

CURRICULUM VITAE

Date: July 1, 2024

Contact information:

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St. Louis, Missouri 63108

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Present Position:

2023-present Assistant Professor, Physical Therapy and Orthopaedic Surgery
Washington University in St. Louis School of Medicine

Education:

2007-2011 University of California, Irvine; BS, Biological Sciences,
Cum Laude

Irvine, CA

2013-2016 Washington University in St. Louis School of Medicine; DPT
St. Louis, MO

Academic Positions/Employment History:

2016-2020 Physical Therapist I, SSM Physical Therapy
Collinsville, IL

2021-2023 Clinic Associate, Washington University in St. Louis Program in Physical
Therapy
St. Louis, MO

Teaching Title and Responsibilities

Tutor for Clinical Doctorate (DPT) Curriculum (WUSM)

2014-2016 Diagnosis & Management of Musculoskeletal Conditions II
Essential Clinical Skills I

Open Lab Facilitator for Clinical Doctorate (DPT) Curriculum (WUSM)

2014-2016 Diagnosis & Management of Musculoskeletal Conditions I & II
Essential Clinical Skills I & II

Professional Clinical Doctorate (DPT) Curriculum (WUSM)

2021-2022 Laboratory Assistant
Diagnosis & Management of Musculoskeletal Conditions III (PT 638)
Case Integration I (PT 628)
Diagnosis & Management of Musculoskeletal Conditions II (PT 624)
Module 1

2022-2023 Laboratory Assistant
Module 5: Prevention, Diagnosis, and Management of Movement-Related
Problems

2023-2024 Module 6: Prevention, Diagnosis, and Management of Complex Movement Problems
Domains of Competence II
Laboratory Assistant, Lecturer
Module 5: Prevention, Diagnosis, and Management of Movement-Related Problems
Module 8: Practice, Health, & Equity
Laboratory Assistant
Module 6: Prevention, Diagnosis, and Management of Complex Movement Problems
Module 7: Practice and Movement
Small Groups Lead
Domains of Competence I & II

Medical Licensure and Board Certifications

2021-present Missouri State Board of Registration for the Healing Arts
License number: 2020041797
2020-present American Board of Physical Therapy Specialists
Board Certification, Orthopedics
2020-present The Consortium of Multiple Sclerosis Centers
Multiple Sclerosis Certified Specialist

Honors and Awards

2013-2016 High Merit Scholarship from Washington University, Program in Physical Therapy

Community Service Contributions

2014 Volunteer at Camp Independence
2016-2019 “Healthy Senior Day.” YMCA Health Fair. Maryville, IL.
2016-2019 Collinsville Middle School Health Fair. Collinsville, IL.
2016-2018 Presentation and Balance screening at Collinsville Senior Center.
Collinsville, IL. Vestibular Disorders Balance Awareness Week.
2023 WUSM OUTmed Pride Booth and March. St. Louis, MO
2024 STL GO! Marathon
2024 WUSM Pro Bono Clinic

Invited Lectures

2020 Physical Activity Guidelines for Individuals with Multiple Sclerosis. Southern Illinois Multiple Sclerosis Support Group. Collinsville, IL.
2022 Adhesive Capsulitis. Washington University School of Medicine Program in Physical Therapy. September 6, 2022.

- 2022 Lower Back and Knee Pain. Washington University Protective Services. Saint Louis, MO. September 15 & 16, 2022.
- 2023 Return-To-Play After Sports-Related Concussion: Considerations for the Female Athlete. St. Louis Adolescent Female Sports Medicine Initiative. January 30, 2023.
- 2023 Assessing Movement Impairments of the Jaw and Adjacent Regions to Guide TMD Treatment. APTA MO Spring Conference. St. Louis, MO. April 16, 2023.
- 2023 Assessing Movement Impairments of the Upper Quarter to Guide Neck & TMD Treatment. Body Central Physical Therapy. July 14, 2023.
- 2023 Assessing Movement Impairments of the Jaw and Adjacent Regions to Guide TMD Treatment. Washington University Physical Therapy Clinics. St. Louis, MO. September 27, 2023.
- 2023 Pain Mechanisms and Strategies for Success Part 2. Washington University Physical Therapy Clinics. St. Louis, MO. November 14, 2023.
- 2024 Assessing Movement Impairments of the Jaw and Adjacent Regions to Guide TMD Treatment. Washington University Program in Physical Therapy Orthopedic Residency. St. Louis, MO. January 24, 2024.
- 2024 February Clinical Rounds: Cervical Assessment and Manual Therapy. Washington University Physical Therapy Clinics. St. Louis, MO. February 28, 2024.
- 2024 Assessing Movement Impairments of the Jaw and Adjacent Regions to Guide TMD Treatment. St. Louis University Orthodontic Residency Program. St. Louis, MO. April 8, 2024.