

KIAANA HOWARD, PT, DPT
Curriculum Vitae

Date: July 2024

Contact Information:

Saint Louis, Missouri
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Present Position:

Jan 2023: Assistant Professor, Washington University School of Medicine,
Program in Physical Therapy, Saint Louis, Missouri

Education:

2019: Doctor of Physical Therapy, Winston-Salem State University

2016: Bachelor of Science in Exercise Science, University of Tennessee at Chattanooga

Academic Positions/Employment:

Jan 2023- Present: Assistant Professor, Washington University, School of Medicine
Program in Physical Therapy

- *Lab Assistant, Movement and Precision Health (Mod 1: M02 700), FA 2023*
Course to help learners explore the impact of health and equity on achieving our profession's vision: "Transforming society by optimizing movement to improve the human experience"
- *Lab Assistant, Movement and Precision Health (Mod 2: M02 701), FA 2023*
Course for learners to gain an understanding of their roles as ethical professionals and movement system practitioners
- *Lab Assistant, Movement and Precision Health (Mod 3: M02 702), FA 2023*
Created and formatted a "Learner Script" for students to use in the Fall Health Fair that emphasizes the understanding and practice of implementing favorable communication that is unbiased regarding body-image, physical impairment, and suggestions for further medical assessments of the participant
- *Lab Assistant, Movement and Precision Health (Mod 4: M02 703), SP 2023, SP2024*
Covers a broad range of topics including areas of fundamentals of movement, the movement system, foundations of movement-related conditions, and healthcare systems as it relates to patient care and professional responsibilities in physical therapy practice.

- *Physical Therapy Attending for student practice in Pro-Bono/Inter-professional (IP) Clinic*
Coordinate with IP-Clinic Director and inter-professional healthcare team to supervise graduate professional students during evaluation and treatment during patient care
Lead clinical discussion rounds with students and other IP attending's to discuss pertinent patient care information pre- and post-clinical operations (this occurs twice a week)
Provide summative feedback and record written evaluations regarding student progress for applicable learners on current Clinical Experience affiliations

Jan 2022-May 2023: Adjunct Professor, Department of Physical Therapy
Winston-Salem State University, School of Health Sciences
Winston-Salem, NC

- *Primary Instructor, Health and Wellness (DPT 7340), SP 2022*
Covers a broad range of topics including areas of mental, physical, and social health, and designed to learn about wellness and its relationship to the provision of physical therapy.

Clinical Titles and Responsibilities:

Jan 2023- Present: Assistant Professor/ Clinical Division Lead for DEIB Programming/
Clinical Associate Physical Therapist
Washington University, Outpatient Orthopedics,
Central West End Location (@4240), Saint Louis, MO

- Responsibilities are detailed on CEP

Feb 2020-Dec 2022: Staff Doctor of Physical Therapy
Physio Associates, Outpatient Orthopedics, Smyrna, GA

- Responsibilities are detailed on CEP

Apr 2020-June 2020:
(Contract) Staff Doctor of Physical Therapy
Select Medical Specialty Hospital, Long Term Acute Care Facility
Atlanta, GA

- Responsibilities are detailed on CEP

Teaching Titles and Responsibilities:

Jan-May 2023: Assistant Professor & Lab Assistant, Movement and Precision Health
(Module 4: M02 703)

- Responsibilities are detailed on CEP

August 2022: Guest Lecturer
Evidence In Motion (EIM), Post-Professional Education (virtual)
Evidence In Motion (EIM)

- Responsibilities are detailed on CEP

Apr 2022: Guest Lecturer
Georgia State University, Department of Physical Therapy
Continuing Education Units, Atlanta, GA (in-person)

- Responsibilities are detailed on CEP

October 2021: Guest Lecturer
Winston-Salem State University, Department of Physical Therapy
Winston-Salem, NC (virtual)

- Jul 2021:
- Responsibilities are detailed on CEP
- Guest Lecturer
Select Medical Outpatient Orthopedic Division of Clinical Education
(virtual)
- Responsibilities are detailed on CEP

DEI Service Contributions:

- 2023-2024: WUPT Clinical DEI-B Quarterly Engagement Sessions
- Created and organized DEI-B quarterly training sessions that are offered to clinical providers, clinical scheduling and billing teams
- 2023: WU PT- DEI-B Leadership Team: Clinical Division Lead
- Ensuring DEI-B initiatives and programming are pertinent throughout WU PT clinical practice division
- Lead Facilitator of WU PT Community Outreach Initiatives
- Intentional community outreach initiative to serve underserved groups in greater Saint Louis, MO area
 - Provide service to the public for the prevention of chronic health conditions
 - Educate community members regarding their overall health and offer health literacy resources
- 2021: DEI Thread Leader and Consultant
- Ensure aspects of DEI ideologies and topics are met throughout the admissions rubric and didactic curriculum for various DPT Programs
North Central College, DPT Program
 - Consult HR business analyst on concepts to improve the DEI efforts and initiatives at Select Medical (Jan-Feb 2021)
 - Educating and providing optimal care to patients in the clinical setting via efforts of DEI principles and techniques

Medical Licensure and Certifications:

- 2023-Present: Licensed Physical Therapist, State of Missouri, #2023000381
2019-Present: Licensed Physical Therapist, State of Georgia, #PT014481
Nov 2021: American Physical Therapy Association, The Credentialed Clinical Instructor Program-Level 1
Apr 2021: Diversity and Inclusion Certification, Cornell University
2017-Present: CPR/AED Certified Pediatric and Adult 2017, 2022, 2023

Honors and Awards:

- Oct 2019: Physical Therapy Student Research Award, 2nd Place, **Howard K.**, Diy N. *Assessing Forward Head Posture, Balance, Activity Level, and Fall Risk in Elderly.* North Carolina Physical Therapy Association Fall Conference. Wilmington, NC. Poster Presentation.
- 2017-2019: Elected Class of 2019 WSSU PT Club President, Community Service Organization

Community Service Contributions:

- Oct 2023 *Fall Science Day 2023*, Washington University Program in Physical Therapy in partnership with Association of Black Biomedical Science Graduate Students and Teach Kids Science; volunteered to introduce PT to middle & high school-aged students via movement and physical activities (opened to all WUPT Program employees and students)

Jan 2023- Present: WUPT DEI-B Leadership Team, Washington University, SOM, Program in PT

Jan 2023- Present: Lead Facilitator of WU PT SONIC Health Programing, Washington University, SOM, Program in PT

Aug 2021- Present: North Central College Department of Physical Therapy Program, Advisory Board for Admissions- Naperville, IL

Jun 2021: Physical Therapy Minority Mentors and Protégés, Georgia

Aug 2017- Dec 2019: Community Care Clinic Pro Bono Clinic, Student Physical Therapist, Winston-Salem, NC

2017-2019: Graduate Assistant, Department of Physical Therapy, Winston-Salem State University

2012-2016: Division 1 Athlete, University of Tennessee at Chattanooga Women's Track and Field Team, Scholarship

Professional Organizations:

2021-Present: Mentor, Physical Therapy Minority Mentors and Protégés, Georgia

2019-Present: Member, National Association of Black Physical Therapist Inc. (NABPT)

2017-Present: Member, American Physical Therapy Association (APTA)

Invited Lectureships:

Nov 2020: Invited Guest Speaker; TEDTalk: 2020 Women's Conference for TEDx Lenox Village *Lack of Diversity in Health Care: A Health Disparity*. Nashville, TN
URL: [Lack of Diversity in Health Care: A Health Disparity | Kiaana Howard, DPT | TEDxLenoxVillageWomen - YouTube](#)

Feb 2021: Invited Guest Speaker; Residency Program. *Pathway to Success* University of Tennessee at Chattanooga. Virtual

Mar 2021: Invited Guest Speaker; Graduate Funding Event. *Evening with WSSU* Winston-Salem State University. Virtual

Nov 2021: Invited Guest Speaker; 2021 Georgia Annual GCCE Symposium: Student Clinical Readiness & Covid-19 & Dialogue on Inclusive Education. *Topic on Microaggressions* Georgia Consortium of Clinical Educators. Virtual

Mar 2022: Invited Guest Speaker; 2022 Alternative Healthcare Career Panel Discussion Georgia Gwinnett College Pre-Health Advisory Committee. Virtual

Apr 2022: Invited Guest Speaker; 2022 BIPOC Health Professional Student Collective Panel Discussion. University of Minnesota Physical Therapy DEI Club. Virtual

Jun 2022: Invited Keynote Speaker; **Howard, K.** and France, S. *Switching Careers...IT'S OKAY!* National Association of Black Physical Therapists, Inc. Annual Conference. Virtual

Feb 2023: *#Change the Game* Campaign. Minority Women in Sports Medicine, Inc. Instagram.

Mar 2023: Invited Keynote Speaker; *Diversity and Inclusion at AMWA*, National American Medical Women's Association. Monthly Assembly. Virtual

Apr 2023: Invited Speaker; **Howard, K.** and D. Brown, *Fostering a sense of belonging and avoiding assimilation in clinical environments*; 2023 Bi-Annual Clinical Instructor Meeting Series; Washington University, School of Medicine, Program in Physical Therapy. Virtual

Aug 2023: Invited Keynote Speaker; **Howard, K.**, *Long term effects of Long-COVID on Underrepresented Minorities: A Health Disparity*, Evidence in Motion Annual Align Conference. Louisville, KY

Nov 2023: Invited Keynote Speaker; **Howard, K.**, *Implications to Improve DEI-B in Clinical Practice*, Evidence in Motion, Webinar Series. Virtually