri

Diagnosis & Management Musculoskeletal Conditions III (PT 638)

Class Size: 45-89

01/2017-2020 Small Group Advisor

Program in Physical Therapy

Washington University, St. Louis, Missouri

Essential Clinical Skills I (PT 603)

Class Size: 45-89

01/2017-present Lab Assistant

Program in Physical Therapy

Washington University, St. Louis, Missouri

Human Anatomy (PT 611)

Class Size: 45-89

01/2017-2019 Lab Assistant, Lecturer

Program in Physical Therapy

Washington University, St. Louis, Missouri

Essential Clinical Skills II (PT 627)

Class Size: 45-89

01/2017-2020 Lab Assistant, Small Group Advisor

Program in Physical Therapy

Washington University, St. Louis, Missouri

Case Integration II (PT 642)

Class Size: 6

01/2014-08/2022 Small Group Advisor

Program in Physical Therapy

Washington University, St. Louis, Missouri

Case Integration III (PT 654)

Class Size: 45-89

01/2013-2020 Lab Assistant, Small Group Advisor

Program in Physical Therapy

Washington University, St. Louis, Missouri

Case Integration I (PT 628)

Class size: 6

01/2014-08/2022 Lab Assistant

Program in Physical Therapy

Washington University, St. Louis, Missouri

Diagnosis & Management of Musculoskeletal Conditions I (PT 614)

Class Size: 45-89

Internationally

05/2019-06/2019 Instructor, Lab Assistant

Master’s Program in Physical Therapy

Me’kelle University, Me’kelle, Ethiopia

Class Size: 5

**Medical Licensure and Certification:**

Awaiting results Board Certified Women’s Health Specialist

American Physical Therapy Association

Exam taken Spring 2024

12/2022 Credentialed Clinical Instructor, Level 2

American Physical Therapy Association

11/2019 Credentialed Clinical Instructor, Level 1

American Physical Therapy Association

2013-2018 Hermann & Wallace, Pelvic Physical Therapy Training

Levels 1, 2A, 2B, 3

06/2012 Board Certified Orthopedic Specialist

American Physical Therapy Association

Renewed until 2033

07/2010 Missouri Physical Therapist License #2010018434

Missouri State Board of Registration for the Healing Arts

**Editorial Responsibilities:**

08/2012-07/2015 Member, American Physical Therapy Association Perspectives Magazine Editorial Advisory Group

**National Panels, Committees, Boards:**

June 2022 – present Volunteer member of the Academy of Pelvic Health Physical Therapy Health and Wellness Committee; lead as of Fall 2023

03/2017-08/2017 Item contributor for Orthopedics

Specialization Academy of Content Experts

**Professional Societies and Organizations:**

2020-present Faculty Fellow, The Carver Project, Washington University in St. Louis, St. Louis, Missouri

2020-present Member, Missouri Physical Therapy Association; SoWH

2012-present Member, Missouri Physical Therapy Association; orthopedic section

2007-present Member, American Physical Therapy Association

2010-2012 Member, Virginia Physical Therapy Association

**Invited Presentations:**

Nov 2023 IBD CCFA Conference; virtual presentation for gastroenterology residents and fellows. *Pelvic Floor Physical Therapy: What Do We Do?*

Nov 2023 Grand Rounds, Belleville Memorial Hospital. *Pelvic Floor Physical Therapy in the Care of a Patient with Transverse Myelitis.*

03/31/2023 AAOMPT Podcast Guest (episode 150). *Physical Therapy Interviews with Content Experts.*

07/26/2021, 04/12/2023 *Pelvic Physical Therapy: What can patients expect?* Center for Colorectal and Pelvic Floor Disorders (COPE), Washington University in St. Louis, St. Louis, Missouri

03/11/2021 *The 5Ws: The Role of Pelvic Health Physical Therapy for Patients with Chronic Pain*. Washington University in St. Louis School of Medicine, St. Louis, Missouri

02/17/2020 *Management of and teaching for the student with anxiety.*

Program in Physical Therapy, Washington University

11/13/2019 Physical therapy services for the new mother: myths and truths

Bi-weekly breastfeeding education class

SSM Health DePaul Hospital, St. Louis, Missouri

01/14/2015 Review of upper quarter anatomy and mechanics for CHTs and OTs

SSM Health Physical Therapy, St. Louis, Missouri

02/2014 *Foundational anatomy for the non-clinical staff*

SSM Health Physical Therapy, St. Louis, Missouri

09/10/2013 *Guidelines for extensive management of the running client*

SSM Health Physical Therapy, St. Louis, Missouri

**Research:**

2019-present Treatment Physical Therapist

*Comparison of Movement Pattern Training and Manual Therapy for Pre-arthritic Hip Disorders: a Pilot Randomized Clinical Trial*

Washington University in St. Louis

PI: Marcie Harris Hayes, PT, DPT, MSCI

2017-2019 Treatment Physical Therapist

*Movement Pattern Training in People with Intra-articular, Pre-arthritic Hip Disorders*

WuPitt and Paris Patla Research Studies

PI: Marcie Harris Hayes, PT, DPT, MSCI

**National Presentations:**

April 2024 *Using Movement to Guide Curriculum Development in Entry-Level Physical Therapy Education.* Missouri APTA Spring Conference, St. Louis MO, poster presentation

Feb 2024 *Using Movement to Guide Curriculum Development in Entry-Level Physical Therapy Education.* APTA Combined Sections Meeting, Boston, poster presentation

April 2023 *The Integral Role of the Pelvic Physical Therapist in the Care of Adult Patients with Transverse Myelitis*. Missouri APTA spring conference, St. Louis MO, poster presentation

Feb 2023 *The Integral Role of the Pelvic Physical Therapist in the Care of Adult Patients with Transverse Myelitis.* APTA Combined Sections Meeting, San Diego, poster presentation

April 2022 *Don’t Forget the Hip! Analysis of Femoracetabular Movement Faults in Patients with Coccydynia.* APTA spring conference, Kansas City MO, poster presentation

Feb 2022 *Don’t Forget the Hip! Analysis of Femoracetabular Movement Faults in Patients with Coccydynia.* Combined Sections Meeting, San Antonio, poster presentation

**Research Publication:**

**Abstracts**

* Harris-Hayes M, Zorn P, Steger-May K, Gu H, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. Comparison of Movement Pattern Training and Joint Mobilization for Chronic Prearthritic Hip Disorders: A Pilot Randomized Clinical Trial. World Congress on Osteoarthritis (OARSI), Berlin, Germany. Osteo Cart. 2022;30:S398-S399
* Harris-Hayes M, Zorn P, Steger-May K, Buss J, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. One year outcomes following rehabilitation for chronic hip-related groin pain: ancillary analysis of a pilot randomized clinical trial. World Congress on Osteoarthritis (OARSI), Denver, Colorado. Osteo Cart. 2023;28:S171-S172.

**Papers**

* Harris-Hayes M, Bove A, Brown K, **Burgess MM,** King V, Mancino J, Wortman D, Fitzgerald GK. Treatment fidelity among treatment providers in a multicenter, randomized clinical trial comparing two rehabilitation strategies for people with prearthritic hip disease. *Journal of Orthopaedic and Sports Physical Therapy.* 2018;48(1):A121-122.
* Harris-Hayes M, Zorn P, Steger-May K, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. Comparison of Joint Mobilization and Movement Pattern Training for Hip-related Groin Pain: A Pilot Randomized Clinical Trial. *Physical Therapy Journal. In press.*

**Skills and Qualifications:**

Microsoft Office, PubMed/CINAHL, Electronic Medical Record (EPIC, TherapySource), Public Speaking, Canvas, CompAI SuperUser, PollEverywhere, Padlet, Examsoft

**Awards**

October 2023 ‘Rising Star Award’ through The Academy of Educators, Washington University

in St. Louis; “recognizes current…faculty members with less than six years of service as faculty in an academic teaching setting who shows exceptional promise as an educator through contributions in one or more domains of educational service, leadership or scholarship.”