Curriculum Vitae Kristopher Gordon PT, DPT, OCS June 21st, 2024

Contact Information

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<u>PRESENT POSITION</u> Assistant Professor, Physical Therapy and Orthopaedic Surgery

Washington University School of Medicine, St. Louis, Missouri

EDUCATION:

DegreeInstitutionFieldDateBSMurray State UniversityPublic Relations2005

Murray, KY

DPT University of Missouri- Columbia Physical Therapy 2014

Columbia, MO

Academic Positions/Employment

<u>Position</u> <u>Facility</u> <u>Date</u>

Physical Therapist Pro-Rehab/Athletico 5/2014-11/30/2015

Chesterfield, MO

Physical Therapist SSM Rehabilitation Hospital 12/1/2015-6/1/2016

Bridgeton, MO

Physical Therapist SSM Health Physical Therapy 6/1/2016-7/1/2019

Shiloh, IL; Alton, IL

Physical Therapist Washington University in St. Louis 7/1/2019- Present

St. Louis, MO

Clinical Title and Responsibilities

Washington University School of Medicine Program in Physical Therapy Current Clinical Responsibilities:

2019- Present

 Mentor and educate students regarding the Movement Systems Impairment approach combining biomechanical and kinesiology theory relating to how the body moves and responds to physical stressors.

- Lead Therapist tasked with educating practitioners, students, and patients regarding Thoracic Outlet Syndrome on cause and treatment.
- Guest lecturer regarding use of Instrumental Assisted Soft Tissue Mobilization techniques and how it impacts movement.
- Co-creator for the Overhead Athletes Program/Curriculum designed to return patients to prior level of function after an injury through educating them on their movement faults and how to correct through education and rehabilitation.
- Golf Clinic program creator designed to improve movement quality for golfers in order to be able to play with no pain and drive revenue for WUPT clinics.
- Clinic Instructor for Physical Therapy Students providing education regarding movement deficits, treatment plans, and how to communicate with patients of varying populations.
- Direct patient care with completion of evaluation, examination and treatment regarding wide range of orthopedic conditions.
- Assist in the marketing of programs, creation of new lines of care, and fostering relationships with WU providers and the community in which it serves.

Past Clinical Responsibilities

ProRehab/Athletico

 Performed initial evaluations and established treatment plans spanning a vast array of differing diagnoses and populations including orthopedic, pediatric, and neurological related conditions.

- Educated patient's on their current functional limitations and deficits while facilitating intervention procedures to address their individual needs.
- Changed and inspected surgical dressings post op for physicians.

SSM Health Physical Therapy

2016-2019

2015-2016

- Center Manager serving the Alton SSM Clinic with responsibilities of mentoring/educating new and established physical therapists.
- Perform educational presentations to staff and surrounding community businesses concerning a variety of topics.
- Develop marketing initiatives to expand the overall reach and exposure of SSM Health.
- Serve as a Clinical Instructor to future PT's and PTA's with ability to educate students on health/wellness, exercise science, physical therapy practices, and physiology.
- Perform evaluations and compile treatments for patients suffering from musculoskeletal, neurological, orthopedic, and general medical diagnosis.
- Former Lead Spinal Cord Injury PT at SSM Rehabilitation Hospital.
- Advanced training in vestibular, spinal cord injuries, amputations, and complicated orthopedic conditions.
- Maintain clinical site standards including keeping facility up to TJC accreditation, clinical reviews, and managing employees including PT's, PTA's, and front office staff.

Teaching Titles and Responsibilities

Current and Past Responsibilities- Professional Clinical Doctorate (DPT) Curriculum (WUSM)

Open Lab Facilitator 2023- Present Clinical Scholar Educator- Ortho/Sports Lens Module 7/8 Organizer 2023- Present Clinical Scholar Educator- Ortho/Sports Lens Assessor 2024 Lab Assistant: M6: Prevention, Diagnosis and Management of Complex Movement- Related Problems Jan 2023- Present Lab Assistant: M5: Prevention, Diagnosis and Management of Movement Related Problems August 2022-Present Lab Assistant: M4: Movement and Precision Health Jan 2022- May 2022 Lab Assistant: Diagnosis and Management of Musculoskeletal Conditions II and III 2020-2021 **Medical Licensure and Certification** Missouri State Board of Registration for the Healing Arts 2014-Present License Number: 2014023754 American Board of Physical Therapy Specialists Board Certification, Orthopaedics Present **Community Service Contributions Washington University Program in Physical Therapy** 2021- Present Reviewer: Barton Scholarship St. Louis Go! Marathon Faculty Organizer April 2024 **Professional Societies and Organizations** American Physical Therapy Association Member 2011- Present Missouri American Physical Therapy Association 2011- Present Member

Invited Presentations and Seminars

Missouri Chapter of the American Physical Therapy Association May 2020
The Use of Technology in Physical Therapy

St. Louis Adolescent Female Sports Medicine Initiative

November 2022

Treatment of the Female Golfer

Physical Therapy Management of the Golfer Illinois American Physical Therapy Association- Special Interest Group	March 2022
Journal Club Presentation- WU Physical Medicine and Rehabilitation Examination and Treatment of the Overhead Athlete	October 2022
Journal Club Presentation- WU Physical Medicine and Rehabilitation Treatment and Intervention of the Rotational Athlete	April 2023
Journal Club Presentation- WU Physical Medicine and Rehabilitation Evaluation, Examination, and Treatment of the Racquet Athlete	October 2023
Formal Lectures	
 IASTM vs. ASTYM. Washington University School of Medicine Program in Physical Therapy 	2022 and 2023
 Soft Tissue Mobilization and Sweedish Massage (Module 6) Washington University School of Medicine Program in Physical Therapy 	May 2023 and 2024
 Grand Rounds: Meet the Docs of TOS (Module 7) Washington University School of Medicine Program in Physical Therapy 	February 2024
 "OuchYou Poked Me" The Use of DN in Clinical Practice (Module 7) Washington University School of Medicine Program in Physical Therapy 	February 2024
 "I see you" The Use of Technology In Therapy. (Module 7) Washington University School of Medicine Program in Physical Therapy 	February 2024
 BFR, IASTM, ASTYM, Myofascial Release/Fascial Manipulation (Module 7) Washington University School of Medicine Program in Physical Therapy 	March 2024
 Change Management (Module 8) Washington University School of Medicine Program in Physical Therapy 	March 2024
 "Swing and a Miss" Advanced Evaluation of the Rotational Athlete (Module 8 Washington University School of Medicine Program in Physical Therapy 	3) April 2024

Clinical Instructor:

- Evan Bay, SPTA- 2018: Southwestern Illinois College
- Josefina Herrera- 2020: Washington University, CE III
- Lucky Yoon, SPT- 2021: Washington University, CE IV
- Daniel Koo, SPT- 2022: Washington University, CE III

- Yi Kang, SPT- 2022: Washington University, CE IV
- Rachel Black- 2023: Washington University, CE I
- Ming Luo- 2023: Washington University, CE III
- Blake Lanter- 2023: Washington University, CE IV
- David Flannery- 2024: Washington University, CE II
- Karina Masoian- 2024: Washington University, CE I