

**Megan Burgess, DPT, OCS**  
**Curriculum Vitae**

**Date:** April 2024

**Contact Information:** 4444 Forest Park  
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**Present Position:**

07/2020 - present      Assistant Professor in Physical Therapy and Orthopedics  
Program in Physical Therapy  
Washington University School of Medicine, St. Louis, Missouri

**Education:**

08/2007-05/2010      Doctor of Physical Therapy (DPT)  
Washington University, St. Louis, Missouri

08/2002-05/2006      Bachelor of Arts (BA), Bachelors in Education (BEd)  
University of Virginia, Charlottesville, Virginia

**Academic Positions / Employment:**

07/2020-present      Assistant Professor in Physical Therapy, Orthopedics  
Washington University in St. Louis, Missouri

01/2017-07/2020      Physical Therapy Lab Assistant, Small Group Advisor  
Washington University in St. Louis, Missouri

01/2017-07/2020      Staff Therapist, Orthopedics and Pelvic Health  
SSM Health Physical Therapy, St. Louis, Missouri

08/2015-01/2017      Center Manager, Orthopedics and Pelvic Health  
SSM Health Physical Therapy, St. Louis, Missouri

12/2012-08/2015      Staff Therapist, Orthopedics and Pelvic Health  
SSM Health Physical Therapy, St. Louis, Missouri

07/2010-11/2012      Staff Therapist, Orthopedics

Progress Physical Therapy, Richmond, Virginia

**Clinical Title and Responsibilities:**

07/2020-present Faculty Clinician, Physical Therapist (Pelvic Health)  
Washington University in St. Louis, St. Louis, Missouri  
Responsibilities: Manage an independent caseload of male, female and non-binary/gender-fluid patients with a variety of orthopedic and urogynecological/colorectal conditions. Specialize in the evaluation and treatment of movement faults and disorders that contribute to pain. Treat patients with post-operative pain, as well as chronic pain presentation.

**Teaching Title and Responsibilities:**

Outside of Program

08/2014-03/2020 Instructor, Faculty Mentor  
Orthopaedic Residency Program  
Saint Louis University/SSM Health Physical Therapy  
St. Louis, Missouri  
Cohort size: 2-3

07/2013-03/2020 Clinical Instructor  
SSM Health Physical Therapy, St. Louis, Missouri  
Cohort size: 10

03/2014-04/2015 Instructor  
ACE Mentoring Program for new graduates  
SSM Health Physical Therapy, St. Louis, Missouri  
Cohort Size: 6-10

04/2011-09/2012 Clinical Instructor  
Progress Physical Therapy, Richmond, Virginia  
Cohort size: 2

Within Program

05/2022 – present First Year Lead of Diagnosis and Management of Movement Problem Thread

10/2021 – present	Member (one of 6), Lecturer, Lab/Performance Assessment Coordinator Module 4 of new curriculum: Movement and Precision Health Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 77-97
09/2021 – present	Member (one of 2), Lecturer, Coordinator for Lab and Assessment Module 3 of new curriculum: Movement and Population Health Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 77-97
08/2021 – present	Lecturer, Coordinator for Lab and Assessment Module 2 of new curriculum: Professions and Movement Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 77-97
08/2021 – present	Lecturer, Coordinator for Lab and Assessment Module 1 of new curriculum: Professions and Movement Program in Physical Therapy Washington University, St. Louis, Missouri Class size: 77-97
08/2022-present	Coach Coaching group size: 5
03/2021 - present	Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Human Anatomy (PT 611) Class Size: 77-97
07/2020—8/2022	Assistant Course Master, Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Essential Clinical Skills I (PT 603) Class Size: 45-89
01/2017-2019	Lab Assistant, Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Diagnosis & Management of Musculoskeletal Conditions II (PT 624)

	Class Size: 45-89
01/2017-08/2022	Lab Assistant Program in Physical Therapy Washington University, St. Louis, Missouri Diagnosis & Management Musculoskeletal Conditions III (PT 638) Class Size: 45-89
01/2017-2020	Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Essential Clinical Skills I (PT 603) Class Size: 45-89
01/2017-present	Lab Assistant Program in Physical Therapy Washington University, St. Louis, Missouri Human Anatomy (PT 611) Class Size: 45-89
01/2017-2019	Lab Assistant, Lecturer Program in Physical Therapy Washington University, St. Louis, Missouri Essential Clinical Skills II (PT 627) Class Size: 45-89
01/2017-2020	Lab Assistant, Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Case Integration II (PT 642) Class Size: 6
01/2014-08/2022	Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Case Integration III (PT 654) Class Size: 45-89
01/2013-2020	Lab Assistant, Small Group Advisor Program in Physical Therapy Washington University, St. Louis, Missouri Case Integration I (PT 628) Class size: 6
01/2014-08/2022	Lab Assistant Program in Physical Therapy

Washington University, St. Louis, Missouri  
Diagnosis & Management of Musculoskeletal Conditions I (PT 614)  
Class Size: 45-89

Internationally  
05/2019-06/2019

Instructor, Lab Assistant  
Master's Program in Physical Therapy  
Me'kelle University, Me'kelle, Ethiopia  
Class Size: 5

### **Medical Licensure and Certification:**

Awaiting results	Board Certified Women's Health Specialist American Physical Therapy Association Exam taken Spring 2024
12/2022	Credentialed Clinical Instructor, Level 2 American Physical Therapy Association
11/2019	Credentialed Clinical Instructor, Level 1 American Physical Therapy Association
2013-2018	Hermann & Wallace, Pelvic Physical Therapy Training Levels 1, 2A, 2B, 3
06/2012	Board Certified Orthopedic Specialist American Physical Therapy Association Renewed until 2033
07/2010	Missouri Physical Therapist License #2010018434 Missouri State Board of Registration for the Healing Arts

### **Editorial Responsibilities:**

08/2012-07/2015	Member, American Physical Therapy Association Perspectives Magazine Editorial Advisory Group
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### **National Panels, Committees, Boards:**

June 2022 – present	Volunteer member of the Academy of Pelvic Health Physical Therapy Health and Wellness Committee; lead as of Fall 2023
03/2017-08/2017	Item contributor for Orthopedics Specialization Academy of Content Experts

## Professional Societies and Organizations:

2020-present	Faculty Fellow, The Carver Project, Washington University in St. Louis, St. Louis, Missouri
2020-present 2012-present	Member, Missouri Physical Therapy Association; SoWH Member, Missouri Physical Therapy Association; orthopedic section
2007-present 2010-2012	Member, American Physical Therapy Association Member, Virginia Physical Therapy Association

## Invited Presentations:

Nov 2023	IBD CCFA Conference; virtual presentation for gastroenterology residents and fellows. <i>Pelvic Floor Physical Therapy: What Do We Do?</i>
Nov 2023	Grand Rounds, Belleville Memorial Hospital. <i>Pelvic Floor Physical Therapy in the Care of a Patient with Transverse Myelitis.</i>
03/31/2023	AAOMPT Podcast Guest (episode 150). <i>Physical Therapy Interviews with Content Experts.</i>
07/26/2021, 04/12/2023	<i>Pelvic Physical Therapy: What can patients expect?</i> Center for Colorectal and Pelvic Floor Disorders (COPE), Washington University in St. Louis, St. Louis, Missouri
03/11/2021	<i>The 5Ws: The Role of Pelvic Health Physical Therapy for Patients with Chronic Pain.</i> Washington University in St. Louis School of Medicine, St. Louis, Missouri
02/17/2020	<i>Management of and teaching for the student with anxiety.</i> Program in Physical Therapy, Washington University
11/13/2019	Physical therapy services for the new mother: myths and truths Bi-weekly breastfeeding education class SSM Health DePaul Hospital, St. Louis, Missouri
01/14/2015	Review of upper quarter anatomy and mechanics for CHTs and OTs SSM Health Physical Therapy, St. Louis, Missouri
02/2014	<i>Foundational anatomy for the non-clinical staff</i> SSM Health Physical Therapy, St. Louis, Missouri
09/10/2013	<i>Guidelines for extensive management of the running client</i>

SSM Health Physical Therapy, St. Louis, Missouri

**Research:**

- 2019-present Treatment Physical Therapist  
*Comparison of Movement Pattern Training and Manual Therapy for Pre-arthritic Hip Disorders: a Pilot Randomized Clinical Trial*  
Washington University in St. Louis  
PI: Marcie Harris Hayes, PT, DPT, MSCI
- 2017-2019 Treatment Physical Therapist  
*Movement Pattern Training in People with Intra-articular, Pre-arthritic Hip Disorders*  
WuPitt and Paris Patla Research Studies  
PI: Marcie Harris Hayes, PT, DPT, MSCI

**National Presentations:**

- April 2024 *Using Movement to Guide Curriculum Development in Entry-Level Physical Therapy Education.* Missouri APTA Spring Conference, St. Louis MO, poster presentation
- Feb 2024 *Using Movement to Guide Curriculum Development in Entry-Level Physical Therapy Education.* APTA Combined Sections Meeting, Boston, poster presentation
- April 2023 *The Integral Role of the Pelvic Physical Therapist in the Care of Adult Patients with Transverse Myelitis.* Missouri APTA spring conference, St. Louis MO, poster presentation
- Feb 2023 *The Integral Role of the Pelvic Physical Therapist in the Care of Adult Patients with Transverse Myelitis.* APTA Combined Sections Meeting, San Diego, poster presentation
- April 2022 *Don't Forget the Hip! Analysis of Femoracetabular Movement Faults in Patients with Coccydynia.* APTA spring conference, Kansas City MO, poster presentation
- Feb 2022 *Don't Forget the Hip! Analysis of Femoracetabular Movement Faults in Patients with Coccydynia.* Combined Sections Meeting, San Antonio, poster presentation

**Research Publication:**

**Abstracts**

- Harris-Hayes M, Zorn P, Steger-May K, Gu H, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. Comparison of Movement Pattern Training and Joint Mobilization for Chronic Prearthritic Hip Disorders: A Pilot Randomized Clinical Trial. World Congress on Osteoarthritis (OARSI), Berlin, Germany. *Osteo Cart.* 2022;30:S398-S399
- Harris-Hayes M, Zorn P, Steger-May K, Buss J, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. One year outcomes following rehabilitation for chronic hip-related groin pain: ancillary analysis of a pilot randomized clinical trial. World Congress on Osteoarthritis (OARSI), Denver, Colorado. *Osteo Cart.* 2023;28:S171-S172.

### Papers

- Harris-Hayes M, Bove A, Brown K, **Burgess MM**, King V, Mancino J, Wortman D, Fitzgerald GK. Treatment fidelity among treatment providers in a multicenter, randomized clinical trial comparing two rehabilitation strategies for people with prearthritic hip disease. *Journal of Orthopaedic and Sports Physical Therapy.* 2018;48(1):A121-122.
- Harris-Hayes M, Zorn P, Steger-May K, **Burgess MM**, DeMargel RD, Kuebler S, Clohisy JC, Haroutounian S. Comparison of Joint Mobilization and Movement Pattern Training for Hip-related Groin Pain: A Pilot Randomized Clinical Trial. *Physical Therapy Journal.* *In press.*

### Skills and Qualifications:

Microsoft Office, PubMed/CINAHL, Electronic Medical Record (EPIC, TherapySource), Public Speaking, Canvas, CompAI SuperUser, PollEverywhere, Padlet, Examsoft

### Awards

October 2023 ‘Rising Star Award’ through The Academy of Educators, Washington University in St. Louis; “recognizes current...faculty members with less than six years of service as faculty in an academic teaching setting who shows exceptional promise as an educator through contributions in one or more domains of educational service, leadership or scholarship.”