

Curriculum Vitae
Dale Thuet, PT, DPT, OCS

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Contact Information:

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Program in Physical Therapy
Washington University School of Medicine
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Present Position:

07/2022 – Present Assistant Professor in Physical Therapy and Orthopaedic Surgery
Washington University School of Medicine, St. Louis, Missouri
Program in Physical Therapy

07/2022 – Present Coordinator, Orthopaedic Residency in Physical Therapy
Washington University School of Medicine, St. Louis, Missouri
Program in Physical Therapy

Education:

2004 **Bachelor of Science in Business Administration**
University of Missouri-Columbia. Columbia, MO

2009 **Doctorate of Physical Therapy**
Washington University School of Medicine. St. Louis, MO

Academic Positions / Employment:

2007 – 2008 **Research Assistant.** Washington University School of Medicine,
Program in Physical Therapy. St. Louis, MO

2009 – 2010 **Physical Therapist.** St. John's Mercy Medical Center. Washington,
MO

2010 – 2012 **Physical Therapist.** Collinsville Physical Therapy & Wellness.
Collinsville, IL

2012 – 2015 **Physical Therapist.** Missouri Baptist Medical Center. St. Louis,
MO

2015 – 2018 **Facility Manager/Physical Therapist.** Athletico Physical Therapy.
Fairview Heights, IL

2019 – 2022 **Clinic Associate/Physical Therapist.** Washington University
School of Medicine, Program in Physical Therapy. St. Louis, MO

Clinic Title and Responsibilities:

2022 – Present **Faculty Clinical Practitioner, Washington University Physical Therapy Clinics:** Outpatient patient care within program in physical therapy. Specialized treatment areas include thoracic outlet syndrome, running athletes, vestibular conditions and post concussive care.

Coordinator of Orthopaedic Residency Washington University Program in Physical Therapy: Coordinator tasked with directing and maintaining accreditation of new orthopaedic clinical residency within the Program in Physical Therapy. Responsibilities include administration, mentoring, marketing, selection of students, and coordination mentors within the residency.

Current Teaching Responsibilities:

Professional Clinical Doctorate (DPT) Curriculum. Washington University School of Medicine, Program in Physical Therapy

2022 – Present	Module 4B Laboratory Instructor Cohort size: 84-96
2022 – Present	Module 5 Laboratory Instructor Lecturer Modalities Moderators of Movement content coordinator Orthopedic Medicine Cohort size 84-96
2022 – Present	Module 6 Musculoskeletal thread Co-lead Moderators of Movement content coordinator Orthopedic Medicine Lecturer Manual Therapy Lecturer Direct Current Modalities and Wound Care Cohort size 84-96
2022 – Present	Coach DPT Curriculum Coaching Program Cohort size: 4
2023 – Present	Clinician, Scholar, Educator Facilitator Advanced Orthopedic Topics Cohort size: 25-30
2024 – Present	Module 7 Laboratory instructor Advanced Manual Therapy Labs Final Project Advisor: Educational Session Cohort size: 1
2024 – Present	Module 8 Laboratory assistant Advanced Manual Therapy Labs Cohort size: 20-40

Physical Therapy Residency in Orthopaedics. Washington University School of Medicine, Program in Physical Therapy

2023 – Present Curriculum lead for Orthopedic Residency
Lecturer Concussion
Lecturer Scapular conditions
Lecturer Cervical spine conditions
Lecturer Cervicogenic headache
Lecturer Manual therapy Content
Mentor – Mitchell Powell, DPT

Previous Teaching Responsibilities:

Professional Clinical Doctorate (DPT) Curriculum. Washington University School of Medicine, Program in Physical Therapy

2011 – 2016 Diagnosis & Management of Musculoskeletal Conditions I (PT 614)
Laboratory Instructor
2011 – 2016 Kinesiology II (PT 613)
Laboratory Instructor
2011 – 2016 Essential Clinical Skills I (PT603)
Laboratory Instructor
2019 – 2021 Diagnosis & Management of Musculoskeletal Conditions I (PT 614)
Laboratory Instructor
2019 – 2021 Essential Clinical Skills I (PT603)
Laboratory Instructor
2019 – 2021 Essential Clinical Skills II (PT627)
Lecturer- modalities
Laboratory Instructor
2019 – 2021 Case Integration I (PT 628)
Small Group Advisor
2020 – 2021 Diagnosis & Management of Musculoskeletal Conditions II (PT 624)
Laboratory Instructor
2019 – 2022 Case Integration II (PT 642) Small Group Advisor
2019 – 2023 Diagnosis, Evidence and Analysis III (PT 650)
Project Advisor
Cohort size: 1-2
2019 – 2023 Case Integration III (PT 654)
Laboratory Instructor - manipulation lab
Cohort size: 84-96

Licensure:

2009 – Present State Board of Registration for the Healing Arts of Missouri,
Physical Therapy
License No. 2009022075

Certifications:

2010 Graston Technique
2012 **Board Certified Specialist in Orthopedic Physical Therapy**
American Board of Physical Therapy Specialties
(Recertified 2023)

2021 APTA Credentialed Clinical Instructor - Level 1
 2023 Learner Assessment for Program Leaders – Washington University
 School of Medicine

University Positions and Committees

School of Medicine

2023 – Present WUSM Inter Professional ProBono Team Member
 Attending
 2023 – Present WUSM Health Fair

Program in Physical Therapy

2023 – Present DPT preview Small Group Leader
 2023 – Present Education Division Member
 2023 – present Mentor Orthopaedic Residency

Community Service:

2006 – 2013 Physical Therapy Pro Bono Services at Washington University
 Co-Director 2007-2008; Volunteer – 2006–2013
 2009 – 2012 Fox Park Neighborhood Association – Assistant Treasurer
 2009 – 2013 Big Brothers Big Sisters of St. Louis
 2012 Volunteer Physical Therapist Hearts in Motion. Zacapa, Guatemala
 2013 – 2014 Fox Park Neighborhood Association – President
 2019 PT Day of Service
 2019 Vashon Concussion Education Session (11/15/19)
 2019 – Present Pedal The Cause - Lifetime money raised \$13,303 (Yellow Jersey
 Award 2019, King of the Mountain Award 2021)
 2019 – Present Big River Running START 5k presentation
 2023 Washington University Cross country participant screening

Media Activities: Unscrubbed podcast October 2022
 Moving Forward Podcast 3/31/23

Membership in Professional Organizations:

2006 – Present Member, American Physical Therapy Association (APTA)
 2009 – Present Member, APTA Orthopedic Section
 Special Interest Group – Residency and Fellowship
 Member, APTA Education Section
 Special Interest Group – Residency and Fellowship
 2013 – 2016 Treasurer, Eastern District Missouri Physical Therapy Association
 2023 – present ABPTRFE Site Reviewer
 2024 – present APTA Task force for DPT to Residency Accelerated Pathway

Community Lectures:

2014 Physical Therapy and Total Joint Rehabilitation
 St. Louis, MO
 2015 Fall Prevention
 St. Louis, MO
 2019 Dizziness and Balance - Common Conditions and Treatments

2019 O'Fallon, MO
Vashon Concussion evaluation and treatment
St. Louis, MO

Invited Lectures:

2013 Taping Techniques for the Upper Extremity. Missouri Baptist Medical Center. St. Louis, MO

2014 Upper Extremity Diagnosis and Treatment. Missouri Baptist Medical Center. St. Louis, MO

2014 Post-operative considerations following total joint replacement. Missouri Baptist Medical Center. St. Louis, MO.

2021 Movement System Impairment: Advanced Course for the Lower Quarter. *Movement System Approach to the Evaluation and Treatment of the Injured Runner*. Washington University. St. Louis, MO

2022 Program in Physical Therapy Clinical Rounds: *Evaluation and Treatment of Symptom Recurrence Following Bilateral Popliteal Artery Release: A Case Study*. Washington University. St. Louis, MO

Program in Physical Therapy Research Seminar: *Treatment of Chronic Uncompensated Unilateral Vestibular Loss: A return to work focus*. Washington University. St. Louis, MO

2023 Washington University School of Medicine in St. Louis Education Day. *Empowering Bedside Teaching: Integrating Diversity, Equity, Inclusion & Evidence Based Medicine*. Washington University Academy of Educators. St. Louis, MO.

2024 Washington University Program in Physical Therapy clinical rounds. *Cervicogenic Headache. Evaluation and treatment*. St. Louis, MO.